

Curriculum Vitae

Name: Shirvan Rastegar



Address: : Department of Orthopedics,
Al-Zahra General Hospital,
School of Medicine,
Isfahan University of Medical Sciences (I.U.M.S),

Phone – Email. (+98) 3136201293
rastegar@med.mui.ac.ir

ORCID ID : <https://orcid.org/0000-0002-3294-7691>

PERSONAL INFORMATION

Date of birth, Marital statues, ...

09/11/1975, IRAN

EDUCATION

- | | |
|-----------|--|
| 1994-2001 | M.D. Degree,S.U.M.S, School of Medicine, Shiraz, Iran
Dissertation: Effect of desferal on kidney of thalasemic patients |
| 2005-2009 | Resident in Orthopedics , I.U.M.S Hospitals, Isfahan, Iran
Dissertation: Comparing IM nailing with plating in femoral shaft fracture |
| 2008-2009 | Chief Resident in Orthopedics, I.U.M.S, Isfahan, Iran |
| 2016 | Observership course in foot & ankle surgery for 6 months (from 20 th June until 20 th December) - Royal London Hospital and Imperial college of London |

GRANTS AND FELLOWSHIPS

Date, Name, Significant info., Amount

RESEARCH EXPERIENCE

2002-2004 General physician, Chamran Hospital, Shiraz ,Iran

2005-2009 Resident of Orthopedics, I.U.M.S, Isfahan, Iran
2009-2010 Orthopedicsurgeon, Shohada Hospital, Neiriz, Iran
2010-2011 Orthopedicsurgeon, Imam Hospital, Abadeh, Iran
2011-2012 Orthopedicsurgeon, Sadoughi Hospital, Isfahan, Iran
2012-present Assistant Prof. of Orthopedics, I.U.M.S, Isfahan, Iran

TEACHING EXPERIENCE

2002-2004 General physician, Chamran Hospital, Shiraz, Iran
2005-2009 Resident of Orthopedics, I.U.M.S, Isfahan, Iran
2009-2010 Orthopedicsurgeon, Shohada Hospital, Neiriz, Iran
2010-2011 Orthopedicsurgeon, Imam Hospital, Abadeh, Iran
2011-2012 Orthopedicsurgeon, Sadoughi Hospital, Isfahan, Iran
2012-present Assistant Prof. of Orthopedics, I.U.M.S, Isfahan, Iran

RELEVANT WORK EXPERIENCE

Administrative Responsibilities

2002-2004 General physician, Chamran Hospital, Shiraz, Iran
2005-2009 Resident of Orthopedics, I.U.M.S, Isfahan, Iran
2009-2010 Orthopedicsurgeon, Shohada Hospital, Neiriz, Iran
2010-2011 Orthopedicsurgeon, Imam Hospital, Abadeh, Iran
2011-2012 Orthopedicsurgeon, Sadoughi Hospital, Isfahan, Iran
2012-present Assistant Prof. of Orthopedics, I.U.M.S, Isfahan, Iran

UNIVERSITY SERVICE

PUBLICATIONS:

Extensile approach versus minimally invasive technique in management of calcaneus fractures

S Rastegar, H Ravanbod, M Moradi, N Moradi

International Journal of Burns and Trauma 11 (1), 27

Sensitivity and specificity of ultrasound in the diagnosis of traumatic ankle injury

M Esmailian, M Ataie, O Ahmadi, S Rastegar, A Adibi

Journal of Research in Medical Sciences: The Official Journal of Isfahan ...

Modified Camitz versus BRAND procedures for the treatment of severe carpal tunnel syndrome: a comparative trial study

M Dehghani, B Fadaei, S Rastegar, A Zarezadeh, K Ghadimi, R Nikkhah, ...

Archives of Bone and Joint Surgery 8 (3), 420

Assessment of open-wedge high tibial osteotomy plus tibial tubercle osteotomy: A novel approach for genu varum treatment

K Nazem, M Baniasadi, G Mohammadsharifi, S Rastegar, S Talebi

Advanced Biomedical Research 9

Comparison of Tightrope Fixation and Tricortical-Screw Fixation in Treatment of Ankle Syndesmosis Injuries

S Rastegar, S Talebi, S Talebi

Journal of Isfahan Medical School 37 (539), 982-988

A Comparison of the Effectiveness of Extracorporeal Shockwave Therapy and Platelet-Rich Plasma Therapy in Treatment of Plantar Fasciitis Inflammation

S Rastegar, K Orak

Journal of Isfahan Medical School 36 (508), 1526-1532

Assessment of Type III Lower Extremity Open Fractures in Trauma Center of Isfahan Province, Center of Iran

S Rastegar, G Tavakol, A Havaei, B Hosseinzadeh

Journal of Isfahan Medical School 36 (497), 1136-1141

Comparison of dry needling and steroid injection in the treatment of plantar fasciitis: a single-blind randomized clinical trial

S Rastegar, S Baradaran Mahdavi, B Hoseinzadeh, S Badieli

International orthopaedics 42, 109-116

Comparison of the Results of Bandaging and Casting in Patients with First-and Second-Degree Sprain of Lateral Ankle Ligaments

S Rastegar, S Talebi, S Talebi, M Akbari

Journal of Isfahan Medical School 35 (449), 1321-1326

Serum level of vitamin D and distal radius fractures: A case-control study

S Rastegar, F Fatehi

Journal of Isfahan Medical School 34 (408), 1401-1405

Where does magnetic resonance imaging stand in the diagnosis of knee injuries?

S Rastegar, M Motififard, A Nemati, NS Hosseini, MA Tahririan, SA Rozati, ...

Journal of Research in Medical Sciences: the Official Journal of Isfahan ...

Comparing the therapeutic results of methylprednisolone acetate injection with or without thumb spica casting in patients with de Quervain's disease

A Zarezadeh, S Rastegar, N Arabzadeh

Journal of Isfahan Medical School 33 (331), 554-562

Scaphoid nonunion fracture and results of the modified Matti-Russe technique

A Zarezadeh, M Moezi, S Rastegar, M Motififard, A Foladi, ...

Advanced Biomedical Research 4

Herpes zoster segmental paresis in an immunocompromised breast cancer woman

S Rastegar, SB Mahdavi, F Mahmoudi, K Basiri

Advanced Biomedical Research 4

PRESENTATIONS AND POSTER SESSIONS

Bibliographic format

A) CONFERENCES

ARTICLES PUBLISHED

- 1- Rastegar, S. 2015.Scaphoid nonunion fracture and the results of the modified Matti-Russe technique. Advanced Biomedical Research, 4 (1), 39.
 - 2- Rastegar, Shirvan, Sadegh Baradaran Mahdavi, Farhad Mahmoudi, and Keivan Basiri. "Herpes zoster segmental paresis in an immunocompromised breast cancer woman." Advanced biomedical research 4 (2015).
 - 3- where does magnetic resonance imaging (MRI) stand in the diagnosis of knee injuries?
 - 4- Zarezadeh A, Rastegar Sh, Arabzadeh N. Comparing the Therapeutic Results ofMethylprednisolone Acetate Injection with or without Thumb Spica Casting in Patients with deQuervain's Disease. J Isfahan Med Sch 2015; 33(331): 554-62
-

CONFERENCES ATTENDED

- 1-Rastegar, S. 2013. Approach to Talus fracture. Annual Conference on Orthopedic Surgery. Isfahan Medical University.
 - 2-Rastegar, S. 2013. Approach to dislocation of elbow. Annual Conference on Orthopedic Surgery. Isfahan Medical University.
 - 3-Rastegar, S. 2012. Treatment of acute knee ligamentous injury. Annual Conference on Orthopedic Surgery. Isfahan Medical University.
 - 4-Rastegar, S. 2012. Shoulder physical examination. Annual Conference on Orthopedic Surgery. Isfahan Medical University.
-

DISSERTATION SUPERVISED

- 1- (In progress) Comparing Clinical outcome of ACL reconstruction with transportal and transtibial technique
- 2- (In progress) Comparing Vit D3 level in patient with distal radius fracture and control group
- 3- (In progress) Outcome of treatment of proximal humerus fracture with phallus plate
- 4- (In progress) Comparing clinical outcome of dequervan disease treatment with only injection and injection with casting

PATENTS

Date, Item, number

RESEARCH INTERESTS

- Foot & Ankle surgery
- Trauma