

## Curriculum Vitae



### 1. Personal Information:

First Name: **Zahra**  
Surname: **Ghazavi**  
Place of Birth: IRAN- Isfahan  
Nationality: Iranian  
Marital status: Marriage  
Age: 56  
Sex: Female

### Address:

**Nursing and Midwifery Care Research Center, Faculty of Nursing and  
Midwifery, Isfahan University of Medical Sciences, Isfahan, Iran**

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### Current Position:

**Academic Member Faculty of Nursing & Midwifery**

## **Research Line:**

**Family Mental Health**

## **2. Qualification**

### **Academic Qualification**

**BSc in Nursing at Isfahan University of medical sciences, 1986**

**Msc in Psychiatric Nursing at Isfahan University of medical sciences,1994**

## **3. professional Membership**

- ❖ **Iranian Nursing Organization (Member)**
- ❖ **Social Psychiatry Center in Isfahan (Member)**
- ❖ **Behaviour Sciences Center in Isfahan (Member)**

## **4. Background**

### **a. Current Position**

**Academic Member Faculty of Nursing & Midwifery**

### **b. Employment History**

**Instructor of Psychiatric Nursing**

**1988- Continue Lecturer at Isfahan University of Medical Sciences**

### **c. Other Relevant Experience**

**1987-1988 Staff Nurse in Specialized Clinic**

**1982-1983 Teacher in school**

## **5. Research Grants as Principal Investigator (Research Projects)**

**1- Comparing the current process of psychiatric patients discharge from psychiatric wards of the Isfahan University of Medical Sciences hospitals and the standard process . Elaheh Ashori, Saeid Pahlavanzadeh, Zahra Ghazavi Tayebe Mehrabi Jahangir Maghsoudi Ganjeh, Mohsen Yazdani, Mahmoud Nasiri Rezvan Ismaeili 2005**

**2- Investigation of family function of children with behavioral disorders. Zahra Ghazavi, Tayebeh Mehrabi.2006**

**3- Investigation the effect of psychological interventions on mental status of female students with behavioural disorders. Tayebeh Mehrabi, Zahra Ghazavi, 2012**

**4- A comparative study of stress and anxiety before and after Ramadan among managers in various wards of the Isfahan University of Medical Sciences. Zahra Ghazavi, Tayebeh Mehrabi.2007**

**5- Experiences of university faculty members regarding communication in work environment. 2010**

## **6. Publications:**

### **a.Books**

**1- Communication Skills in Psychiatric Ward. Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty Isfahan University of Medical Science Publishing. 2013. Isfahan. IRAN**

**2- Mental health and psychiatric nursing .(Translated)Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty.Kankash Pub.2002.Isfahan.IRAN**

**3- Nursing care in Psychiatric Emergencies . Academic members of Psychiatric Nursing Dept.Nursing and Midwifery Faculty Boshra Pub.2006.Isfahan.IRAN**

**4- Medical Surgical Nursing. 3th Book(Translated)Academic members of Nursing and Midwifery Faculty. Isfahan University Of Medical Sciences Pub.2005**

**5- Medical Surgical Nursing.7th Book(Translated)Academic members of Nursing and Midwifery Faculty. Isfahan University Of Medical Sciences Pub.2006**

### **b. Presentations (Conference)**

**1\*To evaluate parental beliefs on the origins of the dental fear in 6-12 year old children referring to pediatric department “ International congress of applied psychology”.Melbourn.AUSTRALIA 2010**

**2\* Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses” 2nd International Congress on Neurobiology, Psychopharmacology & Treatment Guidance” Thessaloniki Gresse 2011**

**3 \* The effect of psychological interventions with behavioral and Mental health problems among female students of dormitories at Isfahan university of medical / science.1th International conference on Health & Wellbeing.6-9May 2014 Isfahan IRAN “NMRC” Esfahan IRAN 2014**

**4 \* Effect of group hope therapy program on depression of diabetics Zahra Ghazavi1, Firouz Khaledi2 Diabetes” Asia 2012 Conference” Kuala Lumpur Malaysia17-21,2012**

**5\*Exercise and Mental Health of Women “The National Congress of Women Health” Esfahan IRAN 2014**

**6 \*training communication skill using group psychoeducation method on psychiatry ward nurses, Kerbala Iraq 2012**

**7\*The Efficacy of hope therapy on hope among the diabetic Patients “Educational Development for Better Health Services” Esfahan IRAN 2013**

**8\* Investigation of family functionof children with behavioral disorders “New finding in Pediatric” Esfahan IRAN 2009**

**9\*Critical Thinkiing in Nurse Students “ Operative Skills Esfahan IRAN 2009**

**10\* Psychiatric Mental Health Nursing “ PCC 2007 -Geneva. 2007”; Geneva.swiss**

**11 \* Psychiatric reactions made by the burned patients “28th Nordic Congress of Psychiatry NCP2006. 2006”; FINLAND:Tampere**

**12\*Investigation the effect Ramadan on personel,s stress of the Isfahan University of Medical Sciences “Life Style & Health” Yasooj IRAN 2010**

**13\*Investigation of experiences of ECT” National congress”Chronic**

**Diseases''Ramsar IRAN 2010**

**14\*To define factors of stressor in families with depressive member  
“brain&behaviour”. 2005; Greece-Tessoloniki**

**15\*Aromatherapy “Complementary Medicne” Esfahan IRAN2010**

**16\*The effect of group therapy on anxiety levels of the patients with  
myocardial infarction”Cardiovascular Congress” Kish IRAN 2011**

**17\*knowledge of nursing personnel working in psychiatric wards of  
drugs,Mains,Germani2004**

**18\*Comprative define stressors in family with depression patient”  
Stress related diseases”. 2004; Shiraz -Iran.**

**19\* The effect of Saffron and honey mixed on depressive symptoms  
“Complementary Medicne” Esfahan IRAN 2014**

**20\*Pain Management Nursing Role in psychosomatic pain  
“psychosomatic Medicne” Esfahan IRAN 2011**

**21\*Psychological aspects and counseling for children with cleft palate  
“cleft palate Congress” Esfahan IRAN 2012**

**22 \*Spirituality therapy on stress and chronic anxiety emergency  
medical technicians “Community Oriented Cares in Chronic Diseases”  
Esfahan IRAN 2011**

**23 \*Comparison of the general health of addicts referring to addiction  
“National Congress of Social Pathologies” Esfahan IRAN 2011**

**24 \*Addicts readiness for change and treatment center “National  
Congress of Social Pathologies” Esfahan IRAN 2011**

**25\* Effects of group therapy on Depression following myocardial  
infarction “2th International Preventive Cardiology Congress “ Shiraz  
IRAN 2013**

**26 \*Health from the perspective of Surah Kahf “Healthy Lifestyle  
Development of Nursing and Midwifery Care” Booshehr IRAN 2013**

- 27 The most secret sexual assault violence against women “National Congress of Social Pathologies” Esfahan IRAN 2011**
- 28\*The Relation between the usual life and Urticaria “psychosomatic Medicine” Esfahan IRAN 2011**
- 29 \*Investigation of Family Function with depressive patients “Communitu Health nursing Reaserch”2003,Reading,England.**
- 30 \*Study of characteristic in family with depressive patients ”Women&ChildrenInternational Congress”2003,Bancok,Tailand.**
- 31 \*Nursing roles in mental health,1995 ,Isfahan IRAN**
- 32 \*Burn and psychology reactions 1995 ,Isfahan IRAN**
- 33 \*Occupation therapy in CVA 1996 ,Isfahan IRAN**
- 34 \* Study of characteristic in family with depressive patients 2000 Tabrriz,IRAN.**
- 35 \*Relation with aggressive and use of restrain , simulative drugs 2000,Isfahan IRAN.**
- 36 \*Post partum psychosis 2000,Isfahan IRAN .**
- 37 \*Education Social Skills in Schizophrenia. 2001,Isfahan IRAN**
- 38\* knowledge of nursing personnel working in psychiatric wards of drugs,2003 Isfahan IRAN**
- 39 \* Comprative define stressors in family with depression patient Stress related diseases.2004,Shiraz,IRAN.**
- 40 \*Investigation Public Health in First School Children.2006 Isfahan IRAN.**
- 41\*grouphtherapy in MI Research in nursing. 2004, Isfahan IRAN**
- 42 \*Relation between burn and psychology reactions 2004 Esfahan IRAN**

**43\* Crisis and religious Nursing&Midwifery journal. 1995 Isfahan IRAN**

### **c. Articles**

**1 \*Effect of hope therapy on the hope of diabetic patients Iranian Journal of nursing and midwifery research; 20(1):75-80. 2015 IRAN**

**2\*ANALYZING THE RELATIONSHIP BETWEEN NURSING INCIVILITY AND NURSES' SATISFACTION CASE OF SELECTED MEDICAL CENTER AFFILIATED WITH ISFAHAN UNIVERSITY OF MEDICAL SCIENCE Journal of Health, Sport and Tourism ISSN: 2078-0273, Vol. 6. No. 1, 2015 Armanestan**

**3\* Effect of psychological interventions on mental status of female students with behavioural disorders . Iranian journal of Psychiatric nursing Vol.2 No.4 Winter 2014 IRAN**

**4\* The effect of group psycho-educational program on quality of life in families of patients with mood disorders Iranian Journal of Nursing and Midwifery Research | January-February 2014 | Vol. 19 | Issue 1 IRAN**

**5\* Effect of family education program on depression, anxiety and stress of family caregivers of individuals with dementia . Journal of Nursing Education Vol. 3, No. 1 Autumn 2014 IRAN**

**6\*The impact of group therapy training on social communications of Afghan immigrants Tayebeh Mehrabi,Tayebeh Musavi, Zahra Ghazavi, Zahra Zandieh,Ahmadreza Zamani IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCHVol 16, No 2 (2011) IRAN**

**7\*Experiences of university faculty members regarding communication in work environment Tayebeh Mehrabi, Zahra Ghazavi, Mitra Malbousizadeh.IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 15: Special Issue, 2010- Original Article  
IRAN**

**8 \* Effect of communication skill training using group psychoeducation method on the stress level of psychiatry ward nurses . Zahra Ghazavi, Fatemeh Lohrasbi, Tayebeh Mehrabi.IRANIAN**

**JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 15:  
Special Issue, 2010 395-400.1- Original Article IRAN**

**9\*Comparing the current process of schizophrenic patients discharge from psychiatric wards of the Isfahan University of Medical Sciences hospitals and the standard process. Elaheh Ashori\*, Saeid Pahlavanzadeh, Zahra Ghazavi Tayebe Mehrabi Jahangir Maghsoudi Ganjeh, Mohsen Yazdani, Mahmoud Nasiri Rezvan maeili\*.IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH Vol 14, No 4 (2009) - Original Article IRAN**

**10\*The effect of group therapy on depression and anxiety levels of the patients with myocardial infarction. Mehrabi Tayebeh, Sheikholeslami Farzaneh, Ghazavi Zahra, Nasiri Mahmood. Nursing & midwifery research . Vol 9, No 3 (2006)- Original Article IRAN**

**11\*The effects of family education program on the caregiver burden of families of elderly with dementia disorders, IRANIAN JOURNAL OF NURSING AND MIDWIFERY RESEARCH. Vol . 15, No. 3 2010 IRAN**

**12\* Reviewing the parental standpoint about origin of the dental fear in children referred to dentistry... Iranian journal of nursing and midwifery research 02/2011; 16(1):133-9. IRAN**

**13\*body image and Body Mass Index in adolescent. journal of research Behavioural Science. Vol 3, No 1, Autumn & Summer 2005.39-44 IRAN**

**14\*Nurses' experiences regarding working in the psychiatric wards and its physical outcomes. Mehrabi Tayebeh, Fanian Nasrin, Ghazavi Zahra , Zargham Ali. Nursing & midwifery research Vol 11, No 1 (2006) - Original Article IRAN**

**15\*Association between body image and Body Mass Index in teenagers Nursing journal. 2004 IRAN**

**16\*Familial characterizes at depressive individual. Ghazavi Zahra, Fakari Hosein Mehrabi Tayebeh. Nursing & midwifery research .2003:13 IRAN**



**17\*knowledge of nursing personnel working in psychiatric wards of drugs 2004 IRAN**

**18 \*Relation between burn and psychology reactions. Nursing & midwifery research, No 8 1998 - Original Article IRAN**

**19 \*Crisis and religious Nursing & midwifery research . 1995 IRAN**

**20\* Effect of a family oriented communication skills training program on depression, anxiety and stress in older adults: randomized clinical trial Nursing and Midwifery Studies 2015 IRAN**

**21\*The effect of education based on the main concepts of logotherapy approach on the quality of life in patients after coronary artery bypass grafting surgery: Iranian Journal of Nursing and Midwifery Research | January-February 2016 | Vol. 21 | Issue 1**

**22\*Effect of a family-oriented communication skills training program on depression, anxiety, and stress in older adults: a randomized clinical trial Z Ghazavi, S Feshangchi, M Alavi, M Keshvari Nursing and midwifery studies 2016 5 (1)**

**23\*Effect of fordyce's happiness program on stress, anxiety, and depression among the patients undergoing hemodialysis  
Y Mehrabi, Z Ghazavi, N Shahgholian  
Iranian journal of nursing and midwifery research 2017 22 (3), 190**

**24\*Effect of happiness educational program on the level of stress, anxiety and depression of cancer patients' nurses  
Z Ghazavi, Z Mardany, S Pahlavanzadeh  
Iranian journal of nursing and midwifery research 2016 21 (5), 534**

**25\*Effect of cognitive behavioral stress management program on psychosomatic patients' quality of life  
Z Ghazavi, E Rahimi, M Yazdani, H Afshar  
Iranian journal of nursing and midwifery research 2016 21 (5), 510**

**26The effect of education based on the main concepts of logotherapy approach on the --- quality of life in patients after coronary artery bypass grafting surgery  
M Mahdizadeh, M Alavi, Z Ghazavi  
Iranian journal of nursing and midwifery research 2016 21 (1), 14**

**27\* Effect of hope therapy on the mood status of patients with diabetes  
F KhalediSardashti, Z Ghazavi, F Keshani, M Smaeilzadeh  
Iranian journal of nursing and midwifery research 2018 23 (4), 281**

#### **D. Theses Supervision**

**1-Familial characterizes at depressive individual. Fakari  
Hosein,Ghazavi Zahra, Mehrabi Tayebbeh .November 1999 . level :  
Master**

**2- The effect group therapy on depression and anxiety levels of the  
patients with MI.,Sheikholeslami Farzaneh, Mehrabi Tayebbeh ,Ghazavi  
Zahra,Nasiri Mahmood. February 2003 , level : Master**

**3-Nurses`experiences of working in the psychiatric wards.,Fanian  
N asrin, Mehrabi Tayebbeh Ghazavi Zahra , Zargham Ali . September  
2005 , level:Master**

**4- Association between body image satisfaction with depression and  
Body Mass Index in teenagers. Pahlavanzadeh Saeed, Jahangir  
Maghsoudi, Ghazavi Zahra 2003, level:Master**

**5 - The impact of group therapy training on social communications of  
Afghan immigrants,Tayebbeh Musavi, Tayebbeh Mehrabi, Zahra  
Ghazavi, Zahra Zandieh,Ahmadreza Zamani, 2008 level:Maste**

**6 -Effect of communication skill training using group psychoeducation  
method on the stress level of psychiatry ward nurses , Fatemeh  
ohrasbi, Zahra Ghazavi ,Tayebbeh Mehrabi 2010, level:Master**

**7- Reviewing the parental standpoint about origin of the dental fear in children referred to dentistry, Keshani Fateme, Jafarzade Mahdi, Ghazavi Zahra 2010, level:Master**

**8- Effect of hope therapy on the hope of diabetic patients Iranian, Khaledi Firooz, Ghazavi Zahra, Kajbaf Mohammad Bagher 2012 level:Master**

**9- The impact of mental training program on family life quality of patients with chronic mental disorders hospitalized in selected hospitals of Isfahan University of Medical Science in, Dekhoda Fateme, Ghazavi Zahra, Yazdani Mohsen 2013, level:Master**

**10- The relationship between nursing incivility and job satisfaction among nurses in selected hospitals of Isfahan University of Medical Science, Bani adam Mohammad, GHazavi Zahra, Alavi Mousa, 2013 , level:Master**

**11- The effect of cognitive behavioral management program on quality of life of patients with psychosomatic disorders,Esmat Rahimi, Mohsen Yazdani, Zahra Ghazavi 2013, level:Master**

**12-The effect of happiness training program on happiness, stress, anxiety and depression in nurses, Mardany Zahra, Ghazavi Zahra, Pahlavanzade Saeed 2014, level:Master**

**13- The effect of family-oriented communication skills training on depression, anxiety, stress and quality of life for seniors and caregivers,Simin Feshangchi, Zahra Ghazavi, Mousa Alavi, Keshvari 2015, level:Master**

## **7. University Service**

### **a. Teaching:**

**Patient Education to Nursing Students (BSc)**

**Psychiatric Nursing to Nursing Students (BSc)**

**Sochial Psychology to Nursing Students (BSc)**

**Mental Disorders to Nursing Students (BSc)**

**(Person &Family & group) therapy to Nursing Students (MSc)**

**Pediatic Mental Disorders to Nursing Students (MSc)**

**Nursing Concepts & Theories to Nursing Students (MSc)**  
**Geriatric Mental Disorders to Nursing Students (MSc)**