

# CV (Curriculum Vitae)


**Name: Mahdi**

**Family: Nabi Foodani**

**Date of birth: 29/12/1996**

**Title:Dr**

**Appointment:**

**Institute: Isfahan university of medical sciences**

**School: Nursing and midwifery**

**Department: Medical surgical nursing**

**Research Center: Nursing and midwifery research center**

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| **Education**<br><br>(Most recent Date ,Degree/ Course, Department / University, Dissertation title) | **PhD, 2025, medical surgical nursing, Tehran university of medical sciences**<br><br>**Design and Evaluation of a Care Plan Based on the Experiences of Wound-Care Nurse Specialists for Patients with Chronic Cardiovascular Diseases: A Mixed-Methods Study** |
| **Relevant Work Experience**<br><br>(Date, Title, University / Organization, Description) | **Fellowship in emergency nursing, Almeria university, Spain, 2025** |
| **Professional Memberships & Qualification**<br><br>(Date, Title, association) | **Iranian red crescent (2018-present)**<br><br>**Iranian nursing organization (2018-present)** |

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| **Extra Curricular Activities/ Interest**<br>(personal url) | • Participation in academic and scientific activities related to nursing research and healthcare.<br>• Interest in interdisciplinary research integrating nursing, artificial intelligence, and machine learning.<br>• Scientific writing, peer review, and academic publication.<br>• Participation in national and international scientific conferences and webinars.<br>• Professional development in research methodology, evidence-based practice, and clinical education.<br><br>ORCID ID: 0000-0002-5359-3589<br>Scopus ID: Nabi Foodani, Mahdi<br>Google scholar ID: Mahdi Nabi Foodani<br>Web of Science ID: https://www.webofscience.com/wos/author/record/ISS-6303-2023 |
| **Research**<br><br>Experience (Date, Title, University / Organization, Description) | • Conducting doctoral research focused on developing a patient-centered care program for patients with chronic heart failure based on the experiences and perspectives of wounded healer nurses.<br>• Applying qualitative research methodologies to explore patients' care needs and experiences.<br>• Designing evidence-based nursing interventions to improve patient outcomes and quality of care.<br>• Contributing to the development of innovative nursing care strategies and clinical research protocols.<br><br>• Conducted qualitative research on the care needs of patients with chronic cardiovascular diseases.<br>• Investigated patient-directed care, holistic care, empowerment, supportive systems, and technology-based care.<br>• Participated in scientific manuscript preparation, data analysis, and interpretation of research findings.<br><br>• Conducted systematic review and meta-analysis research on the prevalence of communicable diseases during the Arbaeen pilgrimage.<br>• Investigated the epidemiological characteristics of infectious diseases in mass gatherings.<br>• Contributed to evidence synthesis and the development of public health recommendations for mass-gathering health management. |

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| **Grants & Awards**<br><br>(Date, Name, Significant info, Amount) | Research grants: Code 92490 (2025), PI: 515,000,000 IRR; Code 75032 (2024), collaborator: 655,000,000 IRR; both funded by Tehran University of Medical Sciences. |
| **Research Interests**<br><br>(Research area) | • Cardiovascular Nursing and Chronic Disease Management<br>• Heart Failure Care and Patient-Centered Nursing Interventions<br>• Wounded Healer Nurses and the Integration of Lived Experience into Nursing Practice<br>• Nursing Concept Analysis and Theory Development<br>• Qualitative Research and Mixed-Methods Research<br>• Evidence-Based Nursing and Clinical Trials<br>• Artificial Intelligence and Machine Learning in Nursing<br>• Digital Health, Telehealth, and Technology-Enabled Care<br>• Public Health and Infectious Disease Epidemiology in Mass Gatherings<br>• Healthcare Systems, Nursing Workforce, and Emergency Care |
| **Presentations & Poster Sessions**<br>(Bibliographic format) | **International / Joint**<br><br>• Triage in prehospital emergency. Joint scientific conference between Iran University of Medical Sciences and University of Almería, Spain. Oral, 2025.<br><br>**National**<br><br>• Barriers to delivering care in prehospital emergency during burn incidents. 1st Congress of Skin Nursing. Poster, 2021.<br>• Decision-making power of prehospital emergency personnel. 23rd Student Congress of Medical Sciences. Oral, 2022.<br>• Household preparedness for incidents and disasters. Scientific webinar. Oral, 2022.<br>• The role of reproductive health in reducing gender-based violence after disasters. 2nd International Congress on Ethics in Midwifery and Reproductive Health. Poster, 2023.<br>• Challenges of preserving the human dignity of pregnant women during emergency childbirth in prehospital settings. 2nd International Congress on Ethics in Midwifery and Reproductive Health. Poster, 2023.<br>• Living with heart failure. 7th Heart Failure Congress. Oral, 2023.<br>• Rational drug prescribing. Scientific Conference on Rational Prescribing. Oral, 2023.<br>• Triage. Scientific Conference on Emergency Nursing. Oral, 2023. |

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| | • Documentation based on the nursing process. Scientific Conference on the Nursing Process. Oral, 2023.<br>• The impact of heart failure on different aspects of patients' lives. 7th International Heart Failure Congress. Oral, 2023.<br>• Application of mobile apps in heart failure management. 8th International Heart Failure Congress. Oral, 2024.<br>• Artificial intelligence in nursing and midwifery. Conference on AI in Nursing, Midwifery and Infertility Care. Oral, 2024.<br>• Factors affecting the implementation of cardiac rehabilitation in ischemic heart disease. 9th National Congress of Cardiac Nursing Care. Oral, 2025.<br>• The role of intensive care nurses in preventing catheter-associated urinary tract infection. 10th Critical Care Congress. Oral, 2025.<br>• Migration as a harmful phenomenon to family life after disasters. 10th National Congress of Family Pathology. Poster, 2025.<br>• The effect of a care program based on wounded-healer nurse experiences on self-care, post-traumatic growth, and satisfaction with nursing services in heart failure patients. 26th National Student Congress of Medical Sciences. Poster, 2025.<br>• Challenges and solutions of the Iranian health system in preventing acute respiratory diseases at the Arbaeen mass gathering. 5th International Congress on Health in Arbaeen. Oral, 2025.<br>• Population-level education in heart failure self-management. 9th International Heart Failure Congress. Oral, 2025. |
| **Patents** (Date, Item, Number) | - |
| **Teaching Experience** | • Teaching nursing-related courses to undergraduate and/or postgraduate students.<br>• Supporting students in clinical practice, research methodology, and evidence-based nursing.<br>• Participating in academic activities related to nursing education and professional development.<br><br>• Providing clinical education and supervision to nursing students.<br>• Facilitating the application of theoretical knowledge to clinical practice. |

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| | • Promoting critical thinking, clinical reasoning, and patient-centered care. |

**Teaching Interests:**

- Medical-Surgical Nursing
- Cardiovascular Nursing
- Nursing Research and Research Methodology
- Evidence-Based Nursing Practice
- Qualitative Research Methods
- Nursing Theory and Concept Analysis
- Clinical Decision-Making and Critical Thinking
- Healthcare Technology and Artificial Intelligence in Nursing
- Public Health Nursing and Mass-Gathering Health Management

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