

Isfahan University of medical sciences
Curriculum Vitae (CV)



First Name: Feresheteh **Last Name:** Zamani-Alavijeh

Isfahan University of Medical Sciences	
Faculty	Health
Department	Health Education and Promotion
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Work Phone	+98 317923292
Date of birth	1965
Marital Status	Married

EDUCATIONAL BACKGROUND

Institution and location	Degree	Start date	Completion date	Field of study
Isfahan University of Medical Sciences	B.S.	1992	1994	Public Health
Tehran University of Medical Sciences	M.S.	1995	1997	Health Education
Tarbiat Modarres University	PhD.	2004	2009	Health Education

RESEARCH INTEREST

Risk Behaviors, Message Framing, Risk Communication, Health System Research, Qualitative Studies

POSITIONS AND EMPLOYMENT

Professor, Department of Health Education and Promotion, Faculty of Health, Isfahan University of Medical Sciences.

PUBLICATIONS AND CONTRIBUTIONS

JOURNAL PAPERS:

1. Chatripour R, Feizi A, **Zamani-Alavijeh F**, Beni AN, Mazaheri MA. Design and evaluating psychometric properties of the eye care behaviors assessment instrument. *Int J Prev Med* 2023;14:35
2. Jomezadeh M, **Zamani-Alavijeh F**, Aleebrahim F, Nasirian M. Improving HIV stigma in the marginalized population in Khorramabad, Iran: A single-blinded randomized, controlled educational trial using role-playing and lecturing. *PLOS Global Public Health*. 2023 Mar 7;3(3):e0000689.
3. Alidosti M, Shahnazi H, Heidari Z, **Zamani-Alavijeh F***. Design and evaluation of two educational media in the form of animation and games to promote the cutaneous leishmaniasis prevention behaviors in adolescent female. *BMC Public Health*. 2022 Dec;22(1):1-0.
4. Fathizadeh S, Karimy M, Tavousi M, **Zamani-Alavijeh F***. Exploring the facilitators and barriers to high-risk behaviors among school transportation drivers: a qualitative study. *BMC public health*. 2022 Dec;22(1):1-11.
5. Saber F, Mirzaei-Alavijeh M, Mostafavi-Darani F, **Zamani-Alavijeh F***. Why male adolescent bicyclists perform risky stunts? A qualitative study. *Transportation Research Part F: Traffic Psychology and Behaviour*. 2022 Jul 1;88:1-12.
6. Alidosti, M., Shahnazi, H., Heidari, Z. and **Zamani-Alavijeh, F***, Development and psychometric assessment of cutaneous leishmaniasis prevention behaviors questionnaire in adolescent female students: Application of integration of cultural model and extended parallel process model. *PloS one*, 2022,17(8), p.e0273400.
7. Bastami F, **Zamani-Alavijeh F**, Araban M. Explaining the experiences of health care providers regarding organizational factors affecting health education: a qualitative study. *BMC Medical Education*. 2022 Dec;22(1):1-4.
8. Zareban I, Araban M, Rohani MR, Karimy M, **Zamani-Alavijeh F**, Babanejad M, Stein LA. High blood pressure self-care among hypertensive patients in Iran: a theory-driven study. *journal of human hypertension*. 2022 May;36(5):445-52.
9. Abolfathi M, Dehdari T, **Zamani-Alavijeh F**, Taghdisi MH, Ashtarian H, Rezaei M, Irandoost SF. Identification of the opportunities and threats of using social media among Iranian adolescent girls. *Heliyon*. 2022 Apr 1;8(4):e09224.
10. Alidosti, M., Heidari, Z., Shahnazi, H., & **Zamani-Alavijeh F***. (2021). Behaviors and Perceptions Related to Cutaneous Leishmaniasis in Endemic Areas of the World: A Review. *Acta Tropica*. 2021 Nov 1;223:
11. Rashidi Z, Orakifar N, Akbari M, Mofateh R, **Zamani-Alavijeh F**, Araban M. Rehabilitation Educators' Perceptions of Clinical Education Challenges in Iran: Is COVID-19 Having Redundant Effects?. *Journal of Rehabilitation Sciences & Research*. 2022 Dec 1;9(4):173-9.
12. Makvandi, Z., Mostafavi, F., Bashirian, S., **Zamani-Alavijeh F***, & Kelishadi, R. (2021). Sociocultural factors contributing to waterpipe tobacco smoking among adolescents and young adult

- women: a qualitative study in Iran. *International Journal of Qualitative Studies on Health and Well-being*, 16(1), 1857043.
13. Raeesi Dehkordi, F., Eslami, A. A., **Zamani-Alavijeh F.**, & Matlabi, H. (2021). Gerotranscendence and active aging: the lived experience. *Journal of Religion, Spirituality & Aging*, 33(3), 271-297.
 14. Mostafavi, F., **Zamani-Alavijeh F.**, Salahshouri, A., & Mahaki, B. (2021). The psychosocial barriers to medication adherence of patients with type 2 diabetes: a qualitative study. *BioPsychoSocial Medicine*, 15(1), 1-11.
 15. Sheikhi-Darani, M., **Zamani-Alavijeh F.**, Eslami, A. A., Heidari, Z., & Rahimi, M. (2021). Assessment of the Trends of Accidents among Elderly People in Isfahan Province, Iran, in 2012-2015 by Cause and Location of the Accidents. *Journal of Health System Research*, 16(4), 219-227.
 16. Zolfaghari, F., Heydari, Z., **Zamani-Alavijeh F***, & Araban, M. (2021). Determinants of Postpartum Depression According to the World Health Organization Model: A Review of Literature. *Journal of Health System Research*, 16(4), 284-296.
 17. Khoshgoftar M, **Zamani-Alavijeh F**, Kasaian N, Shahzamani K, Rostami S, Nakhodian Z, Pirzadeh A. The effect of public health educational campaign regarding antibiotic use and microbial resistance on knowledge, attitude, and practice in the Iran. *J Educ Health Promot*. 2021 Jan 28;10:3.
 18. Mostafavi, F., **Zamani-Alavijeh F.**, Mansourian, M., & Bastami, F. (2021). The promotion of healthy breakfast and snacks based on the social marketing model: a mixed-methods study. *Journal of Health, Population and Nutrition*, 40(1), 1-11.
 19. Bastami F, Mostafavi F, Ardalan A, **Zamani-Alavijeh F**. Development and Psychometric Assessment of Questionnaires for Evaluation of Social Support for Healthy Breakfast and Snack Consumption. *Health Behavior and Policy Review*. 2021 Nov 1;8(6):558-69.
 20. Abbasi, A., Araban, M., Heidari, Z., Alidosti, M., & **Zamani-Alavijeh F***. (2020). Comparing the impact of educational messages based on an extended parallel process model on solid waste separation behaviors in female students: A four-group randomized trial. *Waste Management*, 117, 1-8.
 21. Mirhosseini, F., Nasirian, M., Bastami, F., & **Zamani-Alavijeh F***. (2020). The Predictors of Marital Satisfaction among Married Women and Men. *J Educ Community Health*, 7(4), 239-246.
 22. Karimy, M., Higgs, P., Abadi, S. S., Armoon, B., Araban, M., Rouhani, M. R., & **Zamani-Alavijeh F***. (2020). Oral health behavior among school children aged 11–13 years in Saveh, Iran: an evaluation of a theory-driven intervention. *BMC pediatrics*, 20(1), 1-9.
 23. Gravand, A., **Zamani-Alavijeh F.**, Hassanzadeh, A., & Pourzamani, H. (2020). The Survey of Knowledge, Attitude, and Performance among Housewives of Kouhdasht City, Iran, about Solid Waste Recycling in 2019. *Journal of Health System Research*, 16(3), 187-192.
 24. Mostafavi-Darani, F., **Zamani-Alavijeh F.**, Mahaki, B., & Salahshouri, A. (2020). Exploring the barriers of adherence to dietary recommendations among patients with type 2 diabetes: A qualitative study in Iran. *Nursing open*, 7(6), 1735-1745.
 25. Zareban, I., Araban, M., Rohani, M. R., Karimy, M., **Zamani-Alavijeh F.**, Babanejad, M., & Stein, L. A. R. (2020). High blood pressure self-care among hypertensive patients in Iran: a theory-driven study. *journal of human hypertension*, 1-8.

26. Sadeghpour, A., Ehsani, M., Saffari, M., & **Zamani-Alavijeh F. Z.** (2019). Prioritizing motivational factors related to physical activity of students: Based on the psychological basic needs theory. *International Journal of Applied Exercise Physiology*, 8(4), 127-132.
27. Sadeghpour, A., Ehsani, M., Saffari, M., & **Zamani-Alavijeh F.** (2019). Qualitative investigation of personal factors affecting the students' physical activity (needs and motivations): Based on self-determination theory. *Journal of Human Sport and Exercise*, 14(4), 516-534.
28. Mehr, M. M., **Zamani-Alavijeh F***, Hasanzadeh, A., & Fasihi, T. (2019). Effect of healthy lifestyle educational programs on happiness and life satisfaction in the elderly: a randomized controlled trial study. *Iranian Journal of Ageing*, 13(4), 440-451.
29. Abbasi A, Araban M, Heidari Z, Alidosti M, **Zamani-Alavijeh F***, Development and psychometric evaluation of waste separation beliefs and behaviors scale among female students of medical sciences university based on the extended parallel process model. *Environmental health and preventive medicine*. 2020;25(1):1-10.
30. Araban M, Karimy M, Armoon B, **Zamani-Alavijeh F.**, Factors related to childbearing intentions among women: a cross-sectional study in health centers, Saveh, Iran. *Journal of the Egyptian Public Health Association*. 2020;95(1):1-8.
31. Abdi N, **Zamani-Alavijeh F**, Davood Shojae Zadeh, Siroos Shahsavari, Mohamad Hosein Taghdisi. The Effect of Social Marketing Model on Promoting Nutrition Literacy and Healthy Dietary Behaviors of Women in Sanandaj City: A Mixed-Methods Approach. *HEALTH SCOPE*. 2020;9(1):1-h.
32. Zahed S, Emami M, Eslami AA, Barekatin M, Hassanzadeh A, **Zamani-Alavijeh F***. Stress as a challenge in promoting mental health among dementia caregivers. *Journal of Education and Health Promotion*. 2020;9(1):65.
33. Bastami F, **Zamani-Alavijeh F**, Mostafavi F. Factors behind healthy snack consumption at school among high-school students: a qualitative study. *BMC public health*. 2019;19(1):1-7.
34. Rafieyan-Kopaei Z, Fathian-Dastgerdi Z, Tarrahi MJ, **Zamani-Alavijeh F***, Effectiveness of message-framing intervention on complementary feeding related behaviors among mothers with infants aged 4–8 months: a 3-arm randomized controlled trial. *Italian Journal of Pediatrics*. 2019;45(1):158.
35. Rafizadeh R, Heidari Z, Karimy M, **Zamani-Alavijeh F***, Araban M. Factors affecting breast-feeding practice among a sample of Iranian women: a structural equation modeling approach. *Italian journal of pediatrics*. 2019;45(1):1-8.
36. Zahed S, Emami M, Bazargan-Hejazi S, Eslami AA, Barekatin M, **Zamani-Alavijeh F**. What motivates informal caregivers of people with dementia (PWD): a qualitative study. *BMC palliative care*. 2019;18(1):105.
37. Goodarzi F, Araban M, Eslami AA, **Zamani-Alavijeh F***, Development and psychometric evaluation of the diabetic Men's dietary behaviors inventory based on the theory of reasoned action. *Archives of Public Health*. 2019;19(1) 77 (1),
38. **Zamani-Alavijeh F**, Araban M, Harandy TF, Bastami F, Almasian M. Sources of Health care providers' Self-efficacy to deliver Health Education: a qualitative study. *BMC Medical Education*. 2019;19(1):16.

39. Mohammadali Makhoul K, Araban M, Hassanzadeh A, **Zamani-Alavijeh F***, Implementation of Targeted Education to Promote Normal Vaginal Delivery: A Randomized Controlled Trial., IJOGI, Dec 2018; 21(10): 66-74
40. **Zamani-Alavijeh F**, Araban M, Koohestani HR, Karimy M. The effectiveness of stress management training on blood glucose control in patients with type 2 diabetes. Diabetology & metabolic syndrome. 2018;10(1):39.
41. **Zamani-Alavijeh F**, Araban M, Hassanzadeh A, Makhoul K. Contributing factors of pregnant women's beliefs towards mode of delivery: a cross-sectional study from Iran. Maternal health, neonatology and perinatology. 2018;4(1):9.
42. Salahshouri A, **Zamani-Alavijeh F**, Mahaki B, Mostafavi F. Effectiveness of educational intervention based on psychological factors on achieving health outcomes in patients with type 2 diabetes. Diabetology & metabolic syndrome. 2018;10(1):67.
43. Naserpoor F, **Zamani-Alavijeh F***, Shahri P, Saki Malehi A. Effect of education based on Penders health promotion model on nutrition behavior of adolescent girls. Journal of Research and Health. 2018;8(5):394-402.
44. Goodarzi F, Zahed S, Hassanzadeh A, Esfahani MN, Nourian M, **Zamani-Alavijeh F***. The effects of mobile text messages on raising knowledge of men with type 2 diabetes, Isfahan, 2015: an educational experimental study. Electronic physician. 2018;10(8):7243.
45. Bastami F, **Zamani-Alavijeh F**, Mostafavi F, Almasian M, Hydari M. Formative Research on a Social Marketing Campaign to Promote the Consumption of Healthy Breakfast and Snacks: A Qualitative Study .International Journal of Pediatrics. 2018;6(3):7353-67.
46. Baji Z, **Zamani-Alavijeh F**, Shakerinejad G, Tehrani M. Effect of Message Framing on Improving Physical Activity in Women with Type 2 Diabetes. Shiraz E-Medical Journal. 2018;19(Suppl).
47. Baji Z, **Zamani-Alavijeh F**, Shakerinejad G, Tehrani M. Comparing Gain and Loss Framed Message Texting (SMS) on Foot Self-Care Behaviors Among Women with Type 2 Diabetes. Shiraz E-Medical Journal. 2018;19(Suppl).
48. Abdi N, **Zamani-Alavijeh F**, Taghdisi M, Sadeghi R, Shojaezadeh D, Shahsavari S, et al. Barriers and Strategies of Overcoming Barriers in Healthy Nutritional Behaviors from Women's Perspective. Health Education and Health Promotion. 2018;6(4):1-6.
49. **Zamani-Alavijeh F**, Shahry P, Kalhori M, Araban M. Pregnant women's preferences for mode of delivery questionnaire: Psychometric properties. Journal of education and health promotion. 2017;6:20.
50. **Zamani-Alavijeh F**, Dehkordi FR, Shahry P. Perceived social support among students of medical sciences. Electronic physician. 2017;9(6):4479.
51. **Zamani-Alavijeh F**, Araban M, Mohammadi V, Goodarzi F. Development and psychometric evaluation of a new instrument to assess nutritional perceptions and behaviors of diabetic men. Diabetes & Metabolic Syndrome: Clinical Research & Reviews. 2017;11:S949-S55.
52. Shokouhi E, **Zamani-Alavijeh F**, Araban M. Explaining family physicians' beliefs about antibiotic prescription. Electronic physician. 2017;9(10):5560.
53. Noughjah S, **Zamani-Alavijeh F***, Heydarabadi AB, Hozaili M. Which outcomes do women expect to achieve after undergoing induced abortion. Electronic physician. 2017;9(2):3741.

54. Jiba M, **Zamani-Alavijeh F**, Araban M , Salahshouri A, Marashi T. Exploring Behavioral Factors Facilitating Treatment of Tuberculosis: A Qualitative Study. *Journal of Health System Research*. 2017;12(3).
55. Moshki M, **Zamani-Alavijeh F**, Mojadam M. Correction: Efficacy of peer education for adopting preventive behaviors against head lice infestation in female elementary school students: A randomised controlled trial. *PloS one*. 2017;12(9):e0185299.
56. Hatamzadeh N, Morowatisharifabad MA, **Zamani-alavijeh F**, Fallahzadeh H, Mosaddegh MH. Effectiveness of Self-medication Prevention in the Elderly based on the Protection Motivation Theory. *International Journal of Advanced Biotechnology and Research*. 2017;8(1):194-201.
57. Naserpoor F, **Zamani-Alavijeh F***, Amal Saki-Malehi⁴. Application of the health promotion model to predict physical activity among girl school students .*Journal of Health System Research*. 2017;13(1).
58. Bakhtiar K, Gharouni K, Gharouni B, **Zamani-Alavijeh F**, Almasian M, Bakhtiar M, et al. The effect of training interventions on the psychological factors of oral health in pregnant women. *Electronic physician*. 2017;9(10):5506.
59. Hosseini Z, Nedjat S, Ebadi A, Abbasian L, **Zamani-Alavijeh F**, Aghamollaei T, Shojaeizade D. Adherence to HIV/AIDS antiretroviral therapy among drug users: A qualitative study in Iran. *Iranian Journal of Nursing and Midwifery Research*. 2016;21(1):29-37.
60. Shahry P, Kalhori SRN, Esfandiyari A, **Zamani-Alavijeh F***. A comparative study of perceived social support and self-efficacy among women with wanted and unwanted pregnancy. *International Journal of Community Based Nursing and Midwifery*. 2016;4(2):176.
61. Hatamzadeh N, Morowatisharifabad MA, **Zamani-Alavijeh F**, Fallahzadeh H, Mosaddegh MH. Psychometric Properties of a Protection Motivation Theory-based Questionnaire to Assess Self-Medication in a Sample of Elderly Iranians. *Elderly Health Journal*. 2016;2(2):78-83.
62. Bazargan-Hejazi S, **Zamani-Alavijeh F***, Shahri P, Yazdani R, Shafiee A. Examining motorcyclists' postcrash impressions: A qualitative study. *Traffic injury prevention*. 2016;17(8):848-54.
63. Abdi N, Sadeghi R, **Zamani-alavijeh F**, Taghdisi MH, Shojaezadeh D. Explaining nutritional habits and behaviors of low socioeconomic status women in Sanandaj: a qualitative content analysis. *Electronic physician*. 2016;8(1):1733.
64. **Zamani-Alavijeh F**, Narimani N, Montazeri A, Fakhri A, Mansourian M, Shafiee A, et al. Self-reported risk behaviors among offender motorcyclists in Ahvaz City. *Electronic physician*. 2015;7(7):1464.
65. **Zamani-Alavijeh F**, Asadolahi A. Investigation of Influencing Factors of Taxi Drivers' Risky Behavior in Ahvaz in 2013. *scientific journal of ilam university of medical sciences*. 2015;22(6):143-51.
66. Ghorbani M, **Zamani-Alavijeh F***, Shahry P, Zare K, Marashi T. Understanding Childhood's Sexual Curiosity: An Introduction to Sexual Health Education and Health Promotion. *Iranian Journal of Health Education and Health Promotion*. 2015;3(3):198-210.
67. Baji Z, **Zamani-Alavijeh F***, Noughah, S., Haghighizadeh. Self-care behaviors and related factors in women with type 2 diabetes. *Iranian Journal of Endocrinology and Metabolism*. 2015;16(6):393-401.

68. **Zamani-Alavijeh F**, Dehdari T, Angali KA, Rahdari MT, Azar-Abdar T, Hafez AA, et al. Investigation of temporal pattern of scorpion sting and snakebite incidence in patients referred to Masjedsoleiman's main hospital, during 24 months from 21 March 2008 to 20 March 2009. *Safety Journal*, 2014;1(4): 190-7.
69. Moshki M, Mojadam M, **Zamani-Alavijeh F**. Preventive Behaviors of Female Elementary Students in regard to Pediculosis Infestation based on Health Belief Model (HBM). *Journal of health and development*. 2014;3(3):269-81.
70. Kheiriat M, **Zamani-Alavijeh F***, Araban M. Exploration into causes of unwanted pregnancy: A qualitative study. *Evidence Based Care*. 2014;4(1):41. ۵۲-
71. Bazargan-Hejazi S, **Zamani-Alavijeh F***, Hindman D, Mohamadi E, Bazargan M. How do motorcyclists manage mental tensions of risky riding? *BMC public health*. 2013;13(1):865.
72. **Zamani-Alavijeh F**, Shahry P, Kalhory M, Haghighizadeh M, Sharifirad G, Khorsandi M. Identification of factors related to elective cesarean labor: a theory-based study. *Sci Res J Shahed Univ*. 2012;19(96):1-11.
73. Mansourian M, Solhi M, Dehdari T, Taghdisi MH, **Zamani-Alavijeh F**, Barzoki HR, et al. The reasons for sharing needle using and syringe among injection drug users in the city of Ahvaz: A qualitative study. *HealthMED*. 2012;6(10):3494-500.
74. Mansourian M, Solhi M, Dehdari T, Taghdisi MH, **Zamani-Alavijeh F**, Ahmadi K, et al. Hallucination experiences in Crystal meth abusers: A qualitative study. *HealthMED*. 2012;6(4):1129-36.
75. **Zamani-Alavijeh F**, Noughjah S, Kheiriat M. Related Factors of Unwanted Pregnancy and Intention of Women to Continue or Terminate Pregnancy Based on Health Belief Model. *Payesh*. 2012;11(6):877-85.
76. **Zamani-Alavijeh F**, Bazargan M, Shafiei A, Bazargan-Hejazi S. The frequency and predictors of helmet use among Iranian motorcyclists: A quantitative and qualitative study. *Accident Analysis & Prevention*. 2011;43(4):1562-9.
77. Niknami S, **Zamani-Alavijeh F***, Shafiee A, Seifi M. 208 Comparison of Psychological Status of Full Boarding and Day Students in Boarding Schools. *Asian Journal of Psychiatry*. 2011;4:S52-S3.
78. Mosayebi M, **Zamani-Alavijeh F**, Khazaii MR. The effect of education based on a health belief model on Giardia Lamblia preventive behaviors of primary school students in Arak. *Arak Medical University Journal*. 2011;14(3):64-72.
79. **Zamani-Alavijeh F**, Niknami S, Bazargan M, Mohamadi E, Montazeri A, Ghofranipour F, et al. Risk-taking behaviors among motorcyclists in middle east countries: a case of Islamic Republic of Iran. *Traffic injury prevention*. 2010;11(1):25-34.
80. **Zamani-Alavijeh F**, Niknami S, Mohammadi ISA, Montazeri ALI, Ahmadi FE, Ghofranipour FA, et al. High risk behaviors among Iranian motorcyclists: a qualitative study. 2010.
81. **Zamani-Alavijeh F**, Niknami S, Mohammadi E, Montazeri A, Ghofranipour F, Ahmadi F, et al. Motorcyclists' reactions to safety helmet law: a qualitative study. *BMC public health*. 2009;9(393):1471-2458.
82. **Zamani-Alavijeh F**, Niknami S, Bazargan M, Mohammadi E, Montazeri A, Ahmadi F, et al. Accident-related risk behaviors associated with motivations for motorcycle use in Iran: a country with very high traffic deaths. *Traffic injury prevention*. 2009;10(3):237-42.

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83. **Zamani-Alavijeh F**, Faghihzadeh S, Sadeghi F. Application of Health Belief Model (HBM) on the prevention of poor nutrition in elementary school in Arak. Behbood. 2008;11(4):352-67.
84. **Zamani-Alavijeh F**, Niknami S, Mohammadi I, Ahmadi F, Montazeri A, Ghofranipour F. Reasons for Riding Motorcycles and Taking Risky Behaviors: Reasons for Riding Motorcycles and Taking Risky Behaviors. Journal of Kermanshah University of Medical Sciences (J Kermanshah Univ Med Sci). 2008;12(1).

Invited reviews:

- Child and Adolescent Psychiatry and Mental Health
- BMC Public Health
- Accident Analysis & Prevention,
- Iranian Red Crescent Medical Journal,
- Health Education & Health Promotion,
- Asian Pacific Journal of Cancer Prevention (APJCP),
- International Journal of Preventive Medicine,
- Health and Quality of Life Outcomes,
- Jundishapur Journal of chronic disease,
- Asian Spine Journal,
- Iranian Journal of Endocrinology and Metabolism,
- Journal of Substance Use
- ...

Oral presentations:

Zamani-Alavijeh F, Montazeri A, Shafiee A, Karami K., Risky behaviors among offender motorcyclists The **First International & 4th National Congress on health Education & Promotion, Tabriz**, May 16-19, 2011 congress.tbzmed.ac.ir. **Abstract** Publish in The International Journal of Health Promotion Perspectives 2011, 1(Supl.); 94.

Bazargan M, Bazargan-Hejazi S, **Zamani-Alavijeh F**, A qualitative analysis of Iranian motorcyclist risky behaviors for applied research policy and social action, Razavi, Mashhad, March 8-9 2012 (Abstracts Book) Motorcyclists' reactions to safety helmet law: a qualitative study, **1st International Conference on Qualitative Research in Nursing & Health in Chiang Rai, Thailand** 1-3 December 2010.

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Poster presentations:

2) Zareban I, **Zamani-Alavijeh F**, Sohrabi F., The experience of puberty in adolescent girls: a qualitative study. The **First International & 4th National Congress on health Education & Promotion, Tabriz**, May 16-19, 2011 congress.tbzmed.ac.ir. **Abstract** Publish in The International Journal of Health Promotion Perspectives 2011, 1(Supl.);142.

4) Bazargan-Hejazi S, Bazargan M, **Zamani-Alavijeh F**, Hindman D, The role of cognitive dissonance in risky riding among motorcyclists living in Iran. Razavi, Mashhad March 8-9 2012 (Abstracts Book)

5) Comparison of Psychological Status of Full Boarding and Day Students in Boarding Schools, Asian Journal of Psychiatry, Volume 4, Supplement 1, July 2011, Pages S52–S53, Abstracts of **the 3rd Congress of Asian Psychiatry (WCAP 2011, Melbourne, Australia)**, 31 July – 4 August, 2011.

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- 6) Application of the health belief model in the prevention of hepatitis B among girl students in Iranian high schools, **Sydney Cancer Conference**, 24 -26 July 2008 (SCC2008) at The University of Sydney.
- 7) The Prevention of Hepatitis B Related Risk Behaviors among High School Girl Students, **The First International Safe Pregnancy & Motherhood Congress/ Shaheed Beheshti Medical University/ Iran**, 23-25 February 2009.
- 9) Sensation seeking and perceived needs: Two major causes of risk taking behaviors among the Iranian motorcyclists, **1st International Conference on Qualitative Research in Nursing & Health in Chiang Rai, Thailand** 1-3 December 2010.
- 10) A qualitative study of health educators' view of barriers to health education, **1st International Conference on Qualitative Research in Nursing & Health in Chiang Rai, Thailand** 1-3 December 2010.
- 11) Relationship between unwanted pregnancy and women's intention to abortion based on Health Belief Model (HBM). **The first International Congress on Midwifery and Reproductive Health. Mashhad School of nursing and Midwifery**, 2011. Publish in The Iranian Journal of Obstetrics, Gynecology and Infertility, 2011, 16(2); 45.
- 12) Identify of related factors to elective cesarean method: a theory based study, **14th World Congress on Controversies in Obstetrics, Gynecology & Infertility, Paris, France**, November 17-20, 2011.
- 13) An analysis of the determinants of improper delivery choice: a challenge for maternal health. **Primary Health Care Research Conference, Canberra, Australia**. 18-20 Jul 2012.

PROFESSIONAL EXPERIENCES

Health Provider Training in Isfahan University of Medical Sciences

Expert of Family Health in Health centers of Isfahan University of Medical Sciences

Teaching experience:

YEAR	COURSE TITLE	MAJOR
2014 to present	Health Education and Communication, Educational Technology	BSc students of Public Health
2009 to present	Public Health and Principles of Health Services	BSc students of Public Health, Management, Laboratory Science, Speech Therapy, Audiometry
2009 -2014	Public Health and Principles of Health Services	Students of Dentistry, Pharmacology
2014 to present	Theories and models of Behavior and Behavior Change, Women Health, Risk Behaviors, Quantitative and Qualitative Research Methods	Ph.D. Students of Health Education and promotion
2016 to present	National Program for Prevention and Control of communicable Diseases	BSc students of Public Health
2016 to present	National Program for Prevention and Control of non-communicable Diseases	B.Sc. students of Public Health

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2011 -2016	Healthy Behavior Psychology, Health Education at Healthcare Centers, Research Methods, Health Promotion and Healthy Lifestyle, Health Promoting School	Master's students of Health Education
2001-2014	Vaccination	B.Sc. students of Public Health

PROFESSIONAL/SCIENTIFIC ASSOCIATION MEMBERSHIP

Iranian Health Education & Promotion Association

WORKSHOP AND TRAINING

- Communication and message design in health
- Theories and models of Behavior and Behavior Change
- Health education
- Primary health care
- National Program for Prevention and Control of non-communicable Diseases
- National Program for Prevention and Control of communicable Diseases
- ...

Book, book chapters, Encyclopedia chapters

Tahereh Dehdari, Davood Shojaeizadeh, **Fereshteh Zamani-Alavijeh**, Fatemeh Rakhshani. Communication and message design in health. Tavangaran Pub, 2018.