

Curriculum Vitae

Name : Zahra Shahshahan

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PERSONAL INFORMATION

Date of birth, Marital statues, ...

1339/12/8 (1961 February 27), married

EDUCATION

Most recent

Date, Degree/Course, Department/University, Dissertation title

* 1979 (1358), General medicine, Isfahan University of Medical Sciences

* 1987-1991 (1366-1370), Obstetrics and Gynecology Assistant, Isfahan University of Medical Sciences, Review of thousands of pap smear cases

GRANTS AND FELLOWSHIPS

Date, Name, Significant info., Amount

RESEARCH EXPERIENCE

Date, Title, University/organization, Description

TEACHING EXPERIENCE

Dates, Title, University/organization, Course/s taught, description of duties

* Teaching gynecology and midwifery to all learners

* Obstetrics and Gynecology Specialist

* Professor of Obstetrics and Gynecology

RELEVANT WORK EXPERIENCE

Dates, Title, University/organization, Description

* Member of the women's group council

* Member of the women's research council

* Member of the research core of the women's group

* Responsible for the residents of the obstetrics and gynecology department

* 1386(2006 until now), Member of the primary board of the medical system, medical system

* 1387(2007 until now), Forensic medicine expert, Forensic medicine

* 1396(2017 until now), Member of Mortality and Morbidity Committee of Al-Zahra Hospital, Al-Zahra Hospital

* 1399(2019until now), Member of the Maternal Mortality Committee of the Vice President of Medicine, Vice President of Treatment

* 1394 (2015 until now), Responsible for the affairs of the academic staff of the women's group

* 1398 (2018 until now), Member of Research Council and Professional Ethics of Women's Group

UNIVERSITY SERVICE

Dates, University/organization, Description

* 1396(2017 until now), Member of Mortality and Morbidity Committee of Al-Zahra Hospital, Al-Zahra Hospital

* 1399(2019until now), Member of the Maternal Mortality Committee of the Vice President of Medicine, Vice President of Treatment

* 1394 (2015 until now), Responsible for the affairs of the academic staff of the women's group

* 1398 (2018 until now), Member of Research Council and Professional Ethics of Women's Group

PUBLICATIONS

Bibliographic format

1 - R Ziaei, Z Shahshahan, H Ghasemi-Tehrani, Z Heidari, R Ghiasvand , Effects of inulin-type fructans with different degrees of polymerization on inflammation, oxidative stress and endothelial dysfunction in women with polycystic ovary syndrome ..., [Clinical Endocrinology](#), 09 March 2022

2- S Soltani, A Aminianfar, H Hajianfar, L Azadbakht, Z Shahshahan, ... , Association between dietary inflammatory potential and risk of developing gestational diabetes: a prospective cohort study, *Nutrition journal*, 2021/12

3- MR Kalantari, V Abdossi, F Mortazie Nezhad, Z Shahshahan , Combined Effects of Some Mammalian Sex Hormones and Plant Growth Regulators on the Morphological and Biochemical Traits of Strawberry cv. Camarosa at the Harvest Time and Cold ..., *Iranian Journal of Horticultural Science and Technology, IJHST* 2021, 22(1): 99-116

4- Bahareh MoradiFili, Reza Ghiasvand, Makan Pourmasoumi, Awat Feizi, Farnaz Shahdadian, Zahra Shahshahan , Dietary patterns are associated with premenstrual syndrome: evidence from a case-control study, *Public health nutrition*, 2020/4

5- Azadeh Aminianfar, Sanaz Soltani, Hossein Hajianfar, Leila Azadbakht, Zahra Shahshahan, Ahmad Esmailzadeh ,The association between dietary glycemic index and load and risk of gestational diabetes mellitus: a prospective study, *Diabetes Research and Clinical Practice*, 2020/12/1

6- Mohammad Reza Kalantari, Vahid Abdossi, Forogh Mortazaeinezhad, Ahmad Reza Golparvar, Zahra Shahshahan ,Foliar Application of Ethinyl Estradiol and Progesterone Affects Morphological and Fruit Quality Characteristics of Strawberry cv. Camarosa, *Horticultural Science and Technology*, 2020

- 7- Zeinab Samadi, Effat Bambaiechi, Mahboubeh Valiani, Zahra Shahshahan , Evaluation of changes in levels of hyperandrogenism, hirsutism and menstrual regulation after a period of aquatic high intensity interval training in women with polycystic ..., International journal of preventive medicine, 2019
- 8- F Shahdadian, R Ghiasvand, B Abbasi, A Feizi, P Saneei, Z Shahshahan , Association between major dietary patterns and polycystic ovary syndrome: evidence from a case-control study, Applied Physiology, Nutrition, and Metabolism, 2019
- 9- H Hajianfar, A Esmailzadeh, A Feizi, Z Shahshahan, L Azadbakht ,Association of maternal serum vitamin D level with risk of pregnancy-related complications and neonatal anthropometric measures: a prospective observational study, International journal of preventive medicine, 2019
- 10- Roya Sherkat, Zahra Shahshahan, Sahar Memar Montazerin, Maryam Kalateh Jari, Majid Yaran, Maryam Nasirian, Somaye Najafi Cytomegalovirus Specific Cell-mediated Immunity Status in Women with Pre-eclampsia: A Case-control Study, JOURNAL OF CLINICAL IMMUNOLOGY, 2019/2/1
- 11- E Hosseini, M Janghorbani, Z Shahshahan , [Comparison of risk factors and pregnancy outcomes of gestational diabetes mellitus diagnosed during early and late pregnancy](#), Midwifery, 2018/11/1
- 12- Hossein Hajianfar, Ahmad Esmailzadeh, Awat Feizi, Zahra Shahshahan, Leila Azadbakht , The association between major dietary patterns and pregnancy-related complications, Archives of Iranian medicine, 2018/10/1
- 13- Hossein Hajianfar, Ahmad Esmailzadeh, Awat Feizi, Zahra Shahshahan, Leila Azadbakht , Major maternal dietary patterns during early pregnancy and their association with neonatal anthropometric measurement, BioMed research international, 2018/5/31
- 14- H MOTAMEDI, Z SHAHSHAHAN, V RAZAVI, Prevalence of Chlamydia trachomatis Infection in Cervical Samples from Infertile Women and Related Genotypes, INFECTION EPIDEMIOLOGY AND MICROBIOLOGY (INFECTION EPIDEMIOLOGY AND MEDICINE), 2018/1/1
- 15- Mahboubeh Valiani, Mehri Rezaie, Zahra Shahshahan ,Comparative study on the influence of three delivery positions on pain intensity during the second stage of labor, Iranian journal of nursing and midwifery research, 2016/7
- 16- Zahra Shahshahan, Bahram Heshmati, Mojtaba Akbari, Fahimeh Sabet , Caesarean section in Iran, The Lancet, The Lancet
- 17- Z Shahshahan, H Irvani , Comparison of CRP and ALK-P serum levels in prediction of preterm delivery, Adva Zahra Shahshahan, Marjan Nourbakhsh, Fatemeh Eshraghi Jazi , need Biomedical Research 5, 2016
- 18- Zahra Shahshahan, Marjan Nourbakhsh, Fatemeh Eshraghi Jazi , Maternal plasma nitric oxide metabolites and cervical length assessment in predicting the tocolytic therapy in preterm labor in Isfahan, Journal of Research in Medical Sciences: The Official Journal of Isfahan University of Medical Sciences, 2016
- 19- Z Shahshahan, B Heshmati, M Akbari, F Sabet, Caesarean section in Iran (vol 388, pg 29, 2016), LANCET, 2016/7/23
- 20- Soheila Rahgozar, Tayebeh Amirian, Miao Qi, Zahra Shahshahan, Mansureh Entezar-E-Ghaem, Hatav Ghasemi Tehrani, Mehran Miroliaei, Steven A Krilis, Bill Giannakopoulos , Improved assay for quantifying a redox form of angiotensinogen as a biomarker for pre-eclampsia: a case-control study , PloS one, 2015/8/27
- 21- Mahboubeh Valiani, Imaneh Khaki, Zahra Shahshahan, Mehri Sirus , Effect of auriculotherapy on menstrual irregularities in single girls with polycystic ovarian syndrome and aged 18-35 years in Isfahan in 2012, Iranian Journal of Nursing and Midwifery Research, 2015/3
- 22- H Kalantari, S Ebadi, M Yaran, MR Maracy, Z Shahshahan ,Prevalence and risk factors of hepatitis B and C viruses among hemodialysis patients in Isfahan, Iran, Advanced biomedical research 3, 2014

23- G Rajaeieh, M Marasi, Z Shahshahan, F Hassanbeigi, SM Safavi , The relationship between intake of dairy products and polycystic ovary syndrome in women who referred to Isfahan University of Medical Science Clinics in 2013, International Journal of Preventive Medicine, 2014

24- Z Shahshahan, L Hashemi, Maternal serum cytokines in the prediction of preterm labor and response to tocolytic therapy in preterm labor women, Advanced biomedical research 3, 2014

25- Z Shahshahan, F Mehrabian, S Mashoori ,Effect of the presence of support person and routine intervention for women during childbirth in Isfahan, Iran: A randomized controlled trial, **Advanced biomedical research 3**, 2014

26- Z Shahshahan, O Rasouli , The use of maternal C-reactive protein in the predicting of preterm labor and tocolytic therapy in preterm labor women, **Advanced Biomedical Research 3**, 2014

27- H Kalantari, SM Barekat, MR Maracy, L Azadbakht, Z Shahshahan Nutritional status in patients with ulcerative colitis in Isfahan, Iran, **Advanced biomedical research 3**, 2014

28- Z Shahshahan, L Hashemi, O Rasouli , Maternal serum interleukin 6 and 8 and C-reactive protein in predicting the tocolytic therapy in preterm labor, **Journal of Research in Medical Sciences: The Official Journal of Isfahan University of Medical Sciences**, 2014/6

29- Z Shahshahan, N Azami , The diagnostic value of combined test for trilogly 21 and 18 screening in over 35 years old pregnant women in the gestational age of 9-14 weeks, **International Journal of Reproductive BioMedicine**, 2014

30- MR Varposhti, N Ahmadi, M Masoodifar, Z Shahshahan, MH Tabatabaie, Comparison of remifentanyl: Entonox with Entonox alone in labor analgesia, **Advanced biomedical research 2**, 2013

PRESENTATIONS AND POSTER SESSIONS

Bibliographic format

PATENTS

Date, Item, number

RESEARCH INTERESTS

Research area

Obstetrics and Gynecology

TEACHING INTERESTS

Class title or subject

Obstetrics and Gynecology

PROFESSIONAL MEMBERSHIPS

Date, Title, association

- *Member of the women's group council
- *Member of the women's research council
- *Member of the research core of the women's group
- *Responsible for the residents of the obstetrics and gynecology department

- *1386(2006 until now), Member of the primary board of the medical system, medical system
- *1387(2007 until now), Forensic medicine expert, Forensic medicine
- *1396(2017 until now), Member of Mortality and Morbidity Committee of Al-Zahra Hospital, Al-Zahra Hospital
- *1399(2019until now), Member of the Maternal Mortality Committee of the Vice President of Medicine, Vice President of Treatment
- *1394 (2015 until now), Responsible for the affairs of the academic staff of the women's group
- *1398 (2018 until now), Member of Research Council and Professional Ethics of Women's Group

EXTRA CURRICULAR ACTIVITIES

- *Publication of the book 110 answers to hepatitis B patients and their relatives
- *Publication of the book 110 answers to hepatitis C patients and their relatives
- * Publication of addiction and pregnancy book