

**CURRICULUM VITAE
MANSOOR KARIMIFAR**

CONTACT INFORMATION

Alzahra hospital ,deptment of
Endocrinology, Isfahan University of
Medical Sciences, Isfahan, Iran

Phone: 03136201991
Email:
mozh.karimifar@med.mui.ac.ir

PERSONAL INFORMATION

First name: Mozhgan
Last name: karimifar

Date of Birth: December 27, 1967

Nationality: Iranian
Gender: Female
ORCID ID: <https://orcid.org/0000-0002-1175-1729>

CURRENT STATUS

Assistant Professor of internal medicine and endocrinology, Department of Internal
medicence, School of Medicine, Isfahan University of Medical Sciences, Iran

EDUCATIONAL BACKGROUND

Sub specialty in Endocrinology 2012- 2014
Specialty in internal medicine 1997-2001
General practitioner 1988 – 1996

SHORT COURSES & WORKSHOPS

- | | |
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| 2020 | Virtual round |
| 2020 | Communication skills Doctor and patient scenario writing |
| 2020 | Communication skills Doctor and patient |
| 2020 | Holding an online class with Adobe Connect |
| 2020 | Question design and loading in the Saba system |

- 2020 Familiarity with Navid system and sky room
- 2019 Advanced search in Information bases
- 2019 Ethics in experimentation clinical
- 2019 Feedback
- 2019 Clinical training
- 2019 Content production Electronics
- 2018 Commitment to maintaining trust Patient by prioritizing benefits and the patient's needs on demand own
- 2018 Commitment to compliance Honesty with the patient, commitment to having proper relations with patient

- 2018 Designing written tests
- 2018 Familiarity with the new information system of medical researches in Iran

- 2018 Designing and producing electronic learning courses

- 2018 Clinical evaluation (Dops-miniCEX) and clinical evaluation training clinic

- 2018 Research and introduction of research site

- 2018 Creativity in teaching

- 2017 Improving the quality of patient care, commitment to gaining professional competence, commitment to act on information scientific
- 2017 Commitment to keep the patient's secrets, commitment to having proper relationships with the patient
- 2017 Intellectual property and patent registration
- 2017 Commitment to be honest with the patient
- 2017 End Note
- 2017 Introductory teaching method
- 2017 Virtual teaching
- 2017 Outpatient training
- 2017 Needs assessment
- 2017 Class management
- 2016 Morning report and training in inpatient departments
- 2016 Communication skills and Helping student's in at risk of academic failure

- 2016 Designing written questions with a comprehensive software approach
 Nejma test

- 2016 Training in the clinical round

- 2016 Getting to know the transformation packages in education

- 2016 Equalization in teaching
- 2015 Evidence-based medicine
- 2015 Preliminary spss
- 2015 Critical evaluation of articles
- 2015 English essay writing preliminary
- 2015 DOPS tests, MiniCEX
- 2015 Action Research
- 2015 Clinically based teaching on emotional intelligence
- 2015 Preliminary research method

2019- The 5th International Conference and the 7th National Conference on
Endocrinology and Metabolism

2019- Iranian Diabetes summit

2018- The 12th International Congress of Endocrine Diseases (Shahid Beheshti
International Conference Center)

2018- The American Association of Continuing Medical Education 2 Ider: Iranian
diabetes Advancements in research Event

2017- The first national conference on thyroid and metabolic syndrome news

2017- International Congress of Endocrinology and Metabolism

2017- IDF Congress

2017- The American Association of Continuing Medical Education 2 Ider: Iranian
diabetes Advancements in research Event

2017- Speech at the 4th international conference and the 6th national conference on
endocrine and metabolism news, Isfahan

2014- 10th International Congress of Endocrine Diseases (Tehran)

2013- The 24th Congress of the Society of Internal Medicine Specialists of Iran in
Tehran

PROFESSIONAL EXPERIENCES

2020-until now Section editor of the medical school magazine

2019- until now Reviewer of the JRMS

2017- until now Reviewer of the ABR

- 2018- until now Reviewer of the Journal of nephropathology
- 2019 Reviewer of the 199346 product oriented research expert
Production of educational content in order to familiarize with
diabetes and its complications
- 2019- until now Reviewer of the research project of Endocrine and Metabolism
Research Center
- 2015 Member of the scientific faculty of the International Endocrine
Congress
- 2018 Member of the scientific faculty of the International Endocrine
Congress
- 2019 Member of the scientific faculty of the International Endocrine
Congress

EMPLOYMENT HISTORY

SINCE 2015 TO NOW

RESEARCH PROJECTS

TEACHING EXPERIENCE

2012- Training and internship classes for medical students
2021

2012- Specialized assistant classes
2021

- 2013-2021 Endocrine pathophysiology classes (ICM)
- 2017-2021 Instructor of physical examination I and OSCI tests
- 2015-2021 Teaching for adult endocrinology and metabolism assistants
- 2012-2021 Clinical rounds of specialist assistants
- 2015-2021 Subspecialty assistant clinical rounds
- 2015-2021 Clinical rounds of subspecialty assistants in the fields of maxillofacial surgery, clinical pharmacology, social medicine assistants, subspecialty and doctor of nutrition

PUBLICATIONS

A) CONFERENCES

B) JOURNAL PAPERS

1. Shahrokh Esfahani S, Tabatabaee A, Aminorroaya A, Amini M, Feizi A, Janghorbani M, et al. Isfahan Thyroid Cohort Study (ITCS). Archives of Iranian medicine. 2021;24(11):788-95.
2. Karimifar M, Karimifar M. Guidelines for the treatment of rheumatic patients

- in the pandemic of COVID-19 infection. *J Prev Epidemiol.* 2020;5(2):e30.
3. Yazdani AA, Khalili N, Siavash M, Shemian A, Goharian AR, Karimifar M, et al. Ultrasound-guided ethanol injection for the treatment of parathyroid adenoma: A prospective self-controlled study. *Journal of research in medical sciences : the official journal of Isfahan University of Medical Sciences.* 2020;25:93.
 4. Talebi S, Karimifar M, Heidari Z, Mohammadi H, Asbaghi O, Hadi A, et al. The effect of synbiotic supplementation on anthropometric indices, appetite, and constipation in people with hypothyroidism: A randomized, double-blind, placebo-controlled trial. *Phytotherapy research : PTR.* 2020;34(10):2712-20.
 5. Talebi S, Karimifar M, Heidari Z, Mohammadi H, Askari G. The effects of synbiotic supplementation on thyroid function and inflammation in hypothyroid patients: A randomized, double-blind, placebo-controlled trial. *Complementary therapies in medicine.* 2020;48:102234.
 6. طالبی س، کریمی فر م، حیدری ز، محمدی ح، عسکری غ. تاثیر مکمل یاری با سین بیوتیک بر مدیریت خستگی و وضعیت سلامت روان در بیماران مبتلا به کم کاری تیروئید تحت درمان با لووتیروکسین: 564 یک مطالعه ی کارآزمایی بالینی تصادفی دو سو کور. *مجله دانشکده پزشکی اصفهان.* ۱۳۹۹؛ ۳۸(۵):۱۳۹۹-۱۴۰۴. #HD00384):-.
 7. Mohammadi H, Karimifar M, Heidari Z, Zare M, Amani R. The effects of wheat germ consumption on mental health and brain-derived neurotrophic factor in subjects with type 2 diabetes mellitus: a randomized, double-blind, placebo-controlled trial. *Nutritional neuroscience.* 2022;25(1):46-53.
 8. Mohammadi H, Karimifar M, Heidari Z, Zare M, Amani R. The effects of wheat germ supplementation on metabolic profile in patients with type 2 diabetes mellitus: A randomized, double-blind, placebo-controlled trial. *Phytotherapy research : PTR.* 2020;34(4):879-85.
 9. Karimifar M, Salesi M, Ghasemian R, Karimifar M, Farajzadegan Z, Gholamnezhad M. Anti-inflammatory effects of different statins in rheumatoid arthritis; a randomized double-blind controlled clinical trial. *Immunopathologia Persa.* 2019;5:e09-e.
 10. Karimifar M, Sepehrifar MS, Moussavi H, Sepehrifar MB, Mottaghi P, Siavash M, et al. The effects of conventional drugs in the treatment of rheumatoid arthritis on the serum lipids. *Journal of research in medical sciences : the official journal of Isfahan University of Medical Sciences.* 2018;23:105.
 11. Tavakoly R, Maracy MR, Karimifar M, Entezari MH. Does fenugreek (*Trigonella foenum-graecum*) seed improve inflammation, and oxidative stress in patients with type 2 diabetes mellitus? A parallel group randomized clinical trial. *European Journal of Integrative Medicine.* 2018;18:13-7.
 12. Karimifar M. A Case of Functional Metastatic Follicular Thyroid Carcinoma that Presented with Hip Fracture and Hypercalcemia. *Advanced biomedical research.* 2018;7:92.
 13. Karimifar M, Aminorroaya A, Amini M, Mirfendereski T, Iraj B, Feizi A, et al. Effect of metformin on thyroid stimulating hormone and thyroid volume in patients with prediabetes: A randomized placebo-controlled clinical trial. *Journal of research in medical sciences : the official journal of Isfahan University of Medical Sciences.* 2014;19(11):1019-26.
 14. Karimifar M, Esmaili F, Salari A, Kachuei A, Faragzadegan Z, Karimifar M. Effects of Levothyroxine and thyroid stimulating hormone on bone loss in patients with primary hypothyroidism. *Journal of research in pharmacy practice.* 2014;3(3):83-7.

15. Honarkar Z, Baladast M, Khorram Z, Akhondi S, Antikchi M, Masoodi M, et al. An analysis of gastrointestinal symptoms in causalities of catastrophic earthquake of Bam, Iran. Shiraz Emedical Journal. 2005;6(1):3-.
16. Karimifar M, Karimifar M, Salimi F, Behjati M. A case of Takayasu's arteritis with pulsatile neck mass. Journal of research in medical sciences : the official journal of Isfahan University of Medical Sciences. 2011;16(12):1623-6.
17. Karimifar M, Salesi M, Karimzadeh H, Sayedbonakdar Z, Mottaghi P, Fatemi AM. Rapid improvement of genital aphthae by topical FK-506 in Behcet's disease. Journal of Isfahan Medical School. 2011;28.
18. KARIMIFAR M, KARIMIFAR M, SALESI M, KARIMZADEH H, SEYED BONAKDAR Z, MOTAGHI P. A CASE OF WEGENER'S GRANULOMATOSIS. JOURNAL OF ISFAHAN MEDICAL SCHOOL (IUMS). 2010;27(101):-.
19. KARIMIFAR M, KARIMZADEH H, SALESI M, SEYED BONAKDAR Z, MOTAGHI P, KARIMIFAR M. BEHCET'S DISEASE WITH ABDOMINAL AORTIC ANEURISM: A CASE REPORT. JOURNAL OF ISFAHAN MEDICAL SCHOOL (IUMS). 2009;27(94):-.
20. Karimifar M, Gharibdoost F, Akbarian M, Meysamie A, Khosravi SH, Shahram F, et al. Triglyceride and high-density lipoprotein levels as the markers of disease activity and their association with TNF- α and TNF receptor system in systemic lupus erythematosus. APLAR Journal of Rheumatology. 2007;10:221-6.
21. امامی س, فاضل ف, کریمی فر م, وثوقی م. فراوانی برخی عوامل خطر شناخته شده در بیماران مبتلا به انسداد وریدی شبکه: بررسی مقطعی در بیماران مراجعه کننده به درمانگاههای چشم پزشکی وابسته (3) دانشگاه علوم پزشکی اصفهان: ۷۹-۷۸. پژوهش در علوم پزشکی. ۱۳۸۰; ۶:-.

C) BOOKS

THESES SUPERVISION

- 1- Investigating the effect of wheat germ consumption on anthropometric indices, lipid parameters, glycemic status, oxidative stress, mood and BDNF serum level in patients with type 2 diabetes
- 2- Investigating the effect of linagliptin on microalbuminuria in patients with type 2 diabetes with nephropathy
- 3- Investigating the effect of synbiotic supplement consumption on anthropometric, inflammatory and hormonal indicators in patients with hypothyroidism

- 4- The effect of bread enriched with pomegranate peel on fasting sugar indices, glycosylated hemoglobin, fasting insulin, serum lipid profile, mood, inflammatory and antioxidant indices in type 2 diabetes.
- 5- Investigating the effect of synbiotic supplement consumption on sugar indices, inflammatory factors and appetite in people with metabolic syndrome with the approach of preventing cardiovascular diseases
- 6- Investigation of the prevalence of diabetes in patients with non-alcoholic fatty liver referred to the Fatty Liver Clinic of Isfahan Endocrine and Metabolism Research Center.
- 7- Examining the frequency of prediabetes in patients with Non-Alcoholic Fatty Liver disease (NAFLD) referred to the Endocrine Research Center
- 8- Investigating the required dose of phenoxybenzamine in patients with pheochromocytoma and its relationship with tumor size and blood pressure before surgery in patients referred to Al-Zahra Hospital in Isfahan from 2013 to 2019.
- 9- Investigation of fenugreek seed ether (fenugreek) on irisin serum level, metabolic, inflammatory and antioxidant indicators in people with type 2 diabetes With the approach of preventing cardiovascular diseases
- 10- The effect of metformin on thyroid in prediabetic patients
- 11- Investigating the relationship between dominant dietary patterns and antioxidant status and inflammatory factors in hypothyroid patients and healthy individuals
- 12- Discovering the hidden connections between factors affecting diabetes with the occurrence of the disease and side problems caused by it using data mining

THEORIES, DISCOVERIES AND INVENTIONS

FOUNDINGS AND PLANNINGS

HONORS, PRIZES AND AWARDS

- 1- Appreciating the services of health advocates in the fight against Covid-19
- 2- Appreciation for planning and setting up the electronic file in Al-Zahra Medical Education 3- 3- Center and its establishment in the endocrinology department
- 4- Appreciation for the virtual training of learners and the clinical training and thyroid ultrasound of subspecialized endocrinology assistants
- 5- Appreciation for the most hours of virtual training of learners
- 6- Appreciation for holding the OSCE exam of specialized assistants
- Appreciation for organizing medical jihad camps in deprived areas in the first 6 months of 2018
- 7- Dynamic participation in the direction of the formation and promotion of the resistance economy culture
- 8- Appreciation for the preparation of electronic forms for the research project of converting paper files of patients into electronic files in Isfahan Endocrine and Metabolism Research Center in 2016 under project number 9618
- 9- Preparation of educational materials for electronic education of patients with diabetes and endocrine diseases on the website of the Endocrine and Metabolism Research Center. Preparation of relevant books.

10- Investigation of the treatment management of patients with polycystic ovary syndrome and the complications and consequences of the disease and the evaluation of the consequences of therapeutic interventions in the clients of the Endocrine and Metabolism Research Center from 2016 to project number 9613

11- 7th rank, specialized encyclopedia, September 2013

LANGUAGE ABILITIES

English, Persian

COMPUTER ABILITIES

As much as necessary

RESEARCH INTERESTS

Thyroid disease