

# Curriculum Vitae



## Personal Information:

**Name:** Mohammad Mazaheri

**Age:** 51

**Marital status:** Married

**Number of children:** 2

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## Academic position:

Assistant Professor, Head, Department of Persian Medicine, Faculty of Medicine, School of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran

## Education:

**MD:** Isfahan University of Medical Sciences 1989– 1996.

**Ph.D:** Traditional Iranian Medicine. Iran University of Medical University 2010- 2014.

## Research Projects:

- Head project in Evaluation of aqueous Herbal extract in development of Respiratory symptoms in patients with corona.

## Publication: Article

- 1) MohammadReza HajiHeydari, Mahmood Babaeian, **Mohammad Mazaheri**, Mahin Elsagh, Maryam Yavari, MohammadAli Kamali, et al. A Review on Causes of Gastric Pain in Traditional Iranian Medicine. Journal of Islamic and Iranian Traditional Medicine, 2012, 2(4): 337-344 .
- 2) **Mohammad Mazaheri**, Maryam Yavari, Mahmood Babaeian, MohammadReza HajiHeydari, Mehdi Borhani, AhmadReza Sharifi Olounabadi, et al. Principles of Approach to Food and Nutrition in Traditional Iranian Medicine. Journal of Islamic and Iranian Traditional Medicine, 2012, 2(4): 329-336.
- 3) Maryam Yavari, **Mohammad Mazaheri**, Mehdi Borhani, MohammadReza HajiHeydari, Mahmood Babaeian, MohammadAli Kamali, et al. Heartburn and Reflux: From Traditional Iranian Medicine to Modern Medicine. Journal of Islamic and Iranian Traditional Medicine, 2012, 2(4): 329-336.
- 4) Mehdi Borhani, Meysam Shirzad, Mahin Elsagh, **Mohammad Mazaheri**, AhmadReza Sharifi Olounabadi, Maryam Yavari, et al. Semiology of Gastric Diseases in Traditional Iranian Medicine. Journal of Islamic and Iranian Traditional Medicine, 2012, 2(4): 315-328.
- 5) Mahmood Babaeian, Mehdi Borhani, MohammadReza HajiHeydari, AhmadReza Sharifi Olounabadi, Mahin Elsagh, Maryam Yavari, et al. Gastrointestinal System in the Viewpoint of Traditional Iranian Medicine. Journal of Islamic and Iranian Traditional Medicine, 2012, 2(4): 303-314.
- 6) AliReza Monajjemi, **Mohammad Mazaheri**, Maryam Yavari, Mahin Elsagh, MohammadReza HajiHeydari, et al. Clinical Reasoning and Problem Solving in Traditional Iranian Medicine. Journal of Islamic and Iranian Traditional Medicine, 2012, 2(4): 297-302.

- 7) S.Mehdi Movahed Abtahi, Mahmood Babaeian, Mehdi Borhani, MohammadReza HajiHeydari, AhmadReza Sharifi Olounabadi **Mohammad Mazaheri**, et al. Analysis of Scientific Reasoning in Traditional Iranian Medicine. *Journal of Islamic and Iranian Traditional Medicine*, 2012, 2(4): 285-296.
- 8) MohammadAli Kamali, **Mohammad Mazaheri**, Mehdi Borhani, Mahmood Babaeian, A.M. Sharifi, Mahin Elsagh, et al. Nausea and Vomiting from the Perspective of Modern and Traditional Medicine. *Journal of Islamic and Iranian Traditional Medicine*, 2012, 3(2): 148-154.
- 9) Mahin Elsagh, Fatemeh Hadizadeh, **Mohammad Mazaheri**, Maryam Yavari, Mahmood Babaeian, AhmadReza Sharifi Olounabadi, et al. Constipation in Traditional Iranian Medicine. *Journal of Islamic and Iranian Traditional Medicine*, 2012, 2(4): 361-370.
- 10) **Mohammad Mazaheri**. Haj Mirza Baba Tabib Shirazi. *Journal of Islamic and Iranian Traditional Medicine*, 2012; 3 (2): 242-239
- 11) Mahdi Borhani, Fariba Khoshzaban, Behzad Jodeiri, Mohsen Naseri, **Mohammad Mazaheri**, Mahmood Babaeian, et al. Gastric diseases semiology in Iranian Traditional Medicine (ITM). *Advances in Environmental Biology*, 8(16) Special, 2014; 108-117.
- 12) S. Ashraffodin Ghoshegir, **Mohammad Mazaheri**, Alireza Ghannadi, Awat Feizi, Mahmood Babaeian, Maryam Tanhaee, et al. Pimpinellaanisum in modifying the quality of life in patients with functional dyspepsia: A double-blind randomized clinical trial. *Journal of Research in Medical Sciences*, 2014 Dec; 19(12): 1118–1123.
- 13) S. Ashraffodin Ghoshegir, **Mohammad Mazaheri**, Alireza Ghannadi, Awat Feizi, Mahmood Babaeian, Maryam Tanhaee, Mehrdad Karimi, and Peyman Adibi. Pimpinella anisum in the treatment of functional dyspepsia: A double-blind, randomized clinical trial. *Journal of Research in Medical Sciences*, 2015 Jan; 20(1): 13–21.
- 14) Mahmood Babaeian, Mohsen Naseri, Mohammad Kamalinejad, Farzaneh Ghaffari, **Mohammad Mazaheri**. Air Pollution: Avicenna's Concept. *International Journal of Preventive Medicine*, 2016; 7:35.
- 15) **Safora Cheetsaz, Mohammad Mazaheri , Sholeh Amiri, Sfora Choopanejad**. Comparison of the Efficacy of Training Life Style and Therapy Products Derived from Traditional Medicine (Atrifel Cilantro) on Reduction of the Symptoms in Patients with Migraine. *Journal of Research in Behavioural Sciences*, 2016; 14(2): 236-243.
- 16) Mohsen Naseri, Mahmood Babaeian, Farzaneh Ghaffari, Mohammad Kamalinejad, Awat Feizi, **Mohammad Mazaheri**, Roshanak Mokaberinejad, and Peyman Adibi. Bloating: Avicenna's Perspective and Modern Medicine. *Journal of Evidence-Based Complementary & Alternative Medicine*, 2016, 21(2) 154-159.
- 17) Majid Avijgan, **Mohammad Mazaheri**, Fatemeh Salehzadeh. Clinical finding of Infectious Diseases in Tibbe Akbari textbook in comparison to modern Medicine (Harrison textbook). *Journal of Islamic and Iranian Traditional Medicine*, 2017, 8(2): 155-160.
- 18) Babaeian Mahmood, Naseri Mohsen, Kamalinejad Mohammad, Ghaffari Farzaneh, Emadi Fatemeh, Feizi Awat, Rafiei Rahmatollah, **Mazaheri Mohammad**, Hasheminejad Seyed Abbas, Park Jae Woo, Adibi Peyman. The Efficacy of Mentha longifolia in the Treatment of Patients with Postprandial Distress Syndrome: A Double-Blind, Randomized Clinical Trial. *Iran Red Crescent Med J*, 2017 February; 19(2):e34538.
- 19) Majid Avijgan, Firoozeh Salehzadeh, Ali Asghar Kamran, Maryam Ansari Chaharsoghi, Kourosh Sahebazar, Khatereh Akhaneh, Mahsa Alinaghian, **Mohammad Mazaheri**. Conceptual Comparison of Infectious Diseases of TIBBE-AKBARI and Modern Medicine: Akhlat and Mezaj Theory. *Advances in Infectious Diseases*, 2017, 7, 1-10.
- 20) Maryam Yavari, **Mohammad Mazaheri**. Management of Depression based on Integrated Medicine Viewpoint. *J Res Behav Sci*. 2017; 15(3): 378-85.

- 21) Seyde Shahrbanoo Daniali, Firooze Mostafavi Darani, Ahmad Ali Eslami, Mohammad Mazaheri. Relationship between self-efficacy and physical activity, medication adherence in chronic disease patients, *Advanced Biomedical Research*, 2017; 6: 63.
- 22) Suleiman Afsharypuor, Mahdieh Ranjbar, **Mohammad Mazaheri**, Fereshteh Shakibaei, Abolfazl Aslan. Analysis of Fatty Acid Composition of Crude Seed Oil of *Lactuca sativa* L. by GC-MS and GC Methods. *Trends in Pharmaceutical Sciences*, 2018; 4(2): 95-98.
- 23) Reyhaneh Tavoosi, **Mohammad Mazaheri**. The Relationship between Personality Types and Temperaments (Mizaj) in Terms of Iranian Traditional Medicine among Medical Students in Isfahan University of Medical Sciences, Iran, during the Years 2015-2017. *Journal of Isfahan Medical School*, 2018; 36(498): 1149-55.
- 24) Suleiman Afsharypuor, Mahdieh Ranjbar, **Mohammad Mazaheri**, Fereshteh Shakibaei, Abolfazl Aslan. Essential Oil Constituents of Seeds and Fresh Leaves of Garden Lettuce (*Lactuca sativa* L.) Grown in Isfahan, Iran. *Research Journal of Pharmacognosy (RJP)*, 2018; 5(3): 1-5.
- 25) Hajar Ahmadi, Mahmoud Babaeian, **Mohammad Mazaheri**, Peyman Adibi. Overview of hiccups from the perspective of Persian medicine and modern medicine. *Journal of Islamic and Iranian Traditional Medicine*, 2018, 9(2): 159-166.
- 26) Razieh Eshaghian, **Mohammad Mazaheri**, Mustafa Ghanadian, Safoura Rouholamin, Awat Feizi, Mahmoud Babaeian. The Effect of Frankincense (*Boswellia serrata*, oleoresin) and Ginger (*Zingiber officinale*, rhizoma) on Heavy Menstrual Bleeding: a Randomized, Placebo-controlled, Clinical Trial. *Complementary Therapies in Medicine*, 2019 Feb; 42: 42-47.
- 27) Zahra Rafiei, **Mohammad Mazaheri**, Maryam Eghbali-Babadi, and Ahmadreza Yazdannik. The Effect of Henna (*Lawsonia Inermis*) on Preventing the Development of Pressure Ulcer Grade One in Intensive Care Unit Patients. *International Journal of Preventive Medicine*, 2019; 10: 26.
- 28) Mahdieh Ranjbar, Suleiman Afsharypuor, Fereshteh Shakibaei, **Mohammad Mazaheri**. Effect of Topical Lettuce (*Lactuca sativa* L.) Seed Oil on Childhood Sleep Disorders: a Randomized. *Research Journal of Pharmacognosy (RJP)*, 2020; 7(3):47-54.
- 29) Mahmoud Babaeian, Mohsen Naseri, Peyman Adibi, **Mohammad Mazaheri**. Causes of dyspepsia from the perspective of Persian medicine and modern medicine. *Journal of Islamic and Iranian Traditional Medicine*, 2020, 10(4): 351-362.
- 30) Shahram Rashidi, Davood Shafie, **Mohammad Mazaheri**, Sima Babaei. Effect of *Matricaria Recutita* Drop on Sleep Quality in Patients with Chronic Heart Disease: A Randomized Controlled Trial. *Archives of Pharmacy Practice*, 2020; 11(S1):162-7.
- 31) Zahra Asadi, Fereshteh Shakibaei, **Mohammad Mazaheri**, and Soheila Jafari-Mianaei. The Effect of Foot Massage by Mother on the Severity of Attention-Deficit Hyperactivity Disorder Symptoms in Children Aged 6–12. *Iran J Nurs Midwifery Res*. 2020 May-Jun; 25(3): 189–194.
- 32) Ameneh Parastegari, **Mohammad Mazaheri**, Fariba Iraj, Rasool Tavakolikia, Mahmoud Babaeian. The Efficiency of Florabile Syrup on Intensity of Psoriasis Rashes. *J Isfahan Med Sch* 2021; 38(608): 1031-7.
- 33) Zahra Aghababaei, Fateme Nejatbakhsh, **Mohammad Mazaheri**, Mahboobeh Shirazi, Awat Feizi, Mahbubeh Bozorgi, Soodabeh Bioos. Efficacy of Sesame (*Sesamum indicum* L.) in the Management of Incomplete Abortion: An Open-Label Randomized Controlled Clinical Trial. *Complement Medicine Research, Complement Med Res*. 2021; 28(6):501-507.

- 34) Mina Khaki Rezi, Mehdi Jalilian, Mahmoud Babaeian, **Mohammad Mazaheri**. Assessment of the relationship between the four qualities attributed to the brain and committing crime. *jiitm* 2021, 12(1): 15-26.
- 35) **Mohammad Mazaheri**, Mahmoud Babaeian, Mehdi Ekhveh\*, Zohreh Vakili, Ziba Vakili. Efficacy of herbal tea preparation including mallow flower, chicory seeds, sweet violet, *Melilotus officinalis*, and *bindii* for improving respiratory symptoms in patients with COVID-19; a randomized controlled clinical trial. *Immunopathologia Persa*. DOI:10.34172/ipp.2022.xx.
- 36) Abdollahi Fatemeh, Sadeghi-Dinani Masoud, Mazaheri Mohammad and Rabbani Mohammad\*. *Lactuca sativa* seed and *Albizzia julibrissin* flower combination synergistically promote sleep and suppress locomotor activity in mice. *Academia Journal of Medicinal Plants*. 2022 Jan; 10(1): 009-016.
- 37) Fatemeh Nejatbakhsh, Zahra Aghababaei, Mahboobeh Shirazi, **Mohammad Mazaheri\***, Marjan Ghaemi. Medicinal Plants with Abortifacient or Emmenagogue Activity: A Narrative Review Based on Traditional Persian Medicin. *Jundishapur Journal of Natural Pharmaceutical Products*. 2022;17(2):e119559. doi: 10.5812/jjnpp.119559.
- 38) Maryam Ranjbar, **Mazaheri Mohammad**, Mohammad Ansaripour, Mahmood Babaeian, Atefeh Jalali, Mohammad Mehdi Zarshenas\*. Herbal Medications to Manage Insomnia: An Overview of Clinical Trials using Herbal Treatment for Insomnia. *Traditional and Integrative Medicine*. 2022; 7(2):254-265
- 39) Kobra Afzali, Fakhri Sabohi \*, **Mohammad Mazaheri**, Bijan Iraj. Evaluation of the Effect of *Pistaciakhinjuk* Leaves *Billardieri* on Metabolic Control and Quality of Life in Type 2 Diabetic Patients Referred to Sedigheh Tahereh Endocrine and Metabolism Center in Isfahan. *J Zabol Med Sch* 2022;5(3):95-102.
- 40) Zahra Hamami Chamgordani, **Mohammad Mazaheri**, Bijan Iraj, Hojjat Baghshahi, Fakhri Sabouhi\*. Antidiabetic effects of *Eryngium billardieri* hydrosol in the treatment of type 2 diabetic patients: A double-blind randomized clinical trial. 2022. Epub ahead of print.
- 41) Elham Yazdani, Mohammad Mazaheri, Firuzeh Zare Farashbandi, Alireza Rahimi, Ahmad Papi\*. Persian medicine information needs of general practitioners in Isfahan city *Journal of Health Administration*. Winter 2023: 25(4):9-27.

**Publication: Thesis**

- Evaluation of the effect of Herbal Vaginal Gel, Auriculotherapy in comparison with placebo on atrophic vaginitis in women referred to selected medical centers affiliated to Isfahan University of Medical Sciences in 2021.
- The effect of Aslagh capsule and auriculotherapy on clinical symptoms of polycystic ovary syndrome in women aged 18-43 years referred to selected clinics of Isfahan University of Medical Sciences in 2021.
- Effect of Fluarabil Syrup on the severity of psoriasis rashes in patients aged 20 to 50 years old referring to Iranian medical clinics in Amin, Alzahra and Kashani hospitals in Isfahan.
- Explanation of effect of *Lactuca sativa* seed oil on Sleep disorders and anxiety in children aged 3-6 years.
- Comparison of clinical terminology of common gastrointestinal disorders (Esophagus.Stomach.small intestine.larg intestine) in iranian traditional medicine (Tebbe-Akbari) and modern medicine.
- Efficacy of *Sesamum indicum* in Incomplete Abortion management and descriptive study of Abortion in Iranian traditional medicine.

- Heavy menstrual bleeding explanation based on Iranian traditional medicine and clinical trial capsule frankincense (*Boswellia serrata*) and ginger (*Zingiber officinale*) on reducing heavy menstrual bleeding between the ages of 18-45 years.
- Study of relation between personality types and Traditional Iranian temperament in the medical students of Isfahan University in 2015 year.

#### **Publication: Book**

- Author of book: “A thousand valuable points in the prescription of common herbal medicines in more than eight hundred tests”, 2012.
- Author of book: “Trilingual dictionary of traditional medicine”, 2015.
- Author of book: “Textbook of Iranian medicine”, 2017.
- Scientific editor: “Scientific basics of leech therapy and leech breeding”, 2020.
- Scientific editor: “Clinical guidelines for hypertension”, 2020.

#### **Conference Presentations:**

- Should Athletes take dietary supplements, The first international sports nutrition congress of Iran (26-28 Mehr 2016- Isfahan).
- Factors associated with eating disorders in athletes, The first international sports nutrition congress of Iran (26-28 Mehr 2016- Isfahan).
- Honey bee products in Iranian Pharmacopea, National conference of bee products from the point of view of biology, health and economy, (2018.04.24 – Isfahan).
- Analysis of honey from the perspective of the Holy Quran, The National conference on Honey Bee products: Biology, Health and Economy, (2018.04.24 – Isfahan).
- A review of coffee from the perspective of Iranian medicine, The National conference of chocolate, coffee and natural sweeteners, (13 Nov 2019- Isfahan).
- Role of hassovv (Persian Food) in management of Respiratory Diseases, The National conference of natural products effective on respiratory infections, (23 Feb 2022- Isfahan).
- Evaluation of aqueous Herbal extract in development of Respiratory symptoms in patients with corona, The National conference of natural products effective on respiratory infections, (23 Feb 2022- Isfahan).
- Variety of preventive and therapeutic methods of respiratory diseases in Iranian medicine, The National conference of natural products effective on respiratory infections, (23 Feb 2022- Isfahan).