

## *Curriculum Vitae*

**Name:** bahareh vard

**Marital status:** Married

**Number of children:** 2

**Academic position:** Pediatrician

**Address:** Box 8136935546, Unit 3, No 58, 38<sup>th</sup> Alley, mirdamad St, Isfahan, Iran

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**ORCID ID :** <https://orcid.org/0000-0002-6036-3490>

## EDUCATION

1. MD, najaf abad University of Medical Sciences, Iran 2005- 2012
2. Specialty, Pediatrics, shahid beheshti University of Medical Sciences,tehran 2013-2016
3. The first rank of Pediatrics board exam at September 2016 in Iran

## 1- GRANTS AND FELLOWSHIPS

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Date, Name, Significant info., Amount

## RESEARCH EXPERIENCE

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- 1- Vard B, Adham A, Riahi R, Karimi G, Esmail Motlagh M, Heshmat R, Qorbani M, Kelishadi R. Association of early life factors with dyslipidemia in children and adolescents: The CASPIAN-V study. Health Promot Perspect. 2020 Nov 7;10(4):349-358. doi: 10.34172/hpp.2020.53.
- 2- Karimi G, Vard B, Riyahi R, Motlagh ME, Heshmat R, Kelishadi R. Association between family dinner frequency and mental health in children and adolescents; the CASPIAN-V study. Int J Food Sci Nutr. 2020 Aug;71(5):628-634. doi: 10.1080/09637486.2019.1700485.
- 3- Vard B, Vatankhah Z, Riahi R, Karimi G, Motlagh ME, Heshmat R, Qorbani M, Kelishadi R. Association of early life factors with weight disorders and abdominal

obesity in children and adolescents: The CASPIAN-V study. *Mediterranean Journal of Nutrition and Metabolism*. 2019 Jan 1;12(2):173-85.

- 4- Vard B, Mahdih M, Riahi R, Heidari-Beni M, Kelishadi R. The Association Between Antioxidant Status and Excess Weight in Children: A Systematic Review and Meta-analysis. *Journal of Pediatrics Review*. 2021 Jul 10;9(3):175-96.

## **TEACHING EXPERIENCE**

Dyslipidemia in pediatrics

PALS

Poisoning in pediatrics

Upper respiratory infection in pediatrics

MANA

Familiarity with pediatrics

History taking in pediatrics

Approach to a irritable infant pediatrics

Pain management in pediatrics

## **RELEVANT WORK EXPERIENCE**

**In charge of ICM medical students training 2019-2021**

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## **PUBLICATIONS**

- 5- 1- Vard B, Adham A, Riahi R, Karimi G, Esmail Motlagh M, Heshmat R, Qorbani M, Kelishadi R. Association of early life factors with dyslipidemia in children and adolescents: The CASPIAN-V study. *Health Promot Perspect*. 2020 Nov 7;10(4):349-358. doi: 10.34172/hpp.2020.53.

- 6- Karimi G, Vard B, Riyahi R, Motlagh ME, Heshmat R, Kelishadi R. Association between family dinner frequency and mental health in children and adolescents; the CASPIAN-V study. *Int J Food Sci Nutr*. 2020 Aug;71(5):628-634. doi: 10.1080/09637486.2019.1700485.
- 7- Vard B, Vatankhah Z, Riahi R, Karimi G, Motlagh ME, Heshmat R, Qorbani M, Kelishadi R. Association of early life factors with weight disorders and abdominal obesity in children and adolescents: The CASPIAN-V study. *Mediterranean Journal of Nutrition and Metabolism*. 2019 Jan 1;12(2):173-85.
- 8- Vard B, Mahdih M, Riahi R, Heidari-Beni M, Kelishadi R. The Association Between Antioxidant Status and Excess Weight in Children: A Systematic Review and Meta-analysis. *Journal of Pediatrics Review*. 2021 Jul 10;9(3):175-96.

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## **PRESENTATIONS AND POSTER SESSIONS**

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Bibliographic format

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## **PATENTS**

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Date, Item, number

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## **RESEARCH INTERESTS**

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Pediatrics obesity

Pediatrics neurology

Pediatrics pulmonology

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## **TEACHING INTERESTS**

Pediatrics obesity

Pediatrics neurology

Pediatrics pulmonology

