

Curriculum Vitae

Name: Nazila Poostiyan



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PERSONAL INFORMATION

- **Birth Date:** ۲ Jan ۱۹۸۷
- **Marital status:** Single

EDUCATION

- ۲۰۱۳-۲۰۱۷ Specialty in Dermatology, Isfahan University of Medical Sciences, Isfahan, Iran
Thesis Title: “Comparing the effectiveness of fractionated microneedle radiofrequency with and without adding subcision for the treatment of atrophic facial acne scars”
- ۲۰۰۵-۲۰۱۳ General Medicine, Isfahan University of Medical Sciences, Isfahan, Iran
Thesis Title: “Assessment of Severity of Malnutrition in Peritoneal Dialysis Patients”

GRANTS AND FELLOWSHIPS

RESEARCH EXPERIENCE

- Member of Skin Diseases and Leishmaniasis Research Center, Isfahan University

of Medical Sciences, since 2019

TEACHING EXPERIENCE

- Director of Dermatology Department exams, Isfahan University of Medical Sciences, since 2020

RELEVANT WORK EXPERIENCE

2019- Present

Employer: Alzahra Hospital

Position: Dermatology Specialist

UNIVERSITY SERVICE

Dates, University/organization, Description

PUBLICATIONS

Books

- *Rejuvenation of the eyelids and around the eyes*. Tehran: Sinateb Publications. 2021 (220 pp).

Journal Papers

1. Afsoon Emami Naeeni, Nazila Poostiyan, Zahra Teimouri, Mojgan Mortazavi, Mojgan Soghrati, Elnaz Poostiyan, Zamzam Paknahad, "Assessment of Severity of Malnutrition in Peritoneal Dialysis Patients via Malnutrition: Inflammatory Score", *Adv Biomed Res.* (2017) 6:128.
2. Gita Faghihi, Nazila Poostiyan, Ali Asilian, Bahareh Abtahi- Naeini, Masoom Shahbazi, Fariba Iraji, Farahnaz Fatemi Naeini, Mohammad Ali Nilforoushzadeh,

- “Efficacy of fractionated microneedle radiofrequency with and without adding subcision for the treatment of atrophic facial acne scars: a randomized split- face clinical study”, *J Cosmet Dermatol.* 2017;16:223–9.
3. Fatemeh Mokhtari, Nazila Poostiyan, “Subcorneal Pustular Dermatitis: A Case Report of a Patient with Diffuse Scleroderma”, *Adv Biomed Res.* 2018; 7: 83.
 4. Fariba Iraj, Nazila Poostiyan, Parvin Rajabi Dehnavi, Mojgan Soghrati, “Langerhans cell histiocytosis: a case report with unusual cutaneous manifestation”, *Adv Biomed Res.* 2018; 7: 102.
 5. Fariba Iraj, Azam Mousavi, Nazila Poostiyan, Mina Saber, “Q-switched frequency-doubled Nd:YAG (532 nm) laser versus trichloroacetic acid 35% peeling in the treatment of dorsal hand solar lentigo: An assessor-blind split-hand randomized controlled trial”, *J Cosmet Dermatol.* 2022, 21, 6776–6782.
 6. Nazila Poostiyan, Maryam Alizadeh, Zabihollah Shahmoradi, Farahnaz Fatemi Naeini, “Tranexamic acid microinjections versus tranexamic acid mesoneedling in the treatment of facial melasma: A randomized assessor- blind split- face controlled trial”, *J Cosmet Dermatol.* 2023;22:1238-1244.

PRESENTATIONS AND POSTER SESSIONS

- Congress of updates on the skin surgery and laser and rejuvenation, As Faculty National, ۲۴-۲۶ April 201۹, Isfahan, Iran

PATENTS

Date, Item, number

RESEARCH INTERESTS

- Medical Dermatology

TEACHING INTERESTS

- Management of pigmentary disorders
- Management of acne scars

PROFESSIONAL MEMBERSHIPS

- Member of Iranian Dermatology Association since 2017

EXTRA CURRICULAR ACTIVITIES
