




Isfahan University of medical sciences
Curriculum Vitae (CV)

First Name: Hossein

Last Name: Shahnazi

	Isfahan University of medical sciences, HezarJerib.st.	
	Department	Health Education and Promotion
	Faculty	School of Health
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	Cell Phone	+989133360148
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	Position Title	Faculty member

EDUCATION AND TRAINING

INSTITUTION AND LOCATION	DEGREE (if applicable)	Start Date	Completion Date	FIELD OF STUDY
Kashan University of Medical Sciences	B.Sc	2000	2002	Public Health
Tehran University of Medical Sciences	MSc	2005	2007	Health Education
Isfahan University of Medical Sciences	Ph.D	2009	2013	Health Education

RESEARCH ITEREST

Behavior change studies, Designing model base educational intervention in health issues

HONORS AND AWARDS

Ranked number one as a Ph.D. student at the 5th Celebration of Pioneering Students at IUMS

Ranked third in Iran's National Entrance Examination in master of Health Education



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POSITIONS AND EMPLOYMENT

Associate Professor, Academic member of Department of Health Education and Promotion,
School of Health, Isfahan University of Medical Sciences.

PUBLICATIONS AND CONTRIBUTIONS

. Publications:(International)

- 1- Sharifirad G, Charkazi A, Tashi M, Shahnazi H, Bahador E. Physical Activity and Stages of Change among College Students. *Health Promot Perspect.* 2011 25;1(1):71-5.
- 2- Sharifirad G, Golshiri P, Shahnazi H, Shakouri S, Hassanzadeh A. PRECEDE educational model for controlling iron-deficiency anaemia in Talesh, Iran. *J Pak Med Assoc.* 2011;61(9):862-5.
- 3- Moodi M, Mood MB, Sharifirad GR, Shahnazi H, Sharifzadeh G. Evaluation of breast self-examination program using Health Belief Model in female students. *J Res Med Sci.* 2011;16(3):316-22.
- 4- Nosaybeh M , Shahnazi H , Akbar H. , Yaser T., Gholamreza S. Relationship between Various aspects of Life Style in Middle-aged Women. *Bull. Env. Pharmacol. Life Sci.,* Vol 3 (1) December 2013: 68-74.
- 5- Shahnazi H, Sabooteh S, Sharifirad G, Mirkarimi K, Hassanzadeh A. The impact of education intervention on the Health Belief Model constructs regarding anxiety of nulliparous pregnant women. *J Educ Health Promot.* 2015;4:27. doi: 10.4103/2277-9531.154120.
- 6- Shahnazi H, Daniali SS, Sharifirad G. Job satisfaction survey among health centers staff. *J Educ Health Promot.* 2014;3:35. doi: 10.4103/2277-9531.131911.
- 7- Reisi M, Javadzade SH, Shahnazi H, Sharifirad G, Charkazi A, Moodi M. Factors affecting cigarette smoking based on health-belief model structures in pre-university students in Isfahan, Iran. *J Educ Health Promot.* 2014;3:23. doi: 10.4103/2277-9531.127614.
- 8- Moodi M, Zamanipour N, Sharifirad GR, Shahnazi H. Evaluating puberty health program effect on knowledge increase among female intermediate and high school students in Birjand, Iran. *J Educ Health Promot.* 2013;2:57. doi: 10.4103/2277-9531.120851.
- 9- Sharifirad GR, Tol A, Mohebi S, Matlabi M, Shahnazi H, Shahsiah M. The effectiveness of nutrition education program based on health belief model compared with traditional training. *J Educ Health Promot.* 2013;2:15. doi: 10.4103/2277-9531.112684.
- 10- Charkazi A, Behnampour N, Fathi M, Esmaeili A, Shahnazi H, Heshmati H. Epidemiology of animal bite in Aq Qala city, northern of Iran. *J Educ Health Promot.* 2013;2:13. doi: 10.4103/2277-9531.112682.
- 11- Charkazi A, Miraeiz SZ, Razzaghnejad A, Shahnazi H, Hasanzadeh A, Badleh MT. Breastfeeding status during the first two years of infants' life and its risk factors based on BASNEF model structures in Isfahan. *J Educ Health Promot.* 2013;2:9. doi: 10.4103/2277-9531.107938.



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- 12- Eftekhar H, Mirkamali SK, Tavafian SS, Mohammad K, Shahnazi H, Sharifirad G. Exploring self care in Tehran, Iran: A population based study. *J Res Med Sci.* 2012;17(12):1144-9.
- 13- Sharifirad GR, Eslami AA, Charkazi A, Mostafavi F, Shahnazi H. The effect of individual counseling, line follow-up, and free nicotine replacement therapy on smoking cessation in the samples of Iranian smokers: Examination of transtheoretical model. *J Res Med Sci.* 2012;17(12):1128-36.
- 14- Charkazi A, Samimi A, Razzaghi K, Kouchaki GM, Moodi M, Meirkarimi K, Kouchaki AM, Shahnazi H. Adherence to recommended breast cancer screening in Iranian turkmen women: the role of knowledge and beliefs. *ISRN Prev Med.* 2013;2013:581027. doi: 10.5402/2013/581027.
- 15- Sharifirad G, Marjani A, Abdolrahman C, Mostafa Q, Hossein S. Stress among Isfahan medical sciences students. *J Res Med Sci.* 2012;17(4):402-6.
- 16- Eslami AA, Charkazi A, Mostafavi F, Shahnazi H, Badeleh MT, Sharifirad GR. Smoking behavior, nicotine dependency, and motivation to cessation among smokers in the preparation stage of change. *J Educ Health Promot.* 2012;1:47. doi: 10.4103/2277-9531.104818.
- 17- Hashmati H, Charkazi A, Shahnazi H. Adolescent brushing and its association with parents' socio-economic status. *J Educ Health Promot.* 2012;1:34. doi: 10.4103/2277-9531.100164.
- 18- Charkazi A, Shahnazi H, Ghourchaei AB, Mirkarimi K. Smoking behaviors in Iranian male students: An application of transtheoretical model. *J Educ Health Promot.* 2012;1:22. doi: 10.4103/2277-9531.99954.
- 19- Javadzade SH, Reisi M, Mostafavi F, Hasanzade A, Shahnazi H, Sharifirad G. Factors associated with the fecal occult blood testing for colorectal cancer screening based on health belief model structures in moderate risk individuals, Isfahan, 2011. *J Educ Health Promot.* 2012;1:18. doi: 10.4103/2277-9531.99218.
- 20- Shahnazi H, Saryazdi H, Sharifirad G, Hasanzadeh A, Charkazi A, Moodi M. The survey of nurse's knowledge and attitude toward cancer pain management: Application of Health Belief Model. *J Educ Health Promot.* 2012;1:15. doi: 10.4103/2277-9531.98573.
- 21- Moodi M, Mood MB, Sharifirad GR, Shahnazi H, Sharifzadeh G. Evaluation of breast self-examination program using Health Belief Model in female students. *J Res Med Sci.* 2011;16(3):316-22.
- 22- Mahdipour N, Shahnazi H, Hassanzadeh A, Sharifirad G. The effect of educational intervention on health promoting lifestyle: Focusing on middle-aged women. *J Educ Health Promot.* 2015 6;4:51
- 23- Shahnazi H, Sharifirad GH, Mohebi S, Charkazi A, Mirkarimi K, Saryazdi H. Application of Health Belief Model in nurses education regarding pain management of cancerous patient. *MAGNT Research Report.* 2014 2 (4): 49-55
- 24- Shahnazi H, Hosseintalaei M, Esteki F, Charkazi A, Yahyavi Y, Sharifirad GH. Effect of educational intervention on perceived susceptibility, self- efficacy and DMFT of pregnant women. *Iran Red Crescent Med J.* 2016;18(5):e24960.
- 25- Shahnazi H, Beekoon P, Abd Talib R, Lubis SH, Ganjali Dashti M, Khatooni E et al. Can BASNEF model Constructs be Predictor of lifestyle self-administering behavior in youths? *Iran Red Crescent Med J.* 2016;18(3):e23847.



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- 26- Daniali SS, Shahnazi H, Kazemi S, Marzbani E. The effect of educational Intervention on knowledge and self-efficacy for pain control in patient with multiple sclerosis. *Mater Sociomed.* 2016;28(4):283-287.
- 27- Haghani S, Shahnazi H, Hassanzadeh A. Effects of Tailored Health Education Program on Overweight Elementary School Students' Obesity-Related Lifestyle: A School-Based Interventional Study. *Oman Med J.* 2017;32(2):140-147.
- 28- Gholamian B, Shahnazi H, Hassanzadeh A. The Prevalence of Internet Addiction and its Association with Depression, Anxiety, and Stress, among High-School Students. *Int J Pediatr* 2017; 5(4): 4763-70.
- 29- Noorbakhsh A, Mostafavi F, Shahnazi H. Effects of the Educational Intervention on some Health Belief Model Constructs regarding the Prevention of Obesity in Students. *Int J Pediatr* 2017; 5(8): 5561-70.
- 30- Soleymani F, Shahnazi H, Hassanzadeh A. Effects of Educating Mothers about the National Child Development Screening Plan on Detecting Abnormal Child Development. *Int J Pediatr* 2017; 5(9):5631-41.
- 31- Abdolaliyan N, Shahnazi H, Kzemi A, Hasanzadeh A. Determinants of the self-efficacy of physical activity for maintaining weight during pregnancy: The application of the health belief model. *J Educ Health Promot.* 2017 4;6:93.
- 32- Keshvari M, Yamani N, Adibi P, Shahnazi H. Health Journalism: Health Reporting Status and Challenges. *Iran J Nurs Midwifery Res.* 2018;23(1):14-17.
- 33- Ghorbani B, Shahnazi H, Hassanzadeh A. Improving Student's Self-Efficacy and Perceived Susceptibility Toward Oral and Dental Health: A Randomized Controlled Trial. *Oman Med J.* 2018;33(5):423-428.

Publications :(National)

- 1- Sharifirad G, Golshiri P, Shahnazi H, Barati M, Hassanzadeh A. The impact of educational program based on BASNEF model on breastfeeding behavior of pregnant mothers in Arak. *Arak Medical University Journal.* 2010; 13 (1) :63-70
- 2- Charkazi A , Mir Aeiz Z , Razzagh Nejad A , Shahnazi H , Hasanzadeh A , Badleh MT. Breast feeding status during the first two years of infants' life and its risk factors based on BASNEF model structures in Isfahan. *J Health Syst Res* 2010;6(2):226-234
- 3- Rakhshani F , Esmaeili A , Charkazi A , Haftsavar M , Shahnazi H , Esmaeili A. Effect of education on smoking prevention in students of Zahedan. *J Health Syst Res* 2010;6(2):267-275
- 4- Charkazi A, ShahnaziH, Nazari N, Ekrami Z, Samimi A. Menarche at age and its relation with current health and socioeconomic status in Aq Qala city's girls, 2009. *J Health Syst Res* 2010;6(3):532-539
- 5- Kochaki GM , Kochaki AM, Charkazi3, Bayani AA , Esmaeili A , Shahnazi H. Investigating the Effect of Implementing the School Based Health Promotion Program on Students' Mental Health. *Knowledge & Health* 2011;5(4):14-19



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- 6- Sharifirad G, Charkazi A, Berdi-Ghourchaei A, Shahnazi H, Moudi M, Kouchaki G M. Smoking Behavior Based on Stages of Change Model Among Iranian Male Students in 2009-2010 Academic Year. ZJRMS. 2012; 14 (1) :13-17
- 7- Sharifirad G, Charkazi A, Shahnazi H, Kouchaki GM, Orouji MA, Ekrami A. Smoking behavior among male student's bases on trans-theoretical model. Journal of Fundamentals of Mental Health, 2011; 13(52): 95-386.
- 8- Sabooteh S, Shahnazi H, Sharifirad Gh, Hassanzadeh A. .The survey of job satisfaction of midwives worked in labor wards of Isfahan hospitals. J Health Syst Res 2014; 10(1):191-200
- 9- Sabooteh S, Shahnazi H, Sharifirad G, Hasanzadeh A. Effectiveness of education on anxiety among primiparous women based on Health Belief Model constructs. Journal of Sabzevar University of Medical Sciences. 2014; 21 (5): 719-734.
- 10- Sabooteh S, Shahnazi H, Sharifirad GH, Hassanzadeh A. Fathers' Subjective Norms, Normative Beliefs and Motivation to Comply Regarding Prevention of Children Tendency toward Addictive Drugs. J Health Syst Res 2014; Health Education supplement: 1746-1756
- 11- Charkazi A, Samimi A, Razaghi KH, Heshmati H, Shahnazi H. Stages of Mammography Adoption based on Stages of Change Model and its Relationship with Perceived Threat and Fatalism Beliefs: a study on Turkmen Women. Journal of Health and Development. 2013; 2 (4) :274-280.
- 12- Javadzade H, Shahnazi H, Sharifirad Gh, Reisi M, Tavassoli E. The Status of Knowledge and Belief of Pre-University Male Students in Isfahan, Iran, on Smoking and Its Harmful Effects and the Prevalence of Smoking among Them. J Health Syst Res 2013; 9(6): 587-93.
- 13- Charkazi A, Bahador E, Moudi M, Shahnazi H, Orouji M A, Habibi A. Smoking Decisional Balance and Its Relationship with Stages of Change among Smokers. JHC. 2013; 15 (3) :70-64
- 14- Shahnazi H, Tabar Isfahani M , Azarbin S , Hassanzadeh A , Charkazi A , Moodi M. Impact of Education Based on PRECEDE Model on Knowledge, Attitude and Behavior of Grade Two Guidance School Girls Regarding Iron Deficiency Anemia (IDA) in Isfahan, Iran. J Health Syst Res 2012; 8 (5): 773-78.
- 15- Daniali SH , Shahnazi H , Kasiri Dowlatabadi N , Hasanzade A , Sharifirad GH , Rabiie L. Job Satisfaction among Health Workers, Khomeinishahr, Iran. J Health Syst Res 2011; 7 (6): 702-709
- 16- Sharifirad Gh, Kamran A, Shahnazi H, Abbasi MH. Plagiarism: Self-Plagiarism. J Health Syst Res 2013; 8(6): 922-28
- 17- Moodi M , Hassanzadeh A , Charkazi A , Shahnazi H , Sharifirad GH. A Survey of the Psycho-Cognitive Factors Affecting Breast Cancer Screening Behaviors at Different Stages of Change among Female Teachers in Isfahan, Iran. J Health Syst Res 2011; 7 (6): 770-781.
- 18- Kasiri Dolat Abadi N, Hosseini Kokamari P, Sharifirad GH, Hassanzadeh A , Shahnazi H. Relationship between Occupational Stress Level and the Absence of Administrative Personnel in Isfahan Health Center. J Health Syst Res 2011; 7 (6):1243-1249



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- 19- Shahnazi H , Sharifirad GH , Charkazi A , Moodi M. The Impact of Educational Workshops on Knowledge of Instructors of Health Centers about Teaching and Learning Processes, Isfahan, Iran. *J Health Syst Res* 2011; 7 (6): 810-818
- 20- Charkazi A , Koochaki GM , Shahnazi H , Ekrami Z , Bahador E. Lifestyle of Teachers Working in Gorgan City in 2009. *J Health Syst Res* 2010;6(3): 522-531
- 21- Shahnazi H, Sharifirad Gh, Reisi M, Javadzadeh H, Radjati F, Charkazi A, Moody M. Factors Associated with Cigarette Smoking Based on Constructs of Health Belief Model in Pre-University Students in 2011 in Isfahan, Iran. *J Health Syst Res* 2013; 9(4): 378-84.
- 22- Shahnazi H, Daniali SSh, Ahmadpoor A, Soltani S, Sadeghi SM, Sedaghatmanesh Sh. Golshan F, et al. The benefits, barriers, self-efficacy and perceived severity of the brushing and flossing among patients admitted to medical units of School of Dentistry, Isfahan University of Medical Sciences, 2012. *J Health Syst Res* 2014; 10(2):235-244.
- 23- Charkazi A, Nazari N, Samimi A, Koochaki G M, Badeleh M T, Shahnazi H, et al . The Relationship between Regular Physical Activity and The Stages of Change and Decisional Balance among Golestan University of Medical Sciences' Students . *jgbfnm*. 2013; 9 (2) :74-81.
- 24- Rezayatmand M, Shahnazi H, Sharifirad Gh, AbbasiShavazi MJ, Valianbroujeni S. A survey on demographic characteristics of referrals to Isfahan medical genetic center and its relation to family marriage in 2009. *J Health Syst Res* 2013; 9(9):960-968.
- 25- Saber F, Shanazi H, Sharifirad Gh. The survey of Theory of planned behavior constructs regarding girl student's physical activity in Naein payame Noor University in 2012. *J Health Syst Res* 2013; 9(9): 1014-1021
- 26- Charkazi A, Shahnazi H, Mahmoudi badi S, Mohammadian jazi M, Khoshnevisan M, orouji A and Behraves O. Nicotine Dependency, Smoking Temptation, Decisional Balance and their Relationship with Readiness to Quit in Cigarette Smokers. *Journal of Health and Development*. 2015; 4 (1) :29-0
- 27- Kasiri K, Amin-Shokravi F, Shahnazi H. Feeding Behavior Associated With Gastric Cancer. *Iran J Health Educ Health Promot*. 2015; 3 (2) :83-94
- 28- Shahnazi H, Sobhani A. Study and Comparison of Different Aspects Healthy Lifestyle of the Elderly People Residing in Nursing Homes, Isfahan, Iran. *Salmand*. 2016; 10 (4) :192-201
- 29- Farahmand H, Danyali S, Shahnazi H. Effective factors related to self- medication among patients from nurses' viewpoint who working in Isfahan private hospitals. *J Prev Health*. 2016; 1 (2)
- 30- sharifirad G, Charkazi A, Mirkarimi K, Seyyedghasemi N, Shahnazi H, Hajili Davaji F et al . Application of transtheoretical model to determination of smoking behavior. *J Gorgan Uni Med Sci*. 2016; 18 (3) :103-110



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.Presentations:

National:

- 1- Helmet Use Promotion among Motorcyclists in Isfahan's Lenjan Using Social Marketing—The 1st National Conference on the Social Determinants of Health; Rasht, Iran, 2009 (Oral)
- 2-Causes of a Reduction in the Participation of Men from Isfahan's Lenjan in Family Planning Programs in 1386: A Study Based on the Behavioral Intention Model. The 1st National Conference on Health and Sustainable Development; Tehran, Iran, 2009 (Poster)
- 3-Effects of an Educational Intervention on Enhancing Lenjanian Public- and Private-Sector Physicians' Knowledge, Attitudes, and Performance Regarding Early Tuberculosis Case Finding and Reporting in 1385—The 18th National Conference on Tuberculosis; Sanandaj, Iran, 2008 (Poster)
- 4-The Prevalence of Neonatal Hypothyroidism in Lenjan, Isfahan, in 1384—The 2nd National Conference on Pediatric Endocrinology; Isfahan, Iran, 2008 (Poster)
- 5-The Operation of the Thalassemia Counseling Center in Lenjan from 1379 to 1384—The 3rd National Conference on the Prevention and Control of Noncommunicable Diseases; Tehran, Iran, 2007 (Poster)
- 6-An Epidemiological Study on the Condition of Home Accidents and Incidents in Isfahan in 1386—The 2nd National Conference on Accident Injury Prevention and Safety Promotion; Kerman, Iran, 2009 (Poster)
- 7-An Epidemiological Study on Causes of Intracity Traffic Accidents in Lenjan, Isfahan, in 1386—The 2nd National Conference on Accident Injury Prevention and Safety Promotion; Kerman, Iran, 2009 (Poster)
- 8-Effects of the Safe Community Management on the Epidemiology of Traffic Accidents in Lenjan, Isfahan—The 2nd National Conference on Accident Injury Prevention and Safety Promotion; Kerman, Iran, 2009 (Poster)
- 9-The Rate of Occupational Accidents in the Esfahan Steel Company between 1380-1386—The 2nd National Conference on Accident Injury Prevention and Safety Promotion; Kerman, Iran, 2009 (Poster)
- 10-The Necessity for Muslim Clerics to Attend Courses on the Prevention of Risky Behaviors and AIDS—A National Conference on the Koran and Medicine; Yazd, Iran, 2010 (Oral)
- 11-The Application of the Health Belief Model in Determining Working Nurses' Knowledge, Attitudes, and Performance at the Al-Zahra and Sayyed Al-Shohada Hospitals in Isfahan Regarding the Pain Management among Patients with Cancer—The 13th Annual Conference by the Iranian Pathology Society and the 7th Annual Conference by the Iranian Cancer Society; Tehran, Iran, 2012 (Oral)

International:

- 1-Epidemiological study of Death as the Result of Traffic Accidents in Isfahan Province", The 16th International Conference on Safe Communities, 11-13 June 2007, Tehran, Iran (Oral)
- 2- The Survey Impact of Education Based on BASNEF Model on Knowledge, Attitude and Behavior of Pregnant Women about Breastfeeding, Arak, Iran. The 1st Global Congress for Consensus in Pediatrics & Child Health, 17-20 February 2011, Paris, France (Poster)



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3- Considering Prevalence of Accidents in 0-14 Years old Children and Producing Preventive Recommendations, Lenjan, Iran. The 1st Global Congress for Consensus in Pediatrics & Child Health, 17-20 February 2011, Paris, France (Poster)

4- The Effect of Maternal Education Based on Health Belief Model on Decreasing Dental Plaque Index in 3-6 years old Children, Zanjan, Iran. International Conference on Education and New Learning Technologies, 4-6 July 2011, Barcelona, Spain (Poster)

5- Breast feeding Prevalence and its Related Factors in Isfahan, Iran: An Application of BASNEF Model. The First International & 4th National Congress on Health Education & Promotion, 16-19 May 2011, Tabriz, Iran (Poster)

6- Can BASNEF model Constructs be Predictor of lifestyle self-administering behavior in youths? European Academy of Pediatrics. Congress and MasterCourse. 17-20 September, 2015, Oslo, Norway (Oral)

Invited reviews:

- 1) Journal of Research in Medical Sciences
- 2) Journal of Nursing and Midwifery Research
- 3) Public Health Nutrition
- 4) Journal of Education and Health Promotion

PROFFESIONAL SERVICES

1- Responsible of the Health Education Unit-Healthcare Network of Varzaqan, East Azerbaijan, Iran, 2004-2005

2-Expert in Non-communicable Diseases-Healthcare Network of Lenjan, Isfahan, Iran, 2005-2009

3-Assistant professor in health education-School of Health, Isfahan University of Medical Sciences, Isfahan, Iran, [Current position]

TEACHING EXPERIENCE

YEAR	COURSE TITLE	MAJOR
From 2013	Technical English	Public Health
2014	Health Planning Principles	Public Health
2014	School Health	Public Health
From 2014	Health Promotion & Healthy Life Style	Health Education (MSc)
From 2010	Principles of Health Services	Medicine
2010 to 2014	Public Health	Pharmacy
2015	Healthcare Services Management	Environmental Health
From 2016	Models & Theories in Health Education and promotion	Health Promotion (PhD)
From 2016	Designing and Evaluating Media in Health Promotion	Health Promotion (PhD)



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WORKSHOP AND TRAINING

- 1-Educating Managers of Healthcare Centers and Healthcare Network Expansion Authorities in Isfahan on training principles
- 2-Diabetes Nurse Training at IUMS
- 3-An Advocacy Campaign for Authorities of the Health Education Unit at Isfahan and Shahrekord Universities of Medical Sciences
- 4-Needs Assessment at Different Levels of Healthcare Networks in Isfahan
- 5-Training National Educators in Health Education Needs Assessment