



**Isfahan University of Medical
Sciences**
Curriculum Vitae (CV)

Parastoo Golshiri

INFORMATION:

- **Name:** Parastoo Golshiri MD - MPH
- **Gender:** female
- **Citizenship:** Iran
- **Address:** Community Medicine and Family Physician Department, School of Medicine , Isfahan University of Medical Sciences, Isfahan, Iran
- **Tel:** +98 3136693985
- **Cell:** +98 9131697407
- **Email:** golshiri@hlth.mui.ac.ir, pgolshiri@yahoo.com



EDUCATION and QUALIFICATION:

- **2001–2004:** Medical specialty (residency) in Community Medicine (Board Certification), Isfahan University of Medical Sciences, Isfahan, Iran (Obtaining the first rank of specialized certificate)
- **2001-2002 :** Master of Public Health (MPH)
- **1990–1997:** General Practitioner (MD)



EMPLOYMENT HISTORY:

- **1998 - 2000:** work as a GP
- **2001 - 2004 :** Resident in Community Medicine
- **2005 - 2007:** Assistant Professor, Department of Health Education and Health Promotion, School of health, Isfahan University of Medical Sciences
- **2008 - 2016:** Assistant Professor, Department of Community Medicine and Family Physician, School of Medicine, Isfahan University of Medical Sciences

- **2016 - 2023 (Nov.):** Associate Professor, Department of Community Medicine and Family Physician, School of Medicine, Isfahan University of Medical Sciences
- **2023 (Dec.) - present:** Professor, Department of Community Medicine and Family Physician, School of Medicine, Isfahan University of Medical Sciences
- **2010 - 2014:** Head of Department of Family Medicine, School of Medicine
- **2015 - 2021:** Working as Research consultant in Research Consulting Center at School of Medicine
- **2016 - present:** Director of Community Medicine internship of medical students
- **2018 - present:** Deputy of the Community Medicine and Family Physician Department
- **2020 - present:** : Deputy of the International Affair of Isfahan University of Medical Sciences



CURRENT STATUS

- Professor, Department of Community Medicine and Family Physician, School of Medicine , Isfahan University of Medical Sciences
- Deputy of the International Affair of Isfahan University of Medical Sciences



RESEARCH INTEREST:

- Mental Health
- Mindfulness
- Empathy and body compassion
- Community based intervention in primordial and primary prevention of breast cancer
- Self care and self efficacy in mental health care
- Consciousness and health
- Body mind relationship



CLINICAL EXPERIENCE :

- Working as a GP from 1998 till 2000
- Working as a community medicine specialist in Alzahra Specialized Hospital from 2004 till 2005
- **Established and worked in the Lifestyle Modification and Health Promotion Clinic at Ibn Sina Health Centre in Isfahan city since 2017.**

In this clinic, patients with uncontrolled diabetes, uncontrolled blood pressure and obesity are accepted and helped to change their lifestyle by using motivational interviewing and behavior change models and techniques, including Stage of Change and Transtheoretical Model (TTM Model). A personalized plan is developed for each patient and a special follow-up program is considered to obtain information about the patient's condition at regular intervals and to encourage them to take the planned action. In this clinic, patients are screened according to the guidelines of the United States Preventive Task Force and referred to other doctors if necessary. Mental health screening, empowerment and self-efficacy programs are also conducted in this clinic.



TEACHING EXPERIENCE:

Teaching many courses from 2005 till now for students in different levels like Bsc , Msc , PHD, MPH , MBBS, Medical students and specialized Residents

Titles of some courses:

- Principle of Health services
- Common Diseases in Children
- Communication Skills (basic and advanced)
- Mental Health Care Services
- Evaluation and Monitoring in Health Programs
- Principle of Disease Prevention
- Health education models
- Health promotion models
- Educational Need Assessment
- Prevention of chronic Disease (cancer, cardiovascular disease, diabetes, psychological disorder)
- National Disease Control Programs
- Epidemiology of non communicable diseases
- Life style modification



HONORS & AWARDS:

- Top medical student graduated from School of Medicine, 1997
- Best student in the Master of Public Health (MPH) for the academic year 2001-2
- Achieving top rank of medical specialist certificate in Community Medicine Specialty, 2003
- Nominated as the "World's Leading Scientist " in 2004 by General Manager of IBC Cambridge , England
- Nominated as the "World's Leading Scientist " in 2005 by General Manager of IBC Cambridge , England
- Achieving top rank in Shahid Motahari Education Festival in 2008
- Achieving top rank in Shahid Motahari Education Festival in 2019
- Appreciated for launching a Campaign for medical students called "**Make Your Own Effect** "
- Elected as "Distinguished Professor" in 2021



PARTICIPATING IN SHORT COURSES & WORKSHOPS:

- 2024 AI in medicine
- 2023 Diabetic care
- 2022 Establishing a global startup in health
- 2021 EQ and creativity in education for medical students
- 2021 Art in education for medical students
- 2020 How to design virtual education
- 2019 Critical thinking
- 2019 Ethics and professionalism in medical sciences
- 2019 RCT-GCP workshop
- 2019 Feedback to students
- 2018 Psychosomatic course
- 2017 Effective communication for medical students
- 2017 Medical ethics
- 2015 Summer course quantum physics, Freiburg University (Germany)
- 2012 Advanced article writing
- 2012 Systematic review
- 2012 Patient Education
- 2012 Communication skills to counsel medical student
- 2011 Critical Appraisal Research



HOLDING WORKSHOP

- 2024 Diplomatic etiquette for the professors
- 2023 advanced communication skills for professors
- 2023 Diplomatic etiquette for the personnel of the international department of the university
- 2022 communication skills for PhD students
- 2022 empathy and body compassion for professors and university staff
- 2021 anger management for professors and university staff
- 2021 motivational interview for professors and residents
- 2021 stress management during Covid pandemic for medical students
- 2020 stress management for medical students
- 2020 communication skills for professors of medical school
- 2020 How to manage meetings for Health Center Experts
- 2019 , 2020, 2021 communication skills for medical residents
- 2019 stress management for senior managers of the oil industry
- 2019 life style modification for senior managers of the oil industry
- 2019 communication skills for Pre-Hospital Emergency Personnel
- 2019 stress management for Pre-Hospital Emergency Personnel
- 2019 mental health care and health promotion for female personnel of the faculty
- 2019 women empowerment for faculty member
- 2019 communication skills for residents
- 2018 communication skills for nurses of Amin General Hospital
- 2018 Transactional Analysis for nurses
- 2018 communication skills for residents
- 2018 Transactional Analysis for residents
- 2017 CIPP Evaluation Model for Faculty managers



Media program:

- TV program : elderly and its difficulties : how to face it (August 2020)
- TV program : Population aging and related problems (2019)
- Radio program : prevention of Covid-19 in children (August 2020)
- Radio program : prevention of Covid-19 in work place (July 2020)
- Radio program : mental health in elderly: problems and approaches (Sep 2020)



SOCIAL ACTIVITIES:

- Education in various health areas, including cancer prevention, especially breast cancer, and mental health (including stress management) for women referred to health centers.
- Women's empowerment training in Cultural Centers in Isfahan city.
- Creation and management of the "**Make Your Own Effect** " **Campaign** since 2017
- As part of this campaign, medical students have carried out more than hundreds of projects in rural and urban areas of Isfahan Province and have achieved a great deal. These include launching various campaigns to raise awareness among people of different age groups about Alzheimer's disease, blood pressure, diabetes, colon cancer screening and depression. This program is also used repeatedly in schools to raise awareness among students in various fields.
- This campaign is recognized by the officials of the Ministry of Health as one of the best skills and best practices for medical students of Isfahan University of Medical Sciences.



MEMBERSHIP:

- ASCO (American Society for Clinical Oncology) (1998-2004)
- ESMO (European Society for Medical Oncology) (1998-2005)
- EACR (European Association for Cancer Research) (1999-2005)



MEMBERSHIP IN COMMITTEES:

- Committee in the Health Care System Vice Chancellor for Research of the Isfahan University of Medical Sciences (2005-2010)
- Research Committee of Community Medicine and Family Physician Department in Isfahan University of Medical Sciences (2007 till now)
- The Community Responsible Education Committee of the Vice Chancellor of Education in Isfahan University of Medical Sciences (2010-2015)
- Commission on Special Student Cases of the Vice Chancellor of Education in Isfahan University of Medical Sciences (2015-2019)
- Research Council of the Institute for Primary Prevention of Non-Communicable Diseases, Isfahan University of Medical Sciences (2015 till now)



Critical appraisal:

A member of editorial Board of Journal of Arya Atherosclerosis

Critical appraisal of many manuscripts for journals (American Journal of Public Health , Tehran University Medical Journal , Journal of Isfahan Medical School, Journal of Health Education and Promotion, Journal of Research in Medical Sciences , Advanced Biomedical Research, International Journal of Preventive Medicine)



CONFERENCES (oral and poster presentation):

- Investigating the Attitudes of Specialist Residents on the Patient Rights Charter: A Cross-sectional Study, National Conference on Medical Ethics, Dec 15, 2020
- Investigating the association of some risk factors with type 1 diabetes: a case-control study, International Conference on Endocrinology and Metabolism, Oct 31, 2019
- The Impact of Women's Communication Skills on Domestic Violence , National Conference on Promoting Women's Health, Nov 26,2019
- The Impact of Anger Management Skills Training Program on Women Exposed to Domestic Violence: An Intervention Study, International Conference on Promoting Women's Health, Nov 27, 2019
- The Role of Depression, Anxiety, and Stress in Medication Adherence in Patients with hypertension, International Conference on Psychosomatic , Oct 26 , 2017
- The Role of Depression, Anxiety, and Stress in Medication Adherence in Patients with Hypertension, International Conference on Psychosomatic , Oct 27 , 2017
- Case–control study of risk factors for suicide attempts in Isfahan , International Health Education and Health Promotion, Aug 23, 2017
- Evaluating the Effect of Lifestyle Education Based on Health Belief Model for Mothers of Obese and Overweight School-age Children on Obesity-Related Behaviors, International Health Education and Health Promotion, Aug 24, 2017
- Evaluation of the quality of provided services at the Research consulting center, The Tenth shahid Motahari Educational Festival, May 10, 2017 Isfahan, Iran

- Design, implementation and evaluation of safety education program in the laboratory, The Tenth shahid Motahari Educational Festival, May 10, 2017 Isfahan, Iran
- Design, commissioning and evaluation of the internship course in the field of laboratory sciences students at the practical skills lab, The Tenth shahid Motahari Educational Festival, May 10, 2017 Isfahan, Iran
- The study of relationship between Emotional Intelligence and Mental Health in Adolescents, The National Conference of Education and Health Services to the individual, family and community, 2016 Isfahan, Iran
- What is Spiritual Therapy? ; The Third National Conference on Prevention and Treatment complementary medicine, November 19-21, 2014 Isfahan, Iran
- Is there a relationship between family functioning and women's health care? ; The National Congress of Women Health: February 19-21, 2013 Isfahan, Iran
- The effect of education plan based on Health Belief Model on health and nutritional behaviors associated with gastric cancer in housewives: The first National Conference on community-based care in chronic diseases: December 14-16 2011 Isfahan, Iran
- The survey impact of education based on BASNEF model on knowledge, attitude and behavior of pregnant women about breastfeeding, Arak-Iran: The 1st global congress for consensus in pediatric & child health February 17-20 2011 Paris, France
- Job stress and its relationship with the IgA of saliva secretion: The fifth National Congress of Occupational Medicine and Occupational diseases October 29-30, 2011, Tehran, Iran
- The Educational system reform of Medical Sciences University base on reduce individual competition and increase collective participation: The first National Conference on Critical Thinking and health system February 22-24, 2011 Isfahan, Iran
- The evaluation of mother's participation project in improvement of nutrition and growth promotion of children by the CIPP model after 2 years: The First International & 4th National Congress on Health Education & Promotion May 16-19, 2011 Tabriz, Iran
- Epidemiological study of religion and spirituality on health: The second National Congress of the care and treatment of patients with alternative medicine, October 20-22, 2010 Isfahan, Iran
- Salivary IgA as a Biomarker Related to Job Stress Among Shift Work Nurses: The 8th international Scientific Conference - Health, Work and Social Responsibility, September 28-October 20, 2010 Roma, Italy
- Interpersonal Differences in Chrono type Among Shift Workers: The 8th international Scientific Conference- Health, Work and Social Responsibility, September 28 - October 20, 2010 Roma, Italy
- Individual differences and serum Cortisol changes in shift worker: Prevention of Occupational Accident in a Changing Work Environment, 30 sep-3oct 2008 Crete, Greece
- The Evaluation of "Mothers participation project" in growth promotion and nutrition improvement of children in the Azadegan Shahid Beheshti Medical Health Center and its Comparison with Dastgerd

- Medical Health Center: The first National Seminar of justice in health system, March 11-12, 2008, Isfahan, Iran
- Relation between physical activity and colorectal cancer: A Population –based case control study: The 8Th congress of gastroenterology and liver, November 25-26, 2007 Isfahan, Iran
- Assessment of an ant vibration handle on a manual grinder and distribution of neurovascular disorder: ELINYAE & ISSA Health Services Sections, June 4-6, 2007 Athens, Greece
- Study of nutritional status and cardiovascular risk factors in workers of oil pipelines in Isfahan: The 9th Iranian Nutrition Congress, September 4 -7, 2005 Tabriz, Iran
- Women's participation, an approach for the promotion of family health: National Conference on the status of women in health system, November 23 -24, 2005 Tehran, Iran
- Offering a model to optimize hospital emergency department based on the latest version of evaluation model of CIPP: The 6th International Conference of Quality Managers, July17 -20, 2005 Tehran, Iran
- The role of teamwork in the development of individual capabilities and quality improvement processes: The 6th International Conference of Quality Managers, July 17 -20, 2005 Tehran, Iran

PUBLICATIONS:

ARTICLES:

- Golshiri P, Farajzadegan Z, Mirzaean M, Motamedi N. The Relationship Between Movie Violence and Violent Behavior in Adolescents: A Cross-Sectional Population-Based Study in Isfahan, Iran. *Iranian Journal of Psychiatry and Behavioral Sciences*. 2023 Sep 30;17(3).
- Golshiri P, Mostofi A, Rouzbahani S. The effect of problem-solving and assertiveness training on self-esteem and mental health of female adolescents: a randomized clinical trial. *BMC psychology*. 2023 Dec;11(1):1-8.
- Golshiri P, Mohaghegh N, Shamsaee S, Boroumandfar Z. Using education based on the health belief model to modifications in performance of behaviors related to sexually transmitted infections in vulnerable women. *Journal of Education and Health Promotion*. 2023;12.
- Samouei R, Nazari-Kamal M, Golshiri P, Samouei S. Strategies to increase social capital and interaction of faculty members of medical Universities. *Journal of Education and Health Promotion*. 2022 Jan 1;11(1):300.
- Masoumi G, Mansouri M, Shahbazi M, Golshiri P, Mohammadi K, Rahimirigi N. Clinical characteristics and cardiovascular risk factors associated with clinical outcome in hospitalized patients with COVID-19. *J Prev Epidemiol*. 2022;7.
- Faridizad R, Alavi A, Golshiri P, Alavi Shoushtari SM, Lall MD, Neshat S. Factors Associated with Anogenital Warts and Gonorrhoea Infection: A Cross-Sectional Study. *Journal of Health Sciences & Surveillance System*. 2022 Jan 1;10(1):113-8.
- Golshiri P, Najimi A, Jafari N. The Relationship between Pender's Health Promotion Model Constructs and Applying Nutritional Supplements in Patients with Hypertension. *J Isfahan Med Sch* 2021; 38(597): 798-803.(persian)

- Bemanalizadeh M, Farajzadegan Z, Golshiri P. Estimation of cardiovascular disease risk factors in the undefined participants of campaign in isfahan in 2017. *International Journal of Preventive Medicine*. 2021 Jan 1;12(1):47.
- Soltaninejad F, Beigi G, Golshiri P, Eizadi-Mood N. Clinico-epidemiological Analysis of Adult Patients With Acute Poisoning. *International Journal of Medical Toxicology and Forensic Medicine*. 2021;11(3):33533.
- Pourabdian S, Lotfi S, Yazdanirad S, Golshiri P, Hassanzadeh A. An evaluation of the relationship between mental disorders and driving accidents among truck drivers. *International Journal of Preventive Medicine*. 2021 Jan 1;12(1):74.
- Pirzadeh A, Ansari S, Golshiri P. The effects of educational intervention on breast self-examination and mammography behavior: Application of an integrated model. *Journal of Education and Health Promotion*. 2021 Jan 1;10(1):196.
- Mahmoudian A, Golshiri P, Rejali M. Effect of Education Based on Health Belief Model on Self-care Behavior and Metabolic Indices in Patients with Type 2 Diabetes: A Clinical Research Trial. *Journal of Mazandaran University of Medical Sciences*. 2021; Nov 10;31(202):71-9.
- Pourabdian S, Lotfi S, Yazdanirad S, Golshiri P, Hassanzadeh A. Evaluation of the effect of fatigue on the coping behavior of international truck drivers. *BMC psychology*. 2020 Dec;8(1):1-0.
- Nourian M, Askari G, Golshiri P, Miraghajani M, Shokri S, Arab A. Effect of lifestyle modification education based on health belief model in overweight/obese patients with non-alcoholic fatty liver disease: A parallel randomized controlled clinical trial. *Clinical Nutrition ESPEN*. 2020 Apr 24.
- Pourabdian S, Golshiri P, Janghorbani M. Overweight, underweight, and obesity among male long-distance professional drivers in Iran. *Journal of Occupational Health*. 2020;62(1):e12114.
- Tavakoli P, Peikari HR, Golshiri P. The mediating role of workplace deviant behavior among nurses in the relationship between organizational justice and privacy protection. *Quarterly Journal of Nursing Management*. 2020 Jun 10;9(2):0-(persian)
- Khadivi R, Golshiri P, Sadeghi Z. The seizure recurrence rate in epileptic patients following universal health coverage. *Social Determinants of Health*.;5(4):252-8. (persian)
- Golshiri P, Farajzadegan Z, NikKhah R, Motamedi N. Relationship between Parental Education and Violent Behaviors in Adolescent Students. *Journal of Mazandaran University of Medical Sciences*. 2020 Apr 10;30(183):22-31. (persian)
- Yousefi H, Ziaee ES, Golshiri P. The role of nursing consultant in Iran: A qualitative study. *Iranian journal of nursing and midwifery research*. 2019 Sep;24(5):387.
- Yousefi H, Ziaee ES, Golshiri P. Nurses' consultative role to health promotion in patients with chronic diseases. *Journal of Education and Health Promotion*. 2019;8.
- Ehsani Farid E, Peikari HR, Golshiri P. Correlation of Professional Identity Dimensions with Role Stress in Nurses. *Journal of Health Promotion Management*. 2019 Oct 10;8(5):1-8. (persian)

- Pourabdian S, Yazdanirad S, Lotfi S, Golshiri P, Mahaki B. Prevalence hearing loss of truck and bus drivers in a cross-sectional study of 65533 subjects. *Environmental Health and Preventive Medicine*. 2019 Dec;24(1):1-5.
- Naderi-Lordejani M, Golshiri P, Nobakht R. Is There any Relationship between Self-Esteem and Mental Health Status in Teenagers? *J Isfahan Med Sch* 2019; 37(517): 161-8.
- Mahmoudian SA, Golshiri P, Javanmard SM, Geramian N, Akhavan-Taheri S. The Effect of Anger Management Skills Training Program on Women Exposed to Domestic Violence: An Interventional Study. *J Isfahan Med Sch* 2019; 37(516): 119-24.
- Golshiri P, Farajzadegan Z, Tavakoli A, Heidari K. Youth Violence and Related Risk Factors: A Cross-sectional Study in 2800 Adolescents. *Advanced Biomedical Research*. 2018;7.
- Najimi A, Mostafavi F, Sharifirad G, Golshiri P. Barriers to medication adherence in patients with hypertension: A qualitative study. *Journal of education and health promotion*. 2018;7.
- Hashemian SS, Golshiri P, Najimi A, Goudarzi AM. The relationship between Life skills, psychosocial abilities and depression in teenagers. *Journal of Nursing Education*. 2018 Mar 10;6(6):41-7. (persian)
- Golshiri P, Akbari M, Zarei A. Case-control study of risk factors for suicide attempts in Isfahan, Iran. *International journal of social psychiatry*. 2017;63(2):109-14.
- Arab A, Askari G, Golshiri P, Feizi A, Hekmatnia A, Iraj B, et al. The Effect of a Lifestyle Modification Education on Adiposity Measures in Overweight and Obese Nonalcoholic Fatty Liver Disease Patients. *International journal of preventive medicine*. 2017(1): Int J Prev Med 2017, 8: 10
- Abdeyazdan Z, Moshgdar H, Golshiri P. Evaluating the effect of lifestyle education based on health belief model for mothers of obese and overweight school-age children on obesity-related behaviors. *Iranian journal of nursing and midwifery research*. 2017;22(3):248.
- Parastoo Golshiri, Ahmad Reza Zamani, Mohammad Shirani Bidabadi. The Relationship of Emotional Intelligence with Mental Health in Adolescents, *Journal Of Isfahan Medical School*, 2017; 34(409), 1423-1429
- Ansari H, Golshiri P, Mostajaboldavati SR. The Effect of Women's Communication Skills on Domestic Violence. *J Isfahan Med Sch* 2017; 35(444): 1080-7.
- Reza Khadivi, Parastoo Golshiri, Zeynab Mohammadiani, Nahid Geramian, The Rate of Mental Disorders Case Finding after Implementing the Family Physician Program in Rural Areas of Isfahan Province, Iran, *Journal Of Isfahan Medical School*. 2017; 35(422), 263-269
- Golshiri P, Rasooli S, Emami M, Najimi A. Effects of Physical Activity on Risk of Colorectal Cancer: A Case-control Study. *International journal of preventive medicine*. 2016; 7:32.
- Mostafavi F, Najimi A, Sharifirad G, Golshiri P. Beliefs About Medicines in Patients with Hypertension: The Instrument Validity and Reliability in Iran. *Materia Socio Medica*. 2016;28(4):298-302.
- Golshiri P, Akbari M, Abdollahzadeh MR. Age at Natural Menopause and Related Factors in Isfahan, Iran. *Journal of Menopausal Medicine*. 2016;22(2):87-93.

- Baghersad Z, Alimohammadi N, Boroumandfar Z, Golshiri P. Effect of self-care training program based on Orem's model on the behaviors leading to sexually transmitted disease in vulnerable women. *Iranian journal of nursing and midwifery research*. 2016;21(5):527.
- Hashemian-Esfahani S-s, Najimi A, Zamani A, Shahir A-aA, Geramian N, Golshiri P. Life Skills Training Programs and Empowerment of Students in Schools: Development, Reliability and Validity of Context, Input, Processes, and Product Evaluation Model Scale. *Journal of Human Health*. 2015;1(1):26.
- Hashemian-Esfahani S-s, Golshiri P, Shahir A, Mozafarianpour E, Najimi A. Evaluating Life Skills Educational Program and Students' Empowerment: Study Protocol Based on Context, Input, Process, and Product Evaluation Model. *Journal of Human Health*. 2015;1(1):20.
- Zamani A, Golshiri P, Moqtader B. The Study Protocol of Women's Education to Create Smoke-free Home on the Basis of Family Ties in Isfahan, Iran. *International journal of preventive medicine*. 2013;4(11):1312.
- Loghmani A, Golshiri P, Zamani A, Kheirmand M, Jafari N. Musculoskeletal symptoms and job satisfaction among office-workers: A Cross-sectional study from Iran. *Acta medica academica*. 2013;42(1):46-54.
- Najimi A, Golshiri P. Knowledge, beliefs and preventive behaviors regarding Influenza A in students: a test of the health belief model. *Journal of Education and Health Promotion*. 2013;2(1):23.
- Shams B, Golshiri P, Najimi A. The evaluation of Mothers' participation project in children's growth and development process: Using the CIPP evaluation model. *Journal of Education and Health Promotion*. 2013;2.
- Alidosti M, Sharifirad GR, Golshiri P, Azadbakht L, Hasanzadeh A, Hemati Z. An investigation on the effect of gastric cancer education based on Health Belief Model on knowledge, attitude and nutritional practice of housewives. *Iranian journal of nursing and midwifery research*. 2012;17(4).
- Golshiri P, Pourabdian S, Najimi A, Zadeh HM, Hashemina J. Job stress and its relationship with the level of secretory IgA in saliva: a comparison between nurses working in emergency wards and hospital clerks. *J Pak Med Assoc*. 2012;62(3 Suppl 2): S26-30.
- Golshiri P, Yarmohammadi P, Sarrafzadegan N, Yazadani M, Pourmoghaddas M. Developing and validating questionnaires to assess knowledge, attitude, and performance toward obesity among Iranian adults and adolescents: TABASSOM study. *ARYA Atheroscler*. 2012;7: S119-S24.
- Shams B, Golshiri P, Saleki A, Isfagani M, Najimi A. Comparison of growth and nutritional evolution stages in infants with working mothers and infants with housewife mothers in Isfahan. *Journal of Education and Health Promotion*. 2012;1(1):16-.
- Sharifirad G, Golshiri P, Shahnazi H, Shakouri S, Hassanzadeh A. PRECEDE educational model for controlling iron-deficiency anaemia in Talesh, Iran. *JPKMA-Journal of the Pakistan Medical Association*. 2011;61(9):862.
- Pourabdian S, Eizadi-Mood N, Golshiri P, Amini F. The relationship between blood lead level and neuro-psychological and hematological findings in lead-exposed workers of battery industry. *Iranian Journal of Toxicology*. 2011;5(14):521-6.

- Zamani A, Farajzadegan Z, Ghahiri A, Khademloo M, Golshiri P. Effectiveness of twice weekly iron supplementation compared with daily regimen in reducing anemia and iron deficiency during pregnancy: a randomized trial in Iran. *Journal of Research in Medical Sciences*. 2008;13(5):230-9.
- Shams B, Golshiri P, Zamani A, Pourabdian S. Mothers' participation in improving growth and nutrition of the children: A model for community participation. *Iranian Journal of Public Health*. 2008;37(2):24-31.
- Khazaeli N, Golshiri P, Farajzadegan Z, Hemati S, Amouheidari A, Hakimian MR, et al. Evaluating the Validity and Reliability of Persian Version of the European Organization for Research and Treatment of Cancer Quality of Life Questionnaire for Colorectal Cancer (EORTC QLQ-CR29). *JIMS*. 2014;32 (276):228-42.
- Soltani R, Sharifirad G, Hassanzadeh a, Golshiri P, Barati M. Mothers' Knowledge and Attitude on Oral Health Preschool Children in Isfahan, Iran. *Journal of Health System Research*. 2013;9(7):712-9.(Persian)
- Golshiri P, Pourabdian S, Najimi A, Mosa Zadeh H, Hasheminia J. Factors Effective on Job Stress of Nurses Working in Emergency Wards. *Journal of Health System Research*. 2013;9(1):50-6.(Persian)
- Khadivi R, Golshiri P, Farasat E, Khaledi G. Caregiver Satisfaction in Rural Areas in Isfahan District, Iran, after Implementation of the Family Physician Project. *JIMS*. 2013;31(244):1048-58. (Persian)
- Mahmoudian A, Golshiri P, Rezaei G, Akbari M. Patients' Satisfaction form Iranian Traditional Medicine. *JIMS*. 2012;30(208):1550-8. (Persian)
- Golshiri P, Pourabdian S, Najimi A, Mosazadeh H, Hasheminia J. A comparison of salivary immunoglobulin A between Nurses Working in Emergency Wards and Hospital Clerks. *JIMS*. 2012;30(186):524-31. (Persian)
- Golshiri P, Sadri G, Farajzadegan Z, Sahafi M, Najimi A. Is There Any Association between Family Function Self Care in Women? *JIMS*. 2012;29(166):2253-61. (Persian)
- baghernezhad-Hesari f, Golshiri P, Sharifi G, Hasanzadeh A. Assessment of knowledge and practice in mothers of children under 3 years-old about growth and nutrition. *Zahedan Journal of Research in Medical Sciences*.2012;13(10): 1-23. (Persian)
- Shahroukhi S, Bahonar A, Nizal Saarafzadeghan N, Mohamadifar N, Parastou Golshiri P, Yarmohammadian P, et al. Effect of lifestyle modification interventions in the health of taxi drivers in Isfahan Healthy Heart Program. *Journal of Health System Research*. 2011;7(6):1-9.
- Golshiri P, Badrian M, Badrian H, Tabar Isfahani M, Meshkati M. The survey of Occupational Injuries and Knowledge of Standard Precautions about AIDS and Hepatitis among professors, Students and Staff of Dentistry School in Isfahan University of Medical Sciences, *Journal of Health System Research*. 2011;7(6):858-65.(Persian)
- Golshiri P, Sharifirad G, Baghernezhad F. Comparison of two methods of education (lecture and self-learning) on knowledge and practice of mothers with under-3 year-old children about growth monitoring and nutritional development stages. *Iranian Journal of Medical Education*. 2011;10(5):927-36.

- Sharifirad G, Golshiri P, Shahnazi H, Barati M, Hassanzadeh A. The impact of educational program based on BASNEF model on breastfeeding behavior of pregnant mothers in Arak. Arak Medical University Journal. 2010;13(1):63-70 (Persian)
- Shams B, Najimi A, Golshiri P. The evaluation of mothers' participation project in children's growth and development process based on the CIPP model Journal of Health System Research. 2010.(Persian)
- Shakouri S, Sharifirad G, Golshiri P, Hassanzadeh A, Shakouri M. Effect of health education program base on PRECEDE Model in controlling iron-deficiency anemia among high school girl students in Talesh. Arak Medical University Journal. 2009;12(3):47-56. Persian)
- Pourabdian S, Golshiri P, Habibi E. Anxiety disorder in exposed employment to extremely low frequency electromagnetic fields (ELF-EMF) in steel industry .Journal of Military Medicine. 2009;10(4):299-302. .(Persian)
- Najafi MR, Golshiri P, Khodabanehloo R, Najafi F. Outcome of patients with stroke admitted in stroke care unit and Neurologic. Hormozgan Medical Journal. 2007;11(2):153-8.(Persian)
- Pourabdian S, Habibi E, Goshiri P, Hassanzadeh A, Sheari A. Serial peak flowmetry changes in workers of color production part of paint factory. Iran Occupational Health Journal. 2006;3(2):9-0.(Persian)
- Shams B, Golshiri P. Presenting a model for improvement of nutrition and growth promotion of children by the CIPP Evaluation Model in Isfahan. Iran J Pediatr. 2005;15(3):221-7.



BOOKS (Persian)

1. Golshiri P and el al. Principal of Disaster Management. Kankash publication: Isfahan University of Medical Sciences, 2007.
2. Golshiri P, MoazamiGoudarzi A, Najimi A. Effective Communication Skills. Tehran: Seda Distribution Center, 2011.
3. Motlagh M, Kelishadi R, Golshiri P, Najimi A, et al. Educational Guide for Healthy Lifestyle, Nutrition and Diet for Adolescents and Youth: Isfahan University of Medical Sciences, 2013.
4. Motlagh M, Kelishadi R, Golshiri P, Najimi A, et al. Educational Guide for Healthy Lifestyle, Prevention of High-Risk Behaviors in Adolescences and Youth: Isfahan University of Medical Sciences, 2013.
5. Motlagh M, Golshiri P, Kelishadi R, Najimi A, et al. Educational Guide for Healthy Lifestyle, Physical Health for Adolescences and Youth: Isfahan University of Medical Sciences, 2013.
6. Golshiri P, Zamani Ahmad Reza, CIPP Evaluation Model.Tehran: Vista Publication, 2016.
7. Najimi Arash , Golshiri P, Hashemian Shervin, MoazamiGoudarzi. Mental Health Care Guide, Tehran: Vista Publication, 2016.



THESIS and PROJECTS:

- 1. Golshiri P, Farajzadegan Z. Investigating the incidence and trend of suicide during 5 years 2017-21 in Isfahan Province , 2021
- Golshiri P, Farajzadegan Z. Prevalence of depression and its related factors in the elderly in Isfahan Province , 2021
- Golshiri P. The relationship between psychological status and lifestyle among middle aged women in Isfahan city , 2020
- Golshiri P. Study of social determinant of health and mental health in middle aged women in Isfahan, 2020
- Golshiri P, Farajzadegan Z. Comparison of violent behaviors in adolescents in two time periods (2014 and 2018) in Isfahan province ,2019
- Golshiri P, Farajzadegan Z. The relationship between movie violence and aggressive behavior in adolescents ,2019
- Golshiri P. A clinical trial on Relationship between sleep hygiene and blood pressure control, 2019
- Golshiri P, Mahmoudian A. A clinical Trial on Education based on Health belief Model and self care in Diabetes , 2019
- Golshiri P, Farajzadegan Z. A survey on Psychological status and Sexual Dysfunctions of middle-aged people in Iran, 2018
- Golshiri P, Farajzadegan Z. Study of Psychological status and domestic violence in middle-age women in Iran, 2018
- Golshiri P , Farajzadegan Z. Violence and related risk factors in a sample of Iranian students, 2018
- Golshiri P, Pirzade A. The Effects of Educational Intervention on Breast Self-Examination and Mammography Behavior, 2017
- Golshiri P, Tavakolifard N, Kheirmand M. The relationship between mental health literacy and mental health, 2017
- Golshiri P, Tavakolifard N, Kheirmand M. Investigating the relationship between job stress and job function and mental health in staff of Isfahan University of Medical Sciences, 2017
- Golshiri P , Najimi A .The relationship between Pender's Health Promotion Model constructs by applying Nutritional Supplements for High Blood Pressure Control Dietary approach to stop hypertension (DASH) in hypertensive patient ,2017
- Golshiri P, Babak A .Evaluation of the effect of self-efficacy-based education on metabolic control of type 2 diabetic patients, 2016
- Golshiri P. The effect of problem solving and assertiveness training on increasing self-esteem and mental health in students, 2016
- Golshiri P, Siadat Z, Hashemipour M. Investigating the relationship between some risk factors and type 1 diabetes: a case-control study, 2015
- Golshiri P, Assessment of the attitudes of residents about the Patient Rights Charter, 2015
- Golshiri P. Evaluating the Validity and Reliability of Persian Version of the Quality of Life Questionnaire for Patients of Colorectal Cancer (EORTC QLQ-CR29).2014
- Golshiri P, Zamani A. Assessment of The Effect of Ergonomics Intervention on Reducing Musculoskeletal Symptoms in office Workers of Isfahan University of Medical Sciences-2013

- Golshiri P, Andalib A. Comparison of salivary secretion IgA in women with and without moderate regular physical activity, 2013
- Golshiri P, Pourabdian S, Andalib A. The study of relationship between job stress and total of serum antioxidants in employed nurses in emergency wards, 2013
- Golshiri P, Pourabdian S, Andalib A. The correlation between level of serum cortisol and occupational stress in among Shift Work Nurses, 2013
- Mahmoudian A, Golshiri P. The study of the causes of recourse and satisfaction rate of clients to Iranian traditional medicine centers in Isfahan, 2012
- Golshiri P, Zamani A. The study protocol of women's education to create smoke-free home on the basis of family ties in the Isfahan-2011
- Golshiri P, Sadri G. Assessment of satisfaction of pregnant mothers from services provided in health centers of Isfahan, 2010
- Golshiri P, Farajzadegan Z. The study of relationship between household function and Self-Care in Women in Isfahan, 2010
- Golshiri P, Sharifirad G. The comparison two teaching approaches of lecture and self-learning in the change knowledge and practice of mothers about growth and nutritional evolution in under 3-year-old children covered by health centers, 2010
- Sharifirad G, Golshiri P. The study of effect of educational intervention based on health belief model on enhancement of nutritional-sanitary behaviors related to gastric cancer in housewives of Isfahan city in 2009
- Shams B, Golshiri P, Hasheminia J. The study of relationship between salivary immunoglobulin A between Nurses Working in Emergency Wards and administrative staff in Al-Zahra hospital, 2009
- Sharifirad G, Golshiri P, Hassanzadeh A. Effect of health education program base on PRECEDE Model in controlling iron-deficiency anemia among high school girl students in Talesh,2008
- Golshiri P, Emami M. Relation between physical activity and colorectal cancer at Poursina Institute, and seyed 'al' Shohada Hospital 2007
- Sharifirad G, Golshiri P. The effect of education based on BASNEF model on breastfeeding behavior of pregnant mothers in Arak, 2006
- Shams B, Golshiri P. Evaluation of improvement of individual and social abilities of mothers participating in mothers' participation plan at Azadegan health center and its comparison with Dastgerd medical health Center, 2006
- Golshiri P. Relation between physical activity and Ovarian Carcinoma among women Shariati, Al-zahra, Seyed shohada hospitals in Isfahan 2005
- Golshiri P. Association between breast cancer and fat intake and Body Mass Index (BMI) in Isfahan,2005