CURRICULUM VITAE

Name: Gholamreza Kheirabadi Title: M.D., Professor of Psychiatry Citizenship: Iran Sex: male Date of birth: 08/13/1967 Work address: Behavioral Sciences Research Center, Department of Psychiatry khorshid Hospital, Ostandari ST, Isfahan, Iran.

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Self-description:

After finishing medical school, I immediately started residency in psychiatry and then graduated as a psychiatrist in 1995 from the Isfahan University of Medical Science, Isfahan, Iran which has always been among the top three medical schools of Iran. From 1995-2002 I was serving as an assistant professor of psychiatry at the Kurdistan University of Medical Sciences. During this time, I was also elected as the dean of medical school and served for 2 years. Then, I was elected as the vice chancellor for education at the Kurdistan University of Medical Sciences and my servings lasted 4 years in this position. Since 2002, I have joined the psychiatry department of Isfahan University of Medical Sciences as a faculty member. Besides treating patients and serving in various administrative positions, I have mentored many medical and PhD students as well as psychiatry residents. I was elected as the research deputy of the department of psychiatry since 2002 and also the chair of the Behavioral Sciences Research Center affiliated with the Isfahan University of Medical Sciences from Oct. 2016 to Aug 2022.

Education:

- **1984-1991:** Doctor of Medicine program at the school of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran.
- **1991-1994:** Residency in Psychiatry at the school of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran.

Work Experience:

Academic:

- 1994- 2002: Assistant professor of psychiatry, Kurdistan University of Medical Sciences, Sanandaj, Iran.
- **2002-2015:** Assistant professor of psychiatry, Isfahan University of Medical Sciences, Isfahan, Iran.
- **2015-2021:** Associate professor of psychiatry, Isfahan University of Medical Sciences, Isfahan, Iran.
- **2021-present**: Professor of psychiatry, Isfahan University of Medical Sciences, Isfahan, Iran.

Administrative:

- 1986-2001: Chair, Psychiatry Department, Kurdistan University of Medical Sciences, Sanandaj, Iran .
- **1986-1988:** Dean of Medical School, Kurdistan University of Medical Sciences, Sanandaj, Iran .

- **1988-2002:** The Vice chancellors for education of Kurdistan University of Medical Sciences, Sanandaj, Iran.
- 2016 -2023: Chair, Behavioral Sciences Research Center, Isfahan University of Medical Sciences, Isfahan, Iran.
- **2002-present:** The Research Deputy of the department of psychiatry of Isfahan University of Medical Sciences.

Educational Services:

- Active and continuous participation in the processes of "theoretical and clinical education" of medical students of professional doctorate and residents of psychiatry since 1994.
- Active and continuous participation in "continuing medical education programs" for general practitioners, psychiatrists and other medical specialties in Kurdistan and 1994-2002.
- Active and continuous participation in "continuing medical education programs" for general practitioners, psychiatrists and other medical specialties in Isfahan provinces since 200-present.
- Active and continuous participation in "public health education programs" through radio, television and virtual space in various fields of mental health since 1994-present

Mentorship Experiences:

A: Mentoring medicine and master of science (MSc) students:

- 1- A survey on the hospitalized patients in the psychiatry department of Tawheed Hospital in Sanandaj in terms of the type of disease and its relationship with age, gender, occupation, education, marital status and season of hospitalization during the years 1994-95.
- 2- A survey on the prevalence of depression and its predisposing factors in students of Kurdistan University of Medical Sciences in 1997.
- 3- A survey on the types of poisoning (intentional-accidental) and its relationship with some individual characteristics of the poisoned patients in patients

referred to Tawheed and Hazrat Rasool (PBUH) hospitals in Sanandaj during the period of 6 months from June to November 1998.

- 4- A survey on the effective factors on the motivation of faculty members of Kurdistan University of Medical Sciences in teaching students in 1998.
- 5- Epidemiological study of depression in Kamiyaran city in 1998.
- 6- The position and importance of community-oriented medical education from the point of view of medical and nursing students of Kurdistan University of Medical Sciences in 2001.
- 7- A survey on the relationship between average lithium level and length of hospitalization in patients with bipolar disorder admitted to Quds Psychiatric Hospital in Sanandaj, in 1999-2001.
- 8- A survey on the amount of study of scientific medical resources by general practitioners in Kurdistan province and related factors in 2001.
- 9- A survey on the quality of life of patients with COPD and comparing it with the control group in 2002.
- 10- Studying the relative frequency of obsessive-compulsive disorder in outpatients aged 18-65 years old, referring to clinics and private dermatology offices in Isfahan city in 2002.
- 11- A survey on the relative frequency of postpartum depression and its relationship with mental health in their husbands and comparing it with the control group, Khomeini Shahr, in 2003.
- 12- A survey on the distribution of various disability among the workers of Isfahan city and comparing its changes in five years from 1982- 2001.
- 13- A survey on the lifestyle in chronic obstructive pulmonary disease (COPD) patients and comparing it with the control group in 2003.
- 14- A comparative study of growth indicators at birth in babies of depressed and non-depressed mothers who referred to the health centers of Najaf Abad Health Center in 2003.
- 15- A comparative study of the prevalence of depression among mothers of children with asthma and allergies, mothers of children with diabetes and control group in Isfahan city, 2004.

- 16- A comparative study of the depression in patients with high blood pressure and the control group, 2004.
- 17- Studying the relative frequency of obsessive-compulsive disorder in eczematous patients and its relationship with the severity and extent of eczema lesions in patients who referred to the dermatology clinic of Shariati Hospital in 2007.
- 18- A comparative study of the frequency of bipolar spectrum disorders in patients with anxiety disorders and the control group in Isfahan city in 2008-2009.
- 19- A comparative study of depression, anxiety, stress and quality of life in non-Iranian and Iranian students of medical, dental and pharmacy schools of Isfahan University of Medical Sciences, 2011-2012.
- 20- Comparison of left ventricular function in heart attack patients with and without type D personality, 2013.
- 21- Empathy of faculty doctors of different specialized fields of Isfahan University of Medical Sciences in dealing with patients, 2015.
- 22- A survey on the impact of a support program based on the psychosocial needs of the family on the care burden of family caregivers of patients with ischemic heart disease hospitalized in the cardiac departments of Shahid Chamran Hospital, Isfahan University of Medical Sciences in 2014.
- 23- A survey on the effect of inhalation aroma therapy with Rosemary and Lavender in the third trimester of pregnancy on the level of postpartum depression in women at risk referring to selected health centers in Yazd in 2014.
- 24- A survey on the effect of vitamin B6 administration in the third trimester of pregnancy on the postpartum depression score of "mothers at risk" of health centers in Isfahan, 2014-2015
- 25- A comparative study of the average score of anxiety and depression in patients with chronic allergic rhinitis with the control group, 2016.
- 26- A comparative study of sleep hygiene knowledge among students of Isfahan University, Isfahan Medical Sciences and Isfahan Industrial University, 2016.

- 27- A comparative study of factors related to attitude and performance toward sleeping among students of Isfahan University of Medical Sciences and Isfahan University of Technology, 2016.
- 28- A survey on some factors related to the stigma of depression in students of Isfahan University of Medical Sciences, Isfahan University and Isfahan University of Arts, 2016.
- 29- Comparison of the expression of Bcl-2 and Bax genes on peripheral blood lymphocytes of patients with depression and healthy people, 2017.
- 30- A survey on the relationship between anxiety and depression with asthma severity in Isfahan asthma sufferers 2015.
- 31- A survey on the effectiveness of mutual behavior analysis intervention on primary maladaptive schemas, interpersonal problems and preparation for treatment of addicts under methadone treatment, 2018.
- 32- Depression literacy among teaching hospital staff of Isfahan University of Medical Sciences, 2018.
- 33- A survey on the relationship between sleep disorder and nutrition pattern during pregnancy with postpartum depression in women referring to health centers in Ardabil city in 2013
- 34- A survey on the relationship between family functioning and stress, anxiety and depression of Isfahan Air Force pilots in 2018-2019.
- 35- A survey on the effect of the educational program of behaviors related to health promotion on successful aging in the elderly referring to the health centers of Isfahan city in 2014
- 36- A survey on the effect of family counseling in order to increase husband's support on the prevention of postpartum depression in high-risk pregnant women in Isfahan-2019
- 37- A survey on the association of personality traits with vascular endothelial function or systemic inflammation? 2019.
- 38- A survey on the relationship between depression and common contraceptive methods in women covered by health centers in Isfahan city in 2019

B: Mentoring psychiatry residents & Ph.D. students:

- Effectiveness of a short educational-psychological intervention (selfmanagement training and behavior modification) in improving the quality of life of patients with chronic obstructive pulmonary disease (COPD), 2007.
- 2- A survey on the relationship between the sexual performance of patients undergoing methadone maintenance treatment with methadone dosage and blood levels of prolactin and testosterone, 2010.
- 3- A comparative study of the effectiveness of Electro-Convulsive Therapy and intravenous ketamine on the control and recurrence of symptoms in patients with depression who are candidates for electroshock therapy, 2011.
- 4- A survey on the relationship between pregnancy depression and childbirth outcomes in pregnant women covered by selected health-therapeutic centers in Isfahan in 2010-2011.
- 5- A survey on the relationship between depression and common methods of pregnancy prevention in women covered by health-therapeutic centers in Isfahan city in 2010.
- 6- A survey on the relationship between personality traits and adherence to treatment in patients with high blood pressure, 2010.
- 7- A survey on the relationship between personality traits, anxiety, depression and stress with self-care status in hemodialysis patients, 2010.
- 8- A survey on the educational needs and approach of general practitioners regarding patients with psychiatric disorders, Isfahan province, 2009-2010.
- 9- A comparative study of the role of training based on needs assessment with Text book based training of families of patients with schizophrenia on disease recurrence, performance and quality of life of the patient and the patient's family, 2011.

- 10- A survey of association between "Endothelial dysfunction and low grad inflammation" with "Anxiety-Depressive symptoms and personality traits" in Iranian national oil company staffs, Isfahan, 2011.
- 11- Determining the factors related to delay in treatment of the patients suffering from depression in Isfahan city, 2012.
- 12- Comparing the effectiveness of adding buprenorphine or placebo in reducing the craving to substance use, in methamphetamine-dependent patients treated with the Matrix program, 2013.
- 13- A survey on the impact of Ovum donation on the mental health of donors who refered to the Fertility and Infertility Center, Isfahan 2013.
- 14- Comparing the effectiveness of adding valproate or placebo in reducing the craving to substance use, in methamphetamine-dependent patients treated with the Matrix program, 2014.
- 15-Design, development and evaluation of an inter-professional guide to care in the stillbirth experience: an exploratory mixed-methods study, 2015.
- 16- A comparative study of the effectiveness of citalopram and metacognitive intervention on the severity of depression in patients with depressive disorder, 2016.
- 17- A survey on the effect of adding pregabalin to the treatment as usual of opioid withdrawal in reducing withdrawal symptoms in dependent patients, 2016.
- 18- A comparative study of the effect of gabapentin and pregabalin in reducing opioid withdrawal symptoms, 2016.
- 19- A comparative study of the antidepressant effect of oral ketamine, injectable ketamine and Electro-Convulsive Therapy (E.C.T) in patients with major depression who are candidates for E.C.T, Isfahan 2016
- 20- Design and evaluation of a mental health promotion program for pregnant women: a multi-method study, 2017.
- 21- design and psychometrics of a predictive tool for postpartum depression: a mixed study, 2017.

- 22- A survey on the effect of the community return program in reducing positive and negative symptoms and improving social skills in people with schizophrenia, 2017.
- 23- Designing and psychometric measurement of nurses' attitudes towards people with self-harm: a mixed study, 2018.
- 24- Efficacy of Add-on Memantine to clonidine on severity of opioid substances (heroin and opium) withdrawal symptoms, 2019
- 25- Comparison of the efficacy of add on therapy with buprenorphine vs. placebo on reduction of relapse in Met Amphetamine dependants on treatment with Matrix program, 2019
- 26- A survey on the effect of adding perphenazine to the matrix treatment program in comparison with placebo on the control of cravings and slippage in methamphetamine users, 2019
- 27- Comparison Between the Effect of 1 & 2 mg/kg per oral Ketamine on Control and Relapse of Depressive Symptoms in Treatment-Resistant Depressed: A Randomized, Triple Blind Clinical Trial (a pilot study), 2019.
- 28- The effect of amantadine on reduction of relapse and craving among people with Met Amphetamine use disorder, 2020
- 29- A comparative study of the mental health status of the staff in Khorshid Hospital (hospitalization site of patients with corona) with Emam hossein Hospital (no hospitalization site of patients with corona) in periods of 3, 6 and 9 months after the outbreak of corona, Isfahan, 2020.
- 30- Efficacy of Add-on Amantadine to clonidine on severity of opioid substances (heroin and opium) withdrawal symptoms, 2020.
- 31- A survey on the effect of memantine on improving hyperalgesia in methadone maintenance patients, 2021
- 32- comparative evaluation of folic acid and vitamin B6 effects in prevention of postpartum depression in mothers at risk of postpartum depression, 2022.
- 33- Investigating the effect of ketamine on the severity of pain in patients with somatic symptoms disorder with pain predominance: a randomized controlled trial, 2024

C: Research projects funded by the university where I was employed:

- A survey on the prevalence of psychiatric disorders in patients with Major Thalassemia in the special diseases department of the Sanandaj, 1997.
- 2- A survey on the attitude of the people of Sanandaj city to mental illnesses, 1998.
- A survey on the mental health of urban people over 15 years of age in Kurdistan province and related factors in 1999.
- 4- A survey on the epidemiology of depression in the third trimester of pregnancy and after delivery in mothers and its relationship with growth indexes at birth and the first year of their children and the quality of care giving of the mothers, Isfahan, 2006.
- 5- A comparative study of the role of education based on needs assessment with text book based education method in the families of patients with schizophrenia on prevention of disease relapse, Isfahan, 2006.
- **6-** A survey on the prevalence of bipolar disorders in rural pregnant mothers of Isfahan province and its relationship with postpartum depression, 2007.
- 7- The effect of community-oriented therapy on increasing the level of hope in the substance user clients who referred community-oriented therapy center in Isfahan city, 2008.
- 8- Evaluating the psychometric properties of the Persian version of Edinburgh postpartum depression scale in Isfahan city, 2009.
- 9- A survey on and comparing the quality of night sleep among type 2 diabetes patients, their non-diabetic first degree relatives and those with glucose tolerance disorder, fasting blood sugar disorder, among those referred to the Endocrine and Metabolism Research Center of Isfahan University of Medical Sciences in 2009.
- **10-** A survey on the psychometric properties of the quality of life questionnaire of patients with irritable bowel syndrome, isfshan, 2009.
- **11-** A survey on the distribution of psychiatric disorders in suicide attempters referred to the poisoning department of Khurshid Hospital, Isfahan, 2010.

- 12- Design, implementation and evaluation of a training workshop on pharmacological and non-pharmacological interventions in psychiatric disorders (with an emphasis on depression) for nurses working in the psychiatric departments of Isfahan University hospitals in 2012.
- 13- A survey on the average score of depression, anxiety and IQ indicators in congenital hypothyroid children under treatment aged 7-11 and comparing with the control group, Isfahan, 2013.
- 14- Validity, reliability and factor analysis of Persian version of quality of life scale for patients with schizophrenia, Isfahan, 2015.
- 15-Psychological factors in the performance of employees of Isfahan University of Medical Sciences, 2016.
- 16- Cornell depression scale psychometrics in people with dementia in Isfahan, 2017.
- 17- Psychometric properties of Persian version of short illness perception questionnaire in chronic diseases, 2018.
- 18- The state of quality of life, anxiety and depression in methamphetamine users and their main caregivers before and after participating in the Matrix training course in a 6-month period, Isfahan, 2018.
- 19- Evaluation of risk factors of general health (Physical, Psychological and Social Function) of Isfahan hospital staff in one year after the outbreak of Covid-19 disease, Isfahan, 2020-2021
- 20- Comparison of the effects of "psychological training based on bioenergy economy" on the severity of symptoms, body awareness and quality of life in patients with moderate depression, 2022

D: Research funds received from other centers (grant):

- Title: Risk and protective factors of relapse (slippage and re-dependence) to drug use among drug addicts undergoing maintenance treatment in Isfahan city: (presenting a future research structural model to improve the effectiveness of maintenance treatments), 2017.
- Employer: Research and training office of the anti-narcotics headquarters
- Place of execution: Isfahan province

- **Approved credit**: 99,000,000 riyals
- Research project contract number: 2066656/38

Publications:

- Aleebrahim F, Heidari Z, Yousefnejad S, Kheirabadi G, Tarrahi MJ. Latent class of depressive symptoms of and its determinants: A cross-sectional study among Iranian University students. Journal of Research in Medical Sciences. 2024 Feb 1;29(1):9.
- Soltani M, Salehi B, Kheirabadi G. Explains the Relationship between Perfectionism and Binge Eating Disorder in Female College Students: The Mediating Role of Cognitive Emotion Regulation. Practice in Clinical Psychology. 2024 Jan 10;12(1):0-.
- KheirAbadi G, Golkar S. High-dose Versus Low-dose Oral Ketamine on Control and Relapse of Treatment-resistant Depression: A Randomized, Double-blinded Clinical Trial. Iranian Journal of Psychiatry and Behavioral Sciences. 2023 Dec 31(In Press).
- 4. Kheirabadi G, Asadi M, Niroumand Sarvandani M, Jamshidi A, Mahdavi F. Risk and protective factors affecting drug craving among patients with substance use disorders undergoing opioid agonists maintenance therapy. Substance Use & Misuse. 2023 Nov 10;58(13):1742-50.
- Bahrami M, Kheirabadi G, Safari A, Maracy MR. Effect of add-on amantadine to clonidine on opioid withdrawal symptoms in opioid-dependent patients detoxified with buprenorphine: a randomized controlled trial. Journal of Substance Use. 2023 Nov 2;28(6):938-44.
- Emami M, Kheirabadi G, Fallahi M. The effect of Lieberman community return program on reducing positive and negative symptoms and improving social skills in patients with schizophrenia. Advanced Biomedical Research. 2023 Jun 1;12(1):146.
- 7. Adib Moghaddam E, Kazemi A, Kheirabadi G. Effect of a follow-up counseling program on mental health of oocyte donors: A randomized field

trial. International Journal of Gynecology & Obstetrics. 2023 Jul;162(1):346-51.

- Shahyad S, Kheirabadi GR, Jahromi GP, Massaly M. Brain-derived neurotrophic factor and high sensitive C-reactive protein in bipolar depression and unipolar depression: the practical usage as a discriminatory tool. Clinical Psychopharmacology and Neuroscience. 2023 Feb 2;21(1):108.
- Kheirabadi G, Sararoudi RB, Talebi S, Khodadadi F. Research Paper Investigating the Role of Illness Perception as a Mediator Between Personality Variables and Quality of Life (QoL) in Patients With Heart Attack, A Crosssectional Study.
- 10. Scharbert J, Reiter T, Sakel S, Ter Horst J, Geukes K, Gosling SD, Harari G, Kroencke L, Matz S, Schoedel R, Shani M. A global experience-sampling method study of well-being during times of crisis: The CoCo project. Social and Personality Psychology Compass. 2023 Oct;17(10):e12813.
- Soltani M, Salehi B, Kheirabadi Gh. [Relationship Between Perfectionism and Binge Eating Disorder in Female College Students: The Mediating Role of Distress Tolerance (Persian)]. Current Psychosomatic Research. 2023; 1(4):432-449. https://doi.org/10.32598/cpr.1.4.103.1
- 12. Sourinejad H, Noroozi M, Taleghani F, Kheirabadi GR. Factors associated with the involvement of women drug users in risky sexual behaviors: A narrative review. Iranian Journal of Nursing and Midwifery Research. 2022 Sep 1;27(5):353-62.
- 13. Mehrabi A, Mohammadkhani P, Dolatshahi B, Pourshahbaz A, Kheirabadi G. Structural relationship of negative affect, dysfunctional attitudes, negative automatic thoughts, and depressive symptoms: mediating role of emotion dysregulation. Research in Cognitive and Behavioral Sciences. 2022 Aug 23;12(1):165-84.
- 14. Nasr VA, Salehi M, Kheirabadi G. The Effect of Perphenazine Add-On Therapy to Matrix Intervention on Control of Craving and Relapse in Methamphetamine Users: A Randomized Controlled Trial. International Journal of High Risk Behaviors and Addiction. 2022 Jun 30;11(2).

- Saeidi Ghahe A, Shahedi B, kheirabadi G, Tarrahi M J. Social Environment Role in the Relationship between the Residential Environment and Depression of Residents (Case Study: Residents of Isfahan City). RBS 2022; 20 (1) :150-159
- 16. Adib Moghaddam E, Kazemi A, Kheirabadi G, Ahmadi SM. Self-image and social-image of the donors: two different views from oocyte donors' eyes. Journal of Health Psychology. 2022 Mar;27(3):548-56.
- Saeri M, Savabi-Esfahani M, Aghaii A, Kheirabadi G. Relationship between Child Development and Maternal Postpartum Depression: A Cross-Sectional Study. Iranian Journal of Neonatology. 2022 Apr 1;13(2).
- 18. Khalili E, Kheirabadi G, Khodadadi F. Effectiveness of transactional analysis intervention on treatment acceptance, primary maladaptive schema, and interpersonal problems in patients under methadone maintenance treatment. Journal of Substance Use. 2022 Jan 2;27(1):86-90.
- Moghaddam EA, Kazemi A, Kheirabadi G, Ahmadi SM. Psychosocial consequences of oocyte donation in donors: A systematic review. European Journal of Obstetrics & Gynecology and Reproductive Biology. 2021 Dec 1;267:28-35.
- **20.** Kazemi A, Ghaedrahmati M, Kheirabadi G. Partner's emotional reaction to pregnancy mediates the relationship between pregnancy planning and prenatal mental health. BMC Pregnancy and Childbirth. 2021 Dec;21:1-8.
- Kheirabadi G, Najafian N, Khodadadi F. The Effect of Adding Memantine to Clonidine in Reducing Withdrawal Symptoms in Opioid-Dependent Patients: A Double-Blind Randomized Controlled Trial. Journal of Clinical Psychopharmacology. 2021 Nov 1;41(6):644-9.
- Ghaedrahmati M, Kazemi A, Kheirabadi G, Bahrami M, Ebrahimi A. Psychometric properties of psychosocial dimensions associated with postpartum depression. Journal of Obstetrics and Gynaecology Research. 2021 Oct;47(10):3532-9.

- 23. Kheirabadi D, Kheirabadi GR, Tarrahi MJ. Depression literacy and the related factors among a group of hospitals' staff in Iran. International Journal of Social Psychiatry. 2021 Jun;67(4):369-75.
- 24. Saeidi Ghahe A, Shahedi B, Kheirabadi GR, Tarrahi MJ. The Rrelationship between Size of Living Space and Depression: Case study of Isfahan residents. Journal of Research in Behavioural Sciences. 2021 Oct 10;19(3):499-507.
- 25. Kheirabadi G, Shirani M, Keshvari M, Sharifirad G, Bahrami M. The effect of training program of health promotion behaviors on geriatric general health components. Journal of education and health promotion. 2021 Jan 1;10(1):482.
- 26. Saeidi Ghahe A, Shahedi B, Kheirabadi GR, Tarrahi MJ. The Rrelationship between Size of Living Space and Depression: Case study of Isfahan residents. Journal of Research in Behavioural Sciences. 2021 Oct 10;19(3):499-507.
- 27. Khodadad M, Bahadoran P, Kheirabadi GR, Sabzghabaee AM. Can vitamin B6 help to prevent postpartum depression? A randomized controlled trial. International Journal of Preventive Medicine. 2021 Jan 1;12(1):136.
- 28. Kheirabadi GR, Bahrami M, Shariat A, Tarrahi M. The Effect of Add-on Buprenorphine to Matrix Program in Reduction of Craving and Relapse Among People With Methamphetamine Use Disorder: A Randomized Controlled Trial. Journal of Clinical Psychopharmacology. 2021 Jan 1;41(1):45-8.
- **29.** Sourinejad H, Noroozi M, Taleghani F, Kheirabadi GR. The process of risky sexual behaviors formation in women drug users: a protocol for a grounded theory study. Reproductive Health. 2020 Dec;17:1-5.
- 30. Alipour Z, Kazemi A, Kheirabadi G, Eslami AA. Marital communication skills training to promote marital satisfaction and psychological health during pregnancy: a couple focused approach. Reproductive health. 2020 Dec;17:1-8.

- **31.** Adib Moghaddam E, Kazemi A, Kheirabadi G, Ahmadi SM. A mental health intervention program for the oocyte donors: protocol for a mixed methods study. Reproductive Health. 2020 Dec;17:1-5.
- 32. Kheirabadi D, Kheirabadi GR, Mirlohi Z, Tarrahi MJ, Norbaksh A. Comparison of rapid antidepressant and antisuicidal effects of intramuscular ketamine, oral ketamine, and electroconvulsive therapy in patients with major depressive disorder: a pilot study. Journal of clinical psychopharmacology. 2020 Nov 1;40(6):588-93.
- Saeidi Ghahe A, Kheirabadi GR, Tarrahi MJ. Relationship between Residential Environment Characteristics and Residents Depression: a review article. Journal of Research in Behavioural Sciences. 2020 Jul 10;18(2):271-87.
- 34. Mahdavy M, Kheirabadi G. The prevalence of Postpartum Depression and its related factors among women in Natanz City in 2018 (Iran). Qom University of Medical Sciences Journal. 2020 May 10;14(2):78-85.
- 35. Hashemi M, Sakhi N, Ghazavi H, Bolourinejad P, Kheirabadi G. Effects of aesthetic rhinoplasty on quality of life, anxiety/depression, and self-esteem of the patients. European Journal of Plastic Surgery. 2020 Apr;43:153-8.
- 36. Iranpour S, Kheirabadi GR, Mansouri K, Adineh HA, Maracy MR. Association between caffeine intake and sleep quality in the postpartum period: a population-based study. Journal of Caffeine and Adenosine Research. 2020 Mar 1;10(1):33-9.
- 37. Nekouei M, Firoozfar A, Kheirabadi D, Mahdavi SB, Talebi A, Danesh M, Yahay M, Rahimi M, Golshani L, Kheirabadi GR, Hashemipour M. Intelligence quotient, anxiety, and depression in congenital hypothyroid children at school age. International Journal of Preventive Medicine. 2020 Jan 1;11(1):197.
- 38. Kheirabadi G, Akashe Z, Maracy MR, Bagherian-Sararoudi R. The relationship between personality traits and adherence among patients with hypertension. International Archives of Health Sciences. 2020 Jan 1;7(1):43-6.

- **39.** Kheirabadi GR, Yousefian Z, Zargar F, Bahrami M, Maracy MR. Citalopram and metacognitive therapy for depressive symptoms and cognitive emotion regulation in patients with major depressive disorder: A randomized controlled trial. Journal of education and health promotion. 2020 Jan 1;9.
- Ghaedi Heidari F, Bahrami M, Kheirabadi G, Maghsoudi J. Factors Associated with Non-Suicidal Self-injury (NSSI) in Iran: A narrative systematic review. International Journal of Pediatrics-Mashhad. 2020;8(1):10785-+.
- Kheirabadi GR, Moazeni S, Salehi M, Mahaki B. Pregabalin does not reduce opioid withdrawal symptoms: a randomized controlled trial. Addictive Disorders & Their Treatment. 2019 Dec 1;18(4):205-11.
- Bagherian R, Kheirabadi GR, Maracy MR, Ghaneeian S. The relationship between psychological factors (personality traits, anxiety, depression and stress) and the self-care of hemodialysis patient. Health Psychology. 2019 Aug 23;8(30):145-56.
- 43. Alipour Z, Kazemi A, Kheirabadi G, Eslami AA. Relationship between marital quality, social support and mental health during pregnancy. Community mental health journal. 2019 Aug 1;55:1064-70.
- **44.** Bagherian-Sararoudi R, Kheirabadi G, Mohammad MM, Feizi A, Saneai H. A comparative study of left ventricular function of people with and without D-type personality hospitalized for first-time myocardial infarction. International Archives of Health Sciences. 2019 Jul 1;6(3):115-20.
- 45. Shirani M, Kheirabadi G, Sharifirad G, Keshvari M. The effect of education program on health promotion behavior on successful aging. Iranian Journal of Nursing and Midwifery Research. 2019 May 1;24(3):234-8.
- 46. Masaeli N, Bagherian R, Kheirabadi G, Khedri A, Mahaki B. Psychometric properties of the Persian version of the brief illness perception questionnaire in chronic diseases. Journal of Research in Rehabilitation Sciences. 2019 Feb 1;14(6):332-7.
- **47.** Kheirabadi GR, Rouhi-Borojeni H, Tarrahi MJ, Rouhi P, Sheikhani T, Sheikhani G. The relationship between the severity of asthma and the severity

of symptoms of anxiety and depression: A cross-sectional study. Journal of Isfahan Medical School. 2019;37(524):404-11.

- 48. Kheirabadi GR, Tarrahi MJ, Nikafkar M, Oreizi N, Sheikhani T, Sheikhani G. Evaluation and comparison of knowledge, attitude, and practice of sleep hygiene in students of different universities of isfahan city, Iran. Journal of Isfahan Medical School. 2019;37(519):228-36.
- 49. Amidfar M, Karami Z, Kheirabadi GR, Afshar H, Esmaeili A. Expression of Bcl-2 and Bax genes in peripheral blood lymphocytes of depressed and nondepressed individuals. Journal of Research in Medical Sciences. 2019 Jan 1;24(1):41.
- 50. Kheirabadi G, Vafaie M, Kheirabadi D, Mirlouhi Z, Hajiannasab R. Comparative effect of intravenous ketamine and electroconvulsive therapy in major depression: a randomized controlled trial. Advanced Biomedical Research. 2019 Jan 1;8(1):25.
- 51. Heidari FG, Maghsoudi J, Bahrami M, Kheirabadi G. Nurses' attitudes and beliefs about the provocative psychological factors for self-injury: A descriptive qualitative study. International Journal of Pediatrics-Mashhad. 2019;7(2):8941-50.
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Presentations:

| 1998 | Participation and lecture presentation in third national congress in |
|------|--|
| | medical education. Tehran, Iran |
| | Lecture title: Evaluation methods in medical education |
| 2002 | Participation and lecture presentation in local congress of Improving |
| | drugs and Para clinic prescription, Sanadaj, Iran. |
| | Lecture title: prescription of antidepressant drugs |
| 2005 | Participation and lecture presentation in 3 th local congress of |
| | psychopharmacology: |
| | Isfahan University of Medical Sciences, Isfahan, Iran. |
| | Lecture title: Duration of hospitalization and serum lithium level in |
| | bipolar disorder |
| 2005 | Participation and poster presentation in 2 nd International Congress on |
| | Brain & Behavior |
| | Thessaloniki, Greece17-20 November 2005 |
| | Comparative study of birth growth indexes in depressed and non- |

depressed mother's newborns Authors:Gholamreza Kheirabadi Citation:*Annals of General Psychiatry* 2006 5(Suppl 1):S202 Published on: 28 February 2006 This article is part of a Supplement: Volume 5 Supplement 1

- 2006 Participation and lecture presentation in local congress of mental disorders in pregnancy and postpartum period, Isfahan,Iran
 Lecture title: Mental disorders in perinatal period
- 2007 Participation and poster presentation in world psychiatric association
 WPA Regional Meeting 2007. Seoul, Korea
 Poster title:1- Lithium Ratio in Bipolar Patients In Isfahan, Iran
 2- Comparison of the Quality of Life in Patients with Chronic obstructive Pulmonary Disease and Control Group
- 2008 **Participation and lecture presentation in 4th local congress of psychopharmacology:** Isfahan University of Medical Sciences, Isfahan, Iran.

Lecture title: Efficacy of Gabapentin in opium withdrawal.

- Participation and poster presentation in International Conference on Health and Changing World. BangkokThailand
 Poster title: The Dual factor structure of the Mood Disorder Questionnaire in rural Iranian Pregnant Women
- 2010 Participation and poster presentation in 13th European symposium on suicide and suicide Behavior. Rome, Italy
 Poster title: Mental disorder in suicide attempter in referred to poisoning emergency of Noor hospital, Isfahan, Iran, 2008.

- 2011 Participation and lecture presentation in 4th international congress of psychopharmacology. Turky-Antalya
 Lecture title: Gabapentin in the treatment of opioid withdrawal
- 2012 Participation and lecture presentation in 27th annual congress of Iranian psychiatric association, Tehran, Iran.
 Lecture title: A problem case" noncompliance in chronic medical diseases"
- 2014 Participation and lecture presentation in The first international Nursing & Midwifery Congress, Isfahan, Iran.
 Lecture title: Postpartum depression and its relationship to Child caring behavior of mothers and developmental milestones of children
- 2015 Participation and lecture presentation in 28th annual congress of
 Iranian psychiatric association, Tehran, Iran.
 Lecture title: Quality of life of schizophrenic patients in Isfahan
- 2018-1 **Presenting in the workshop entitled** "Prevention of self-harming behaviors" **in Isfahan University of Medical Sciences, Isfahan, Iran.**
- 2018-2 Presenting a comprehensive lecture entitled "Mental Health in Women" at the "Congress on Promoting Women's Mental Health" at Isfahan University of Medical Sciences, Isfahan, Iran.

Honors and distinctions:

- Ranked as the top researcher of the Kurdistan and Isfahan University of Medical Sciences in 2 times since 1995.
- Ranked as the top teacher of the Kurdistan and Isfahan University of Medical Sciences in 3 times since 1995.
- Certificate of Appreciation from the Senior Manager Anti-Narcotics Headquarters

Isfahan province for research activities in this field (2018)

Memberships:

- The Islamic Republic of Iran Medical Council (IRIMC)
- Iranian Psychiatric Association (IPA)
- Iranian Medical Education Association (IMEA)
- European Psychiatric Association

Workshops and Courses:

- 1997-1 Participation in a 3-day workshop entitled" Revising of Iranian Mental Health Program in Primary Health Care"
 Kermanshah University of Medical Sciences.
- 1997-2 Participation in a 2-day workshop entitled" Iranian Mental Health Program"
 Khorasan University of Medical Sciences, Mashhad, Iran.
- 2000 Participation in a 2-day workshop entitled'' Clinical Education Lesson
 Planning"
 Kurdistan University of Medical Sciences, Sanandaj, Iran
- 2002-1 Participation in a one-day workshop entitled" How to collect information from English medical texts"
 Kurdistan University of Medical Sciences, Sanandaj, Iran.
- 2002-2 Participation in a one-day workshop entitled'' How to write a scientific article in English"
 Kurdistan University of Medical Sciences, Sanandaj, Iran.

- 2002-4 **Participation in a one-day workshop entitled**"How to write C.V, letters and recommendations in English" Kurdistan University of Medical Sciences, Sanandaj, Iran.
- 2005 **Participation in a 3-day Workshop entitled**" research methodology" Institute of Cognitive Sciences Study, Tehran University of Medical Sciences. Teharan, Iran.
- 2006-1 **Participation in a 3-day Workshop entitled**" SPSS" Isfahan University of Medical Sciences, Isfahan, Iran.
- 2006-2 **Participation in a 3-day Workshop entitled**" WORD" Isfahan University of Medical Sciences, Isfahan, Iran.
- 2007 (March19- April 4): A short course on" Public Health and
 Medicine a Project for Iranian Medial Professionals", Washington D.C
 (Professional Exchange & Community Outreach).
- 2007 **Participation in a 3-day Workshop entitled**" POWER POINT" Isfahan University of Medical Sciences, Isfahan, Iran.
- 2009-1 **Participation in a 3-day Workshop entitled**" Reference Manager" Isfahan University of Medical Sciences, Isfahan, Iran.
- 2009-2 Participation in a one- day Workshop entitled" Review Article Writing" Isfahan University of Medical Sciences, Isfahan, Iran.
 Participation in a 2 -day Workshop entitled" Manuscript Editing and Research Publication "
- 2011 Isfahan University of Medical Sciences, Isfahan, Iran
- 2012 **Participation in a 2- day Workshop entitled**" Knowledge Transfer and Exchange "Isfahan University of Medical Sciences, Isfahan, Iran

- 2014 **Participation in a 4 -day Workshop entitled**" DAAD Psycho-Oncology" Isfahan University of Medical Sciences, Isfahan, Iran
- 2015-1 **Participation in a 2- day Workshop entitled**" Trans-cranial Electrical Stimulation for Psychiatric and Neurologic Disorders". Isfahan, Iran.
- 2015-2 **Participation in a 3- day Workshop entitled'' Endnote''** Isfahan University of Medical Sciences, Isfahan, Iran.
- 2017 Participation in a 3- day Workshop entitled'' Cochrane SystematicReview'' Isfahan University of Medical Sciences, Isfahan, Iran.
- 2018 Scientific Committee Member and Participation in "4th international congress on Psychosomatic Medicine". Isfahan University of Medical Sciences, Isfahan, Iran.
- 2019 **Participation in a 1-day Workshop entitled**" Evidence-Based Medicine Reference Manager". Isfahan University of Medical Sciences, Isfahan, Iran.
- 2021 **Participation in a 1- day Workshop entitled**" question design training workshop". Isfahan University of Medical Sciences, Isfahan, Iran.
- 2021 Participation in a 1- day Workshop entitled" workshop on ethics in biomedical research ". Isfahan University of Medical Sciences, Isfahan, Iran.
- 2021 Participation in a 1- day Workshop entitled" Data mining training workshop as an approach to extract hidden patterns in medical data ".
 Isfahan University of Medical Sciences, Isfahan, Iran.
- **2021 Participation in a 1- day Workshop entitled**" Curriculum management workshop ". Isfahan University of Medical Sciences, Isfahan, Iran.