

## Curriculum Vitae (CV)

01-08-2024



### Personal Information:

| Name          | Surname    | Date of Birth | Nationality | Gender |        | Marital Status |
|---------------|------------|---------------|-------------|--------|--------|----------------|
|               |            |               |             | Male   | Female |                |
| Mohammad Reza | Sharbafchi | 22-08-1983    | Iranian     | ✓      |        | Married        |

Mohammad Reza Sharbafchi, MD, is a psychiatrist with a fellowship in psychosomatic medicine and psycho-oncology from Freiburg University, Germany. Since 2014, he has been an assistant professor of psychiatry at Isfahan University of Medical Sciences, Isfahan, Iran. Dr. Sharbafchi's primary research interests lie in Psychosomatic Medicine, Psycho-Oncology, Neurotic Disorders, and Psychotherapy. Currently, he holds the position of the head of the psycho-oncology and pain clinic at the University Oncology Hospital in Isfahan. Additionally, he serves as the head of the Department of Psycho-Oncology and Spiritual Care at a non-governmental national cancer control center (MACSA). Dr. Sharbafchi was pivotal in establishing the first international education course on psycho-oncology in Iran through collaboration with Freiburg University, Germany. In the realm of education, he imparts knowledge on various subjects, including psychosomatic medicine, breaking bad news, and pain management. His teaching activities encompass participation in numerous courses designed for the training of trainers, organized by the Ministry of Health and Medical Education in Iran.

### Address

**Work:** Department of Psychiatry, Khorshid Hospital, Ostandari Street, Isfahan, Iran

| Telephone       |                 | Email  |
|-----------------|-----------------|--|
| Work            | Mobile          | <a href="mailto:Sharbafchi@med.mui.ac.ir">Sharbafchi@med.mui.ac.ir</a><br><a href="mailto:Sharbafchi@gmail.com">Sharbafchi@gmail.com</a> |
| +98-31-32222475 | +98-913-1045247 |  |

### Educational Background: (last one first)

| Degree and Field of Specialization                       | Name of Institution                    | City     | Country | Date         |
|--|--|----------|---------|--------------|
| Fellowship in Psychosomatic Medicine and Psycho-Oncology | Albert Ludwig Universitat Freiburg     | Freiburg | Germany | 2018         |
| Assistant Professor of Psychiatry                        | Isfahan University of Medical Sciences | Isfahan  | Iran    | 2014-Current |
| Board of Psychiatry                                      | Isfahan University of Medical Sciences | Isfahan  | Iran    | 2014         |
| Assistant of Psychiatry                                  | Isfahan University of Medical Sciences | Isfahan  | Iran    | 2010-2014    |
| Medical Doctor   | Isfahan University of Medical Sciences | Isfahan  | Iran    | 2010         |
| Medical Student  | Isfahan University of Medical Sciences | Isfahan  | Iran    | 2002-2010    |

### Membership to Scientific Associations:

| Name of Institution/Association                        | University                      | Position        | Date         |
|--|---------------------------------|-----------------|--------------|
| International Psycho-Oncology Society (IPOS)           | -                               | Membership      | 2016-Current |
| The International Society for Bipolar Disorders (ISBD) | -                               | Membership      | 2015-Current |
| Behavioral Sciences Research Center                    | Isf Univers of Medical Sciences | Academic member | 2015-Current |
| Psychosomatic Research Center                          | Isf Univers of Medical Sciences | Academic member | 2014-Current |
| Psychosomatic Research Center                          | Isf Univers of Medical Sciences | Membership      | 2010-2014    |

## Congresses/ Workshops:

| Subject                                       | Funder  | Place            | Date          |
|---|---|------------------|---------------|
| International Psycho-oncology Congress        | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Isfahan, Iran    | 07-09,05,2019 |
| Psychosomatic Aspects in Family Medicine      | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Freiburg,Germany | 23-25,05,2018 |
| Psycho-oncology Course, Rehabilitation Center | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Freiburg,Germany | 01-15,08,2016 |
| DAAD Emotion-focused therapy workshop         | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Freiburg,Germany | 16-30,07,2016 |
| DAAD Family Therapy workshop                  | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Isfahan, Iran    | 17-19,11,2015 |
| DAAD Family Therapy workshop                  | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Isfahan, Iran    | 25-30,05,2013 |
| DAAD Psycho-therapy workshop                  | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Freiburg,Germany | 25-28,09,2012 |
| DAAD Psycho-oncology workshop                 | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Isfahan, Iran    | 22-25,05,2012 |
| DAAD Family Therapy workshop                  | Albert Ludwig Universitat Freiburg and Isfahan University of Medical Sciences | Isfahan, Iran    | 25-28,12,2011 |
| International Psychosomatic Congress          | Isfahan University of Medical Sciences Psychosomatic Research Center          | Isfahan, Iran    | 25-27,05,2011 |

## Research Projects in Process:

| Title   | Registration and Support               |
|---|--|
| Evaluation of Physical, psychological, familial status and daily functioning of cancer patients and their families  | Isfahan University of Medical Sciences |
| The mediating role of social support and intellectual rumination in the relationship between ambivalence in expressing emotion with cancer-induced fatigue and following treatment in cancer patients | Isfahan University of Medical Sciences |
| Psycho-social interventions in mental health, quality of life, anxiety, depression, and pain in children with cancer: a systematic review   | Isfahan University of Medical Sciences |
| Comparison of the efficacy and adverse effects of dexmedetomidine and haloperidol in reducing the symptoms of Delirium  | Isfahan University of Medical Sciences |
| Delirium prevention and treatment in advanced cancer; randomized clinical trial assessing haloperidol versus quetiapine and risperidone   | Isfahan University of Medical Sciences |
| A comparative study of the attitudes and beliefs of patients, caregivers, and clinicians regarding the necessity and method of disclosing bad news to cancer patients                                 | Isfahan University of Medical Sciences |

**Publications, (Papers):** <https://scholar.google.com/citations>

| N  | Title of the Article   | Journal                                       | Year | Index         |
|----|--|---|------|---------------|
| 1  | Psychological challenges of female caregivers in providing home-based palliative care for patients with advanced cancer: A descriptive-exploratory study                               | Journal of Education and Health Promotion     | 2024 | ISI IF: 1.4   |
| 2  | Relationships between Physicians' Communication Skills, the Psychological Symptoms of Cancer Patients, and their Satisfaction with the Treatment                                       | Int J Body Mind Culture                       | 2024 | Scopus        |
| 3  | The Efficacy of Repetitive Transcranial Magnetic Stimulation (rTMS) versus Transcranial Direct-Current Stimulation (tDCS) on Migraine Headaches: A Randomized Clinical Trial           | Adv Biomed Res.                               | 2024 | ISI IF: 1     |
| 4  | I didn't want to remember memories of caring, but I can't help it." A qualitative study of the experiences of bereaved Iranian carers with elevated levels of prolonged grief symptoms | Death Studies                                 | 2023 | ISI IF: 4.340 |
| 5  | A silence full of words: sociocultural beliefs behind the sexual health of Iranian women undergoing breast cancer treatment, a qualitative study                                       | Supportive Care in Cancer                     | 2023 | ISI IF: 3.359 |
| 6  | Evaluate the effectiveness of a group psychoeducational intervention in reducing the level of cancer-related fatigue in women receiving chemotherapy for breast cancer                 | Adv Biomed Res.                               | 2023 | ISI IF: 1     |
| 7  | The effectiveness of Resilience training on quality of life, self-efficacy, and problem-solving skills in substance-dependent adolescents  | J of Adolescent & Youth Psychological Studies | 2023 | SID           |
| 8  | Effectiveness of online sexual education based on the extended PLISSIT model on sexual function and sexual satisfaction in women undergoing breast cancer treatment                    | Journal of Education and Health Promotion     | 2023 | ISI IF: 1.4   |
| 9  | Evaluation of factors related to depression in peritoneal dialysis patients: a multicenter cross-sectional study   | Renal Replacement Therapy                     | 2023 | ISI IF: 1.2   |
| 10 | Couple's Educational Program Reduces Depression, Anxiety, and Stress in Breast Cancer Patients Undergoing Mastectomy: A Randomized Controlled Clinical Trial.                          | Int J Body Mind Culture                       | 2022 | Scopus        |
| 11 | The Iranian Corona Stress Study: Psychological Impacts of COVID-19 Pandemic in an Iranian Population   | Interna Journal of Prevent Medicine           | 2022 | ISI           |
| 12 | Sexual health promotion interventional program for women undergoing breast cancer treatment: Protocol for a mix-methods study  | Journal of Education and Health Promotion     | 2022 | ISI           |
| 13 | Effectiveness of mindfulness-based supportive psychotherapy on posttraumatic growth, resilience, and self-compassion in cancer patients  | Wiener klinische Wochenschrift                | 2022 | ISI IF: 2.275 |
| 14 | Association between lower urinary tract symptoms(LUTS) and obsessive-compulsive disorders (OCD) in women: A study based on urodynamic findings and micturition problem                 | Neurourol Urodyn                              | 2022 | ISI IF: 2.367 |
| 15 | The effectiveness of online dignity therapy on reducing psychological distress among women with metastatic cancer  | Quarterly Journal of Health Psychology        | 2022 | DOAJ          |
| 16 | Cancer Patients' Challenges During COVID-19 Pandemic: An Approach to Decision-Making in Management and Policy Making   | Arch Clin Infect Dis                          | 2021 | ISI           |
| 17 | Effect of a self-help educational program with peer group on anxiety of mothers of children with cancer: A clinical trial study  | Journal of Educa & Health Promotion           | 2021 | ISI           |
| 18 | Investigating and Designing an Online Psychosocial Support Platform for Caregivers   | Int J Body Mind Culture                       | 2021 | Scopus        |
| 19 | Empowerment of Women to Provide Home-based Supportive and Palliative Care for Patients with Cancer: Participatory Action Research Protocol   | Int J Cancer Manag                            | 2021 | ISI           |
| 20 | Effects of venlafaxine on gastrointestinal symptoms, depression, anxiety, stress, and quality of life in patients with the moderate-to-severe irritable bowel syndrome                 | Journal of Resea in Medical Sciences          | 2020 | ISI IF: 1.852 |
| 21 | Comparative study on experience of meaning in life and death attitudes for caregivers of cancer patients and general people  | Quart Journal of Health Psychology            | 2020 | ISC           |
| 22 | Saffron for the Management of Premenstrual Dysphoric Disorder: A   | Adv Biomed Res.                               | 2020 | ISI           |

|    | Randomized Controlled Trial  |  |      |                 |
|----|--|--|------|-----------------|
| 23 | Psycho-oncology Curriculum Needs Assessment in Postgraduate Education  | Int J Body Mind Culture                | 2020 | Scopus          |
| 24 | Formulation and Testing of a Model of the Relationship between Psychological Characteristics of Depression, Anxiety, and Stress, and Physical Complaints of the Staff of a Military Unit in Tabriz, Iran, with the Mediating Role of Chronic Fatigue | Int J Body Mind Culture                | 2020 | Scopus          |
| 25 | The Effectiveness of Improving Body Awareness Skills on Anxiety, Depression, and Quality of Life in Patients after Cardiac Surgery   | Int J Body Mind Culture                | 2020 | Scopus          |
| 26 | Personality traits are related to functional dyspepsia in a large sample of Iranian adults   | Journal of Psychosoma Resea            | 2020 | ISI If: 3.006   |
| 27 | The Effectiveness of Compassion-Focused Therapy on Perceived Stress and Psychological Distress in the Women Suffering from Breast Cancer   | Quarterly Journal of Health Psychology | 2019 | ISC             |
| 28 | The Relationship between Psychological Disorders and Diabetes Mellitus in Middle-Aged Women, Isfahan, Iran, 2015 to 2016   | Journal of Isfahan Medical School      | 2019 | Scopus          |
| 29 | The Effect of Educational Sessions for Couples on Quality of Life among Patients with Breast Cancer Undergoing Mastectomy  | Journal of Isfahan Medical School      | 2019 | Scopus          |
| 30 | Health Anxiety Disorder and Its Impact on Health Services Utilization: A Narrative Review Article  | Int J Body Mind Culture                | 2018 | Scopus          |
| 31 | Comparison of the Effect of Escitalopram and Placebo on Quality of Life and Depressive Symptoms in Patients with Breast Cancer and Mastectomy  | Journal of Isfahan Medical School      | 2018 | Scopus          |
| 32 | Evaluation of Depression, Anxiety, & Stress among Unrelated Kidney Donors  | Journal of Isfahan Medical School      | 2018 | Scopus          |
| 33 | Management of Substance Use Disorder in Military Services: A Comprehensive Approach  | Adv Biomed Res.                        | 2017 | PubMed          |
| 34 | Breaking Bad News: Different Approaches in Different Countries of Iran and Germany- an Expert Panel  | Int J Body Mind Culture                | 2017 | Scopus          |
| 35 | The Relationship of Drug Compliance with Depression, Anxiety and Coping Strategies in Patients with Kidney Transplantation   | Journal of Isfahan Medical School      | 2017 | Scopus          |
| 36 | Comparison of Stress Profiles among Individuals with and without Functional Dyspepsia  | Int J Body Mind Culture                | 2016 | Scopus          |
| 37 | Reliability and Validity of the Persian Version of Intensive Care Delirium Screening Checklist in detection of delirium in Intensive Care Units  | Journal of Isfahan Medical School      | 2016 | Scopus          |
| 38 | Effect of add-on valproate on craving in methamphetamine depended patients: A randomized trial.  | Adv Biomed Res.                        | 2016 | PubMed          |
| 39 | Clinicopathological Analysis of Patients with Breast Cancer and Their Families   | IJBC                                   | 2016 | ISI, (IMP:0.78) |
| 40 | A comparative study on cancer prevention principles between Iranian traditional medicine and classic medicine  | Int J Prev Med                         | 2016 | PubMed          |
| 41 | Association of Personality Traits with Psychological Factors of Depression, Anxiety, & Psychological Distress: A Community Based Study   | Int J Body Mind Culture                | 2015 | Scopus          |
| 42 | The Effect of Buprenorphine on Methamphetamine Cravings  | J Clin Psychopharmacol                 | 2015 | ISI (IMP:2.89)  |
| 43 | Iranian-Islamic traditional medicine: An ancient comprehensive personalized medicine   | Adv Biomed Res                         | 2015 | PubMed          |
| 44 | Hippocampal volume and hippocampal angle (a more practical marker) in mild cognitive impairment: A case-control magnetic resonance imaging study   | Adv Biomed Res                         | 2015 | PubMed          |
| 45 | Psychological status in Iranian patients with ulcerative colitis and its relation to disease activity and quality of life  | J Res Med Sci                          | 2015 | ISI (IMP:1.23)  |
| 46 | Efficacy of duloxetine add on in treatment of inflammatory bowel disease patients: A double blind controlled study   | J Res Med Sci                          | 2015 | ISI (IMP:1.23)  |
| 47 | The Efficacy of N-Acetylcysteine in the Treatment of Methamphetamine Dependence: A Double-blind Controlled, Cross-over Study   | Arch Iran Med                          | 2015 | ISI (IMP:1.2)   |
| 48 | The efficacy of telephonic follow up in prevention of suicidal   | Adv Biomed Res                         | 2014 | PubMed          |

|    |   |                   |      |                |
|----|---|-------------------|------|----------------|
|    | reattempt in patients with suicide attempt history  |                   |      |                |
| 49 | Onset of action of atypical and typical antipsychotics in the treatment of acute psychosis  | J Res Pharm Pract | 2013 | PubMed         |
| 50 | Risperidone as a treatment for childhood habitual behavior  | J Res Pharm Pract | 2013 | PubMed         |
| 51 | Sertraline as an add-on treatment for depression symptoms in stable schizophrenia: A double-blind randomized controlled trial   | J Res Med Sci     | 2012 | ISI (IMP:1.23) |
| 52 | The Average of Cumulative Radiation Dose in Neonates in the Neonatal Surgery Ward Due to Diagnostic and Therapeutic Radiologic Procedures During the Admission Period | JIMS              | 2011 | Scopus         |

### Publications: (Books)

| Title                                 | Type of Work |             | Publisher                              | Date |
|---------------------------------------|--------------|-------------|--|------|
|                                       | Translation  | Compilation |  |      |
| Why me?                               |              | ✓           | Isfahan University of Medical Sciences | 2018 |
| Spiritual Care Basics                 |              | ✓           | Isfahan University of Medical Sciences | 2017 |
| Motivational Interview and Abstinence |              | ✓           | Isfahan University of Medical Sciences | 2014 |

### Research Interests:

|                                     |
|-------------------------------------|
| Psychosomatic Medicine              |
| Psycho-Oncology and Palliative care |

### Language:

|                 |
|-----------------|
| English-Persian |
|-----------------|

### Activities:

|   |
|---|
| Technical manager & Head of Psycho-Oncology & spiritual Department, Iranian Cancer Control Center, MACSA (A Center for Palliative and Supportive Care in Patients with Malignancy, 2011- Current) |
| Head of Psycho-Oncology and Pain Clinic, Omid Hospital, Isfahan University of Medical Sciences, (2016-Current)  |
| Head of Psychiatric Emergency ward, Khorshid Hospital, Isfahan University of Medical Sciences, (2016-2019, 2022-Current)  |
| The Director of Continuous Medical Education (CME), Isfahan University of Medical Sciences, (2018-Current)  |
| The Manager of the Skill and Professional Training Center, Isfahan University of Medical Sciences, (2018-Current)   |
| Educational Vice Chancellor, Khorshid Hospital, Isfahan University of Medical Sciences, (2023-Current)  |