## **Curriculum Vitae**

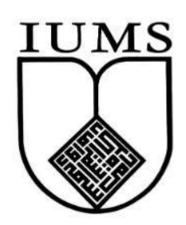


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## NAME:

# Dr Maryam Sadat Hashemi

## **POSITION TITLE: Assistant Professor**

### **RESEARCH IDs**

Item	Value	Web address
ORCID	0000-0002-8439-1445	http://orcid.org/0000-0002-8439-1445
Researcher ID	E-7507-2019	http://www.researcherid.com/rid/E-7507-2019
Scopus Author ID	60020609	http://www.scopus.com/authid/detail.url?authorId=60020609

## **EDUCATION AND TRAINING**

INSTITUTION AND LOCATION	DEGREE (if applicable)	Start Date MM/YYYY	Completion Date MM/YYYY	FIELD OF STUDY
Isfahan University of Medical Sciences , Isfahan, IRAN	Ph.D.	01/2014	11/2018	Nursing Education
Isfahan University of Medical Sciences , Isfahan, IRAN	M.Sc.	09/2010	06/2013	Critical care Nursing
Isfahan University of Medical Sciences , Isfahan, IRAN	B.S	01/2001	09/2004	Nursing

#### RESEARCH ITEREST

My research is focused on palliative care. Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. Palliative care:

- Provides relief from pain and other distressing symptoms;
- Affirms life and regards dying as a normal process:
- Intends neither to hasten or postpone death;
- Integrates the psychological and spiritual aspects of patient care;
- Offers a support system to help patients live as actively as possible until death;
- Offers a support system to help the family cope during the patients illness and in their own bereavement;
- Uses a team approach to address the needs of patients and their families, including bereavement counseling, if indicated;
- Will enhance quality of life, and may also positively influence the course of illness;
- Is applicable early in the course of illness, in conjunction with other therapies that are intended to
  prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to
  better understand and manage distressing clinical complications.

Based on the current status of palliative care in Iran, I want to design a research map that includes:

- Providing access to palliative and supportive care for all incurable and chronic patients;
- 2. Developing a standard care service package for c incurable and chronic patients;
- 3. Developing an independent discipline of palliative and supportive care;
- 4. Providing palliative care courses as part of the curriculum in relevant disciplines;
- 5. Creating international links for training and research into the development of palliative care services;
- 6. International research into palliative care.
- 7. Continued efforts are needed to overcome the barriers to successful implementation of palliative care.

Also I do research about hemodialysis, clinical nursing education and strategies for improvement it, VAP (ventilator associated pneumonia),mechanical ventilation, home care, bedsore and ethical issue.

### **HONORS AND AWARDS**

2018 Selected academic student, Isfahan University of Medical Sciences, Isfahan, IRAN.

2017 Selected academic student, Isfahan University of Medical Sciences, Isfahan, IRAN.

2016 Selected academic student, Isfahan University of Medical Sciences, Isfahan, IRAN.

2015 Selected academic student, Isfahan University of Medical Sciences, Isfahan, IRAN.

2016 Provincial selected nurse (Noor and Ali-asghar Hospital), Isfahan University of Medical Sciences, Isfahan, IRAN

2017First Secretary of the Scientific Association in Isfahan Medical Sciences University

2015 First Rank scientific association, Isfahan University of Medical Sciences, Isfahan, IRAN.

2015 First Rank in research in Festival of the staff of the University of Medical Sciences, Isfahan

2017 First Rank among PhD Candidate of nursing, Isfahan University of Medical Sciences

2016 First Rank among PhD Candidate of nursing, Isfahan University of Medical Sciences

2015 First Rank among PhD Candidate of nursing, Isfahan University of Medical Sciences

2013 First Rank among MS graduates of nursing, Isfahan University of Medical Sciences

2011 Provincial selected nurse (Noor and Ali-asghar Hospital), Isfahan University of Medical Sciences, Isfahan, IRAN

2012-2017 Member of the Office of Exceptional Talents, Isfahan University of Medical Sciences, Isfahan, IRAN (In PHD

Degree)

2010-2012 Member of the Office of Exceptional Talents, Isfahan University of Medical Sciences , Isfahan, IRAN( In

Master Degree)

### **POSITIONS AND EMPLOYMENT**

2004-2012 Nurse, Noor and Ali-asghar educational and treatment Centre, Isfahan University of Medical Sciences, Isfahan, IRAN

2006-2007 Nurse, Emam Jafar Sadegh Clinic, Isfahan, IRAN

2006 Nurse, Sepahan hospital, Isfahan, IRAN

2011-2012 Department of medical-surgical, Nursing & Midwifery Faculty Falavarjan University

, Isfahan, IRAN

2015-2018 Patient health educators in Hamd-Iranian NGO.

2017-2018 Patient Health Education Coordinators, Deputy for treatment, Educational, Research and Treatment Khorshid Hospital, Isfahan University of Medical Sciences, Isfahan, IRAN.

2018 -Present Department of Critical Care, Nursing & Midwifery Faculty Isfahan University of

Medical Sciences, Isfahan, IRAN

2020 Member of Patient Health Education Committee in Isfahan University of Medical Sciences, Isfahan, IRAN

### **PUBLICATIONS AND CONTRIBUTIONS**

### Peer-reviewed papers

- Sheikh Abumasoudi R, Moghimian M, Hashemi M, Kashani F, Karimi T. Comparison the Effect of Objective Structured Clinical Evaluation (OSCE) with Direct and Indirect Supervision on Nursing Student's Test Anxiety. J Nursing Education 2015.4(2):1-7
- 2. Atashzadeh Shoorideh F, Khazaei N, **Hashemi M**, Alavi-Majd H. Does the managers 'delegation in the view of nurses affects the job satisfaction of nurses? Journal of Urmia Nursing and Midwifery Faculty. 2014; 12(5):340-7.
- Salarvand S, Yamani N, Kashani F, Salarvand M, Ataei M, Hashemi Fesharaki M. Nursing Students' Perception
  of Ethical and Professional Characteristics of an Ideal Faculty Member: A Qualitative Study. Iranian Journal of
  Medical Education. 2015; 15:481-94.
- Shahgholian N, Hashemi MS, Shahidi S. Efficacy of stepwise sodium profile versus individualized dialysate sodium in blood pressure control among hemodialysis patients. Iranian journal of nursing and midwifery research. 2015;20(1):12.
- 5. Sheikh Abumasoudi R, **Hashemi Fesharaki M**, Karimi T, Atashi V, Kashani F, Moghimian M. The effect of electronic education and Short Message Service on hemoglobin A1C, interdialytic weight gain and blood pressure in diabetic patients undergoing hemodialysis. Journal of Urmia Nursing And Midwifery Faculty. 2015; 13(7):620-9.
- 6. Atashi V, Sheikh Abumasoudi R, Moghimian M, **Hashemi M.S**, Karimi T, Kashani F,Yadegarfar Gh. The Effect of E-Learning on the Quality of Life of Patients with Stroke. Journal of Health and Care.2017;19(1):30-38
- 7. **Hashemi M**, Shahgholian N, Kashani F. Effect of stress inoculation training on the levels of stress, anxiety, and depression in hemodialysis patients. Journal of Urmia Nursing And Midwifery Faculty. 2016;14(1):88-99.

- 8. Sheikh Abumasoudi R, Kashani F, Karimi T, Salarvand S, **Hashemi M**, Moghimian M, et al. Comparison of Two Methods of Training (Face-to-Face and Electronic) on Depression, Anxiety and Stress in Breast Cancer Patients. ijbd. 2015; 8 (2):24-34.
- 9. **Hashemi, Maryam Sadat**, Irajpour, Alireza, Abazari, Parvaneh. Improving Quality of Care in Hemodialysis: a Content Analysis. Journal of Caring Sciences 2018; 7 (3): 149-155
- 10. Mohamadian, Fateme ,Bagheri, Maryam, Hashemi, Maryam Sadat, Komeili Sani Hossein. The Effects of Cognitive Behavioral Therapy on Depression and Anxiety among Patients with Thalassemia: a Randomized Controlled Trial. Journal of Caring Sciences 2018; 7 (4): 219-224
- 11. **Hashemi, Maryam Sadat**, Irajpour, Alireza, Abazari, Parvaneh.The effects of peer support on depression, anxiety, and stress among patients receiving hemodialysis, Iran Red Crescent Med J. 2018 December; 20(13):e81348.
- Reyhaneh Niknejad, Mohammad Akbari, Maryam Bagheri, Maryam Hashemi, Fatemeh Ghaedi Heidari, Akram Aarabi. Attitudes of Healthcare Professionals toward Patient Safety in the Operating Room, Iran Journal of Nursing (IJN), 32(117): 80-90
- 13. Maryam Bagheri, Narges Kheirollahi\*, **Maryamsadat Hashemi Fesharaki**, Afarin Ghanavatpur, Reyhane Niknejad, Mohamad Akbari ,The surveying students identity styles in Undergraduate clinical nursing education: a cross-sectional Study, The J Urmia Nurs Midwifery Fac, , Vol 17(3), June, 2019

#### **Invited reviews**

### **Oral presentations**

 Hashemi M, Shahgholian N, Comparison of short –term effect of stepwise profile method and individual adjustment of sodium dialysate on intradialytic weight gain .International congress of nephrology &urology June 10-12, 2015, Tehran, Iran

## Poster presentations

1. **Hashemi M**. The 1st International Nursing & Midwifery Conference on Health and wellbeing May, 2014

Isfahan – Iran Evaluation study on process and structural empowerment of patient education in hemodialysis wards before and after accreditation in Isfahan educational hospitals -Iran(2012-2014)

- Hashemi M .The 1st International Nursing & Midwifery Conference on Health and wellbeing May, 2014
   Isfahan Iran Comparative outcome evaluation of a nurse-led program on patient satisfaction from patient education in hemodialysis wards of similar training hospitals in Isfahan -Iran(2013-2014)
- 3. **Hashemi Fesharaki M**, Sheikh Abumasoudi R, Karimi T, Atashi V, Kashani F, Moghimian M. International congress of nephrology &urology 2016 Mashhad, Iran The effect of electronic education and Short Message Service on hemoglobin A1C, intradialytic weight gain and blood pressure in diabetic patients undergoing hemodialysis.
- 4. **Hashemi M**, Kashani F. Effect of stress inoculation training on the levels of stress, anxiety, and depression in hemodialysis patients. International congress of nephrology &urology 2016,Mashhad, Iran

#### **Books**

- Hashemi M, Shahgholian N, Kashani F .Renal failure and alternative therapies,2014, Publication of heydari, Tehran, IRAN.
- 2. **Hashemi M**, Shahgholian N, Kashani F. Kidney transplant, 2014, Publication of heydari, Tehran, IRAN.
- Kashani F, Hashemi M, 2014 Sleep disorders and complementary medicine, Publication of heydari, Tehran, IRAN.
- 4. Bagheri, M, **Hashemi M, 2018,** nursing care in water and electrolyte disorders, Publication of Falavarjan University, Isfahan, IRAN.

#### **Translations**

- Fry, S., Veatch, R. M., Taylor, C. & Taylor, C. R. 2010. Case Studies In Nursing Ethics, Jones & Bartlett Learning. Translators: Maryam Sadat Hashemi, Kobra Salehi and Mohsen Shahriyari, 2018, Publication of Isfahan University of Medical Sciences, Isfahan, IRAN.
- Smeltzer, S. C. & Bare, B. G. 2014. Brunner & Suddarth's textbook of medical-surgical nursing, (Breathing and gas exchange) JB Lippincott Philadelphia.2014, Translators: Maryam Sadat Hashemi, Kashani F, Publication of heydari, Tehran, IRAN.

#### **Encyclopedia**

## **PROFFESIONAL SERVICES**

#### Reviewer in the international journals

2016- Present Iranian J Nursing Midwifery Res (IJNMR)

2016- Present Iranian Journal of Nursing Research (IJNR)

2016- Present Scientific Journal of Nursing- Midwifery and Paramedical Faculty

Organizing Workshops				
2018	Self-Care in COPD, Isfahan University of Medical Sciences, IRAN			
2018	Patient Education, Isfahan University of Medical Sciences, IRAN			
2017	General ICU, Isfahan University of Medical Sciences, IRAN			
2017	open heart ICU, Isfahan University of Medical Sciences, IRAN			
2016	open heart ICU, Isfahan University of Medical Sciences, IRAN			
2016	General ICU, Isfahan University of Medical Sciences, IRAN			
2016	Preliminary research methodology (methodology and research management of level 1), Isfahan			
University of Medical Sciences, IRAN				
2016	Endnote Workshop (Scientific Information and Electronic Resources Management Level 1,			
Isfahan University of Medical Sciences, IRAN				
2016	Advanced Search, Isfahan University of Medical Sciences, IRAN			
2016	Emotional Intelligent, Isfahan University of Medical Sciences, IRAN			
2016	Electronic Search Skills, Isfahan University of Medical Sciences, IRAN			
2014	Ethics, Isfahan University of Medical Sciences, IRAN			
2014	Infection Control, Isfahan University of Medical Sciences, IRAN			

#### **TEACHING EXPERIENCE** YEAR **COURSE TITLE** MAJOR 2018 Principles and Nursing Skills Training Nursing, B.S 2017 Principles and Nursing Skills Training Nursing, B.S Principles and Nursing Skills Training 2016 Nursing, B.S ICU 2015 Nursing, B.S 2015 Principles and Nursing Skills Training Nursing, B.S Principles and Nursing Skills Training 2014 Nursing, B.S 2013 Adult Health Nursing Training II Nursing, B.S

2013	Hemodialysis	Nursing, B.S
2013	urology	Nursing, B.S
2013	ICU	Nursing, B.S
2012	Physiopathology of surgical II	Midwifery, B.S
2011	Principles and Nursing Skills Training	Nursing, B.S
2011	Adult Health Nursing Training III	Nursing, B.S

### PROFESSIONAL/SCIENTIFIC ASSOCIATION MEMBERSHIP

2004-Present Member, International Council of Nurses (ICN)

2004-Present Member, Nursing Organization of Islamic Republic of IRAN.

2016- Present Iranian Nursing Scientific Association

#### **WORKSHOP AND TRAINING**

- Workshop "Cardiopulmonary reasocciation", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2008, Isfahan, IRAN.
- 2. Workshop "Nursing care in hemodialysis 1", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2013, Isfahan, IRAN.
- 3. Workshop "Statistics and Research", Medical Training Scientific Association, 2013, Isfahan, IRAN.
- "Nursing care in hemodialysis 2", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2013, Isfahan, IRAN.
- 5. Workshop "Content analysis with MAXQDA", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2015, Isfahan, IRAN.
- 6. Workshop "SPSS software training", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2014, Isfahan, IRAN.
- 7. Workshop "Nursing Management", Medical Training Scientific Association, 2013, Isfahan, IRAN.
- 8. Workshop "Nursing care in acute coronary syndrome based on synergy model", Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2011, Isfahan, IRAN.
- Workshop "PubMed search ", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2015, Isfahan, IRAN.

- Workshop "Ovid search ", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2015, Isfahan, IRAN.
- 11. Workshop "Design electronic questionnaire, validity and reliability", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2015, Isfahan, IRAN.
- 12. Workshop "Ulcer Management", Medical Training Scientific Association, 2015, Isfahan, IRAN.
- 13. Workshop "Critical appraisal", Alzahra research center, 2016, Isfahan, IRAN.
- 14. 1th International Nursing& Midwifery Conference on Health and Wellbeing, Isfahan, Iran, NMRC2014.
- 15. Workshop "open heart ICU", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 16. Workshop "open heart ICU", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 17. Workshop "General ICU", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 18. Workshop "General ICU", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 19. Workshop Preliminary research methodology (methodology and research management of level 1), "Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 20. Workshop "PowerPoint", Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 21. Endnote Workshop (Scientific Information and Electronic Resources Management Level 1), "Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 22. Workshop "Advanced Search", Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 23. Workshop (Emotional Intelligent), "Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 24. Workshop (Effective Relationship), "Nursing & Midwifery Faculty, Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.

- 25. Workshop "Reflexology", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 26. Workshop "Sexual Health", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2016, Isfahan, IRAN.
- 27. Workshop "Management CVA (724 Code) ", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 28. Workshop "Management Kidney Disease", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 29. Workshop "Management VAP in ICU", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 30. Workshop "Management Urology Emergency", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 31. Workshop "Self-Care in Neurologic Disease", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2017, Isfahan, IRAN.
- 32. Workshop "Effective Relationship", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2018, Isfahan, IRAN.
- 33. Workshop "Principle of Adult Learning", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2018, Isfahan, IRAN.
- 34. Workshop "Patient Education", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2018, Isfahan, IRAN.
- 35. Workshop "Self-Care in COPD", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2018, Isfahan, IRAN.
- 36. Workshop "Electronic Search Skills", Education and Development Centre (EDC), Isfahan University of Medical Sciences, 2018, Isfahan, IRAN.