



## Curriculum Vitae

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<b>Name :</b> Shahla Abilhassani		
<b>Position title :</b> Assistant professor		

Research IDs		
Item	Value	Web address
ORCID	0000-0002-5191-7586	<a href="https://orcid.org/0000-0002-5191-7586">https://orcid.org/0000-0002-5191-7586</a>
Researcher ID	J-5677-2017	<a href="https://www.webofscience.com/wos/author/rid/J-5677-2017">https://www.webofscience.com/wos/author/rid/J-5677-2017</a>
Scopus	56503725200	<a href="https://www.scopus.com/authid/detail.uri?authorId=56503725200">https://www.scopus.com/authid/detail.uri?authorId=56503725200</a>

<b>Research interest:</b>
My research is focused on ‘neurological and neurosurgical Nursing’. I am working on management to promote health and using nursing models and quality of life among patients with multiple sclerosis, stroke and Alzheimer disease.

Education and training				
INSTITUTION AND LOCATION	DEGREE (if applicable)	Start Date MM/YYYY	Completion Date MM/YYYY	FIELD OF STUDY
Isfahan University of Medical Sciences	PhD	2/2009	6/2014	Nursing
Isfahan University of Medical Sciences	M.Sc	9/2001	7/2004	Medical Surgical Nursing
Isfahan University of Medical Sciences	B.S	9/1989	5/1993	Nursing

POSITIONS AND EMPLOYMENT	
1993-1996	Deputy of the Medical-Surgical group
2003-2006	Islamic Azad University, falavarjan branch
2004-2006	Manager of nursing group
2014-2017	Shahrekord university of medical sciences
2015-2017	Manager of the EDO
2017-present	Isfahan university of medical sciences
2019-present	Manager of the EDO

## PUBLICATIONS AND CONTRIBUTIONS

### Articles:

1. Bahadori M, Sami R, Abolhassani S, Atashi V. **Comparing the effects of smartphone-based and face-to-face pulmonary rehabilitation education on caregiver burden and quality of life among the family caregivers of patients with chronic obstructive pulmonary disease: a randomized controlled field trial.** *Trials.* 2023 Mar 22;24(1):212. doi: 10.1186/s13063-023-07239-7. PMID: 36949531; PMCID: PMC10032255.
2. Baharian E, Abolhassani S, Alijani M. **Association between perceived social support and self-management in people with multiple sclerosis: A cross-sectional study.** *Asian J Soc Health Behav* 2023; 6:1-6
3. Reiszadeh I, Abolhassani S, Masoudi R, Kheiri S. **The effect of self-care program based on the Orem self-care model on fatigue and quality of life in patients with chronic obstructive pulmonary disease.** *J Nurs Midwifery Sci* 2022;9:241-48.
4. Bavarsad S, Abolhassani S, Saadatnia M. **Investigating the effect of implementing a program based on transitional care model on the quality of life and the ability of doing activities of daily living among patients with stroke.** *J Educ Health Promot.* 2022 Dec 28;11:392. doi: 10.4103/jehp.jehp\_1695\_21. PMID: 36824091; PMCID: PMC9942151.
5. Amiri FS, Abolhassani S, Alimohammadi N, Roghani T. **Investigating the effect of self-management program on stroke's patients' self-efficacy.** *BMC Neurol.* 2022 Sep 22;22(1):360. doi: 10.1186/s12883-022-02876-y. PMID: 36138361; PMCID: PMC9492461.
6. Jahani L, Abolhassani S, Babae S, Omranifard V. **Effects of a compassion-based program on the grief experienced by caregivers of people suffering from dementia: a randomized controlled clinical trial.** *BMC Nurs.* 2022 Jul 25;21(1):198. doi: 10.1186/s12912-022-00980-5. PMID: 35879751; PMCID: PMC9316726.
7. Ahmadi Z, Abolhassani S, Hasheminia A, Kheiri S. **The Effects of a Multimedia Education on Self-Efficacy and Self-Esteem among Patients with Acute Coronary Syndrome: A Clinical Randomized Trial.** *Iran J Nurs Midwifery Res.* 2022 May 23;27(3):181-187. doi: 10.4103/ijnmr.IJNMR\_92\_20. PMID: 36237951; PMCID: PMC9552590.
8. Atashi V, Abolhasani S, Afshari A. **Health-care workers' experience of stressors and adaptation strategies for COVID-19: A qualitative research.** *J Educ Health Promot.* 2022 Jan 31;11:34. doi: 10.4103/jehp.jehp\_314\_21. PMID: 35281372; PMCID: PMC8893097.
9. Mehran Kazemi , Danial Habibi , Yazdan Ghandi , Farimah Shirani , Shahla Abolhassani , Seyyed Payam Shariatpanah. **Comparison of Outcomes between Two Methods of Referring to Hospital in Patients with Acute Myocardial Infarction; a Cross-Sectional Study.** *Iranian journal of emergency medicine.* 2021; 8(1): 1-7

10. Hadadzade S, Abolhassani S, Nikrahan G, Pourheidar B, Sedehi M. **Effect of positive psychology-based audio messages on optimism and hope among patients with acute coronary syndrome.** Journal of Hayat 2021; 26 (4): 409-424
11. Babaei S, Abolhasani S. **Family's Supportive Behaviors in the Care of the Patient Admitted to the Cardiac Care Unit: A Qualitative Study.** J Caring Sci. 2020 Jun 1;9(2):80-86. doi: 10.34172/jcs.2020.012. PMID: 32626669; PMCID: PMC7322406.
12. Akhlaghi E, Babaei S, Abolhassani S. **Modifying Stressors Using Betty Neuman System Modeling in Coronary Artery Bypass Graft: a Randomized Clinical Trial.** J Caring Sci. 2020 Mar 1;9(1):13-19. doi: 10.34172/jcs.2020.003. PMID: 32296654; PMCID: PMC7146725
13. Kavi E, Bazrafshan M , Taleghani F, Abolhasani S, Akbari L. **Experiences of Strokes' Caregivers: A Qualitative Study.** Jundishapur J Chronic Dis Care. 2019; 8(4): e90284.
14. Mohammadi K, Mehralian H A, Abolhasani S, Khairi S, Aghabozorgi F. **Investigation the effect of program based on Roy's adaptation model on general health of offspring of people with multiple sclerosis.** Journal of Clinical Nursing and Midwifery 2019; 8 (3): 472-481
15. Reiszadeh I, Abolhassani S, Masoudi R, Heidari Beni F. **Investigating the Relationship between Self-Care Ability Based on Orem's Self-Care Model and Fatigue in COPD Patients.** Journal of Research in Medical and Dental Sciences, 2018; 6(3): 85-91
16. Abolhassani S, Taleghani F, yazdannik A. **The Use of Qualitative Case Study in Nursing.** J Qual Res Health Sci. 2017; 6 (1): 103-111
17. Abolhassani S, Yazdannik A, Taleghani F, Zamani A. **Expectations of multiple sclerosis patients and their families: a qualitative study in Iran.** Iran Red Crescent Med J, 2015, 17(2): e 18293.
18. Yazdannik A, Abolhassani S, Taleghani F, Zamani A. **The challenges of health care delivery to people with multiple sclerosis in Iran.** Journal of education and health promotion, 2015, 4(1): 83.
19. Sayah Z, Rafiee L, Parvin N, Abolhasani S. **Survey factors related to consent to organ donation in families of brain death patients in hospitals affiliated with Shahrekord University of Medical Sciences.** IJME. 2015; 8 (2): 54-62
20. Abolhassani S, yazdannik A, Taleghani F, Zamani A. **Social aspects of multiple sclerosis for Iranian individuals,** Disability & Rehabilitation, 2014, 37(4):1-8.
21. Abolhassani S, Babae S, Eghbali M. **Mothers experience of having children with diabetes,** Iranian journal of nursing & midwifery research, July-august 2013, 18(4).
22. Abolhassani S, Doosti Irani M, Sarafzadegan, et al. **Barriers and facilitators of weight management in overweight and obese people: qualitative finding of TABASSOM project,** Iranian journal of nursing & midwifery research, 2012, 17(3).
23. Abolhasani S, Doosti Irani M, Haghani F. **Application of Learning Theories in Clinical Education.** Iranian Journal of Medical Education. 2012; 11 (9): 1290-1298
24. Doosti Irani M, Abolhasani S, Haghani F. **Comparing Strengths and Weaknesses of Learning Theories.** Iranian Journal of Medical Education. 2012; 11 (9): 1326-1331
25. Abolhasani S, Haghani F. **Problem-based Learning in Nursing Education: A Review Article .** Iranian Journal of Medical Education. 2011; 10 (5) :726-734
26. Abolhassani S, Khalifezade A, Zarkeshan R, Hashemi M. **Comparison of the effect of back massage and sound replacement on chest pain in patients hospitalized in coronary care unit.** J Shahrecors Univ Med Sci. 2009; 10(4): 72-76.
27. Abolhassani S, Khalifezade A, Zarkeshan R, Hashemi M. **Investigation the effects of sensory stimulations on anxiety of patients hospitalized in coronary care unit.** Scientific Journal of Kurdistan University of Medical Sciences. 2007; 12(2); 44-52.

## **Books:**

1. Abolhasani S, Mardanian L, Naseri N. **Quick access to key points in Medical Surgical Nursing**. Isfahan. Isfahan University of medical sciences. 2007.
2. Abolhasani S. **Effects of Music and massage on patients in the Coronary Care Unit**. Tehran. Boshra publication. 2010.
3. Abolhasani S, Rahimi M, Askari F, Niksiar Z. **Intensive care nursing**. Najafabad branch of Islamic Azad university. 2011.
4. Abolhassani s, Akbari L, Babashahi M et al. **Emergency nursing procedures**. Isfahan. Mani publication. 2018.
5. Abolhassani s, Jahani L. **Compassion-based program training for nurses and paramedics**. Isfahan. Mani publication. 2021.

### **PROFFESIONAL SERVICES Reviewer in the international journals**

2011-present Refree Iranian Journal of Medical Education

2010-present Refree Iranian Journal of Nursing and Midwifery Research

2019-present Refree International journal of preventive medicine

### **PROFESSIONAL/SCIENTIFIC ASSOCIATION MEMBERSHIP**

2004-Present Member Nursing Organization of Islamic Republic of Iran.

### **WORKSHOP AND TRAINING**

Research Methodology Workshop's

Clinical education Workshop's

Strategic planning Workshop's

Teaching method Workshop's

Internet Workshop's

Qualitative research Workshop's

Documentation Workshop's